

CENTRAL BULLETIN

UNSELFISHNESS • PURITY • LOVE
A.A.

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15

TEN CENTS PER COPY

VARIETIES OF SUCCESS

There are many varieties of success in this world and, we suppose, an equivalent array of failures.

Most admired in the popular mind is material success. The pattern is almost standard! A man makes a lot of money, becomes a leader in the community, contributes to charitable causes, moves into a fine house, travels in the "best" circles and is admired. Perhaps it would be made accurate to say he is envied. Everyone, not yet up to his material level, hopes to imitate him.

There are smaller areas of success, personal areas. Among these are business promotions and wage increases, the sense of a job well done, a profitable deal closed. These are great ego builders and there is nothing wrong in building ego the right way.

Over such achievements, big or small, we rub our hands mentally in glee and think we are pretty shrewd fellows. We may be. Little Jack Horner said, "What a great guy am I," when he pulled out the plum from the pie.

But if we have enough detachment left to pause and take a long look at such rewards we will realize that they are not solely of our own doing. Where did we acquire the shrewdness? From whence came the so-called "good luck," or the helping hand of a friend? We must have had an innate ability to make friends in the first place. What is its source? All of these qualities and abilities are endowments from a Higher Power.

Seldom, however, in the flush of success, does the recipient stop to ponder this fact, much less give credit in humble gratitude where it belongs.

But there is one type of success where the presence of the Higher Power can not for a moment be doubted. From the beginning of its functioning we are conscious of the very small part we play in it. And instead of gloating over such success we become more humble.

We refer to the success achieved when we bring another alcoholic to sobriety. What happens?

The alcoholic needs or wants sobriety. We tell him the story. It is simple, comprehensible. But, even so, not all alcoholics can grasp it at first. Some even resist. Yet, immediately into the relationship comes a quality that can be described only as bordering on the miraculous.

We keep tab on the man while he is in the hospital. We select fellow members who will appeal to him to visit him. We stay with him on his release, take him to meetings, introduce him around. He catches on. He makes new friends. He glimpses the light over the horizon of a new life and it attracts him. He follows it.

Did we do this? Yes and no. We were an instrument. It was the same Higher Power which led us to a new life which enabled us to open it to others.

We are happy and humbled. About such a success we pause and think. We realize that this cannot be compared with any sort of material success. What is a life against a Cadillac? What is a man or woman saved from an ignominious life of degradation and possible death but-

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I'M SORRY!

How many times we all have mouthed those two words - "I'm sorry!" The thought struck us most forcibly as we sat through a "drunk's court" session last week and were witnesses to a parade of people appearing before the judge while waiting for the case in which we were interested to come up.

We watched the expressions on their faces as they were herded in groups of ten to face the judge. Particularly did we watch the countenances of those who were awaiting their turn while a case was being heard.

Practically everyone listened attentively to the charge, the plea, the recitation of the defendant's "track record," the alibi, the excuse and finally the judgment and the sentence.

We saw the crafty look in almost every eye, when the judge seemed convinced of the prisoner's sincerity and was released without a fine and only a simple warning.

Eight of the nine that followed him, used exactly the same line as they faced the judge. Each promised to behave himself if given another chance. Each said he was sorry.

Unfortunately for five of them, this approach was the wrong one. These five had records of many previous appearances and leniency.

Of course they were sorry. They were sorry that they were caught! Each in his alcoholic befogged mind thought by simulating sincerity and humility, he could impress the judge and gain freedom.

As we sat there, we drew back the veil of years and saw ourselves in their shoes-shaky, fearful, resentful, full of brilliantly conceived logic,

as only an alcoholic can conjure when he is faced with punishment and durance vile.

We remembered how glibly we said we were sorry when we were caught in breaking promises, breaking faith and abusing our liberties. We remembered the resentments that would spring up in our minds when we saw the looks of doubt on the countenances of people we had offended or hurt.

What more could they expect? We SAID we were sorry! And we were, too-for the moment! We sensitive souls were allergic to tears and impatient with reminders of our breach of faith.

How have we progressed with our sincerity? Are we sorry enough to truly make amends with deeds as well as words?

Making amends is an absolute MUST in the AA program. Have we truly made amends to the many people we had harmed? Or have we just said we were sorry and let it go at that?

Just saying we are sorry is only the beginning of making amends. We've got to prove it with deeds . . . with a contrite heart . . . with an humble spirit.

Until we change this defect in our character, we'll not find peace. Let that ever-nagging, newly awakened conscience be stilled by making a resolution . . . and keeping it. . . that today, we will make another list and prove that we are sincere by making those long-deferred amends.

Maybe then we'll discover the secret of happiness.

VARIETIES OF SUCCESS

(Continued from page one)

anced against a house and lot? There is no gauge of comparison.

Here too, there are failures. These are not always our fault. The percentage of them can be cut down, however, if we use faithfully the power which has been placed in our hands. In gratitude we should work more assiduously in an area where the rewards are greater than in any other—the saving of a life.

EXPERIENCE

Today the average American business district has a department store, a drug store? a restaurant, and usually a bar. In fact, each main section of any city, town, village or township, contains one or more of the "faces on the bar-room floor." In short, our culture includes the neighborhood bar, the town saloon, the lights that shine during the early hours, and the site where members of our family, friends and relatives can locate us.

Before our days, and after our last hours, the struggle for power, importance and "greenbacks" will be creating a disturbance. Man against man, family against family, group against group, nation against nation. Closely associated with these many problems of life is that bar, that drink, that craving for the "bright spot" beyond our grasp.

Alcoholism is a chronic condition. As such it can be controlled only as the person lives and deals with it every day, working out satisfactions, understandings and desires which make it possible to stay sober. The well-known English writer, Oscar Wilde once said; "Experience is the name every one gives to his mistakes. A venture! a vow, a significant undertaking of some sort fails miserably, and the person remarks: 'What an experience.'"

The alcoholic knows that he must not make the mistake of taking that first drink because experience has taught him that one drink is likely to lead to another, another, and still another. In spite of this he drinks anyway, feeling that perhaps this time the mistake will not lead to any serious experience.

When the environment in which the person lives is a changeable and complex one, survival depends upon the ability of the person to modify his reaction through experience, or . . . to learn.

In spite of this "one more drink," the founders of A.A. formulated a plan of experience from each member to help each learn. When the first AA group began to form a foundation, some sacrifices had to be forthcoming. Those first few, through trials and tribulations, discovered that each member had to make willing sacrifices for the group itself—sacrifices for the common welfare. The group, wise, found that it had to give up many of its own privileges for the protection of each person affiliated. These common denominators were experiences rather than imaginary reflections.

Those that may be considered the strict followers of the A. A. philosophy have denied themselves personal government, professionalism, and the right to say who is permitted to affiliate. They have cast off "do-goodism" and quietly reclaimed. They co-operate with everyone, but desire anonymity. Their purpose is of prime importance—carry the A. A. message to the alcoholic who wants it.

Yes, they follow these attitudes not because of a desire for greatness, for purity or for wisdom; they do these things because vital experience has told them that they must in order to survive.

The handwriting is on the wall. Some of us are able to observe the things to come; others I hope soon will. The past is gone, but experience can promote our well-being TODAY, the 'guide for tomorrow.

S. M. Patterson, AA Advisor, Ohio Pen Eye Opener.

The policeman asked the dazed man sitting at the wheel of a wrecked automobile. How'd this happen?

The man sat stunned for a few minutes, then pointing toward the back seat, answered: My wife fell asleep.

ONCE

Once, time had no meaning—for it was measured only by meal time and bed time.

Once, it was time for school and play, and good dreams from the sandman.

Once, it was time for work, to make friends, and to take a place in the world with a happy, trouble-free mind, as a man.

Once, it was time to be married; to become a husband and a father and to be welcomed into society as a respected citizen, to be held in esteem by the very dearest of loved ones.

Once, came a bottle . . . twice . . . then many times. Then more often, bigger, longer-lasting and more deadly than death; but with a lure as strong as the love of a mother for her baby. For this is a baby—innocent in the beginning but fast growing strong and uncontrollable, soon to be bigger than anything else and raging out of hand to devour the one whose desire gave it birth.

Now, time again has no meaning—it is measured only from one drink to the next!

Now, there is no time for play or dreams. Only time to be consumed by terrible nightmares, chills, sweats and the counting of the ticks of the clock until the whiskey store is open, counting in mind the coins needed to buy a drink or a bottle, will it be whiskey or wine?

Now there is no loving father, husband or respected citizen—only a walking derelict, a sick—a very sick human—the esteem once known is gone. In its place is a BOTTLE. There is no wife. In her place is a bartender ready to take the coins. There is no child. Its place has been taken by alcohol. Now the family is more compact; bartender, whiskey and the 'alcoholic!

Now there is no need to see a doctor, he has no sure cure short of execution. There is no need to call on friends—for there are none left. There is no need to beg for mercy—the judge has heard this too many times. There is no need to curse God for not answering the weak, selfish, so-called prayers offered in a last-ditch effort, expecting them to be answered in all haste, and cursing when they are not.

Now there is nothing; no will to live, no hope, very little life, only a raging thirst for alcohol and oblivion.

THEN, comes the time when A. A. is suggested. A dim ray of hope glimmers. A. A. is explored. Hope brightens. Through regular and repeated exposure to A. A., new vistas are opened, but progress is slow—24 hours at a time—24 hours at a time!

Perseverance brings progress gradually, meaning slowly and easily. And the long range program of sobriety is within the reach of all—sans alcohol for only 24 hours at a time!

Once again—time comes to have meaning—living life to the fullest, one day at a time.—Jim L., The Gateway.

QUESTIONS QUESTIONS ! QUESTIONS !

In the past few months, more questions are being asked by individual members about AA than ever before. That's a healthy sign. It indicates a desire to learn more about the so-called mysteries of the AA program. Typical are these:

What are these three legacies of AA?

Where did they come from? Who devised them?

Are they something newly added to the AA program?

I want my program to be simple. I don't need anything except the Twelve Steps, so why should I bother about anything else?

What is the General Service Conference? What and who is a Representative? Is my group entitled to one. If we have one, who is he, and how was he elected—or selected? If we haven't one, why don't we?

We would suggest a visit to the Cleveland District AA Office, 205 Frederick Building, 2063 E. 4th St., or a card or phone call for answers. The office phone number is CH. 1-7387.

Why should we send our good money to New York?

What possible good can they do for our group?

These questions have been asked so many times by people from many sections of our area that we are almost persuaded that some groups are at dead center.

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TO LUSH FROM DIPSO

We are indebted to Good News, published by the Northern California Council of AA for the following article which we found intriguing..

The article written by Spencer I., the regular writer of this column, will appear in the March issue.

A letter was brought to our attention recently. We cannot divulge how it came into our possession, but because of its unusual nature, we feel it should be shared with our readers.

In order to understand this letter, you will have to use reverse English as you read. It was written by a person named **Dipso** to an underling named **Lush**, both members of an organization called **Death or Insanity, Unlimited**. **Dipso** is a leader and **Lush** is a fellow-staggerer. The purpose of **Death or Insanity, Unlimited** is to counter-attack, using whatever means possible, the work of another organization called **Alcoholics Anonymous**. As these two groups serve directly opposite purposes, there is a constant tug-of-war going on between them for every subject involved. This directive, then, from a leader to his subordinated, was written in an attempt to inspire and solidify the efforts of **Death or Insanity** against the strength of **Alcoholics Anonymous**. Here, then, is the letter.

Dear Lush:

I have just received word from our leader, **100-Proof**, that we have been losing ground in your area. This came as a shock to us, as your particular territory is known throughout the nation as our stronghold. New **A.A.** Groups are forming and growing and we are losing our people to the enemy. I must ask you to intensify your efforts along every line. Our methods of attack are cunning, baffling and powerful, and you are to use them all in a concentrated effort to win back, if possible, every single alcoholic who has been captured by the enemy.

As you well know, the members of the enemy organization call their leader a **Power Greater than Themselves**, and they believe that this power can restore them to sanity. Here is our real enemy, and to destroy this belief or to prevent it from taking hold in the minds and hearts of our subjects is our main objective, because once it becomes firmly entrenched, our work is extremely difficult if not impossible.

Let's talk about the new member of **A.A.** first. Because he has been so recently one of ours, our line of attack need not be as subtle as the one used for older members. When the subject first reads the **Twelve Steps** of the **A.A.** program, suggest one of two things: First, that this program is too complicated, too complex, and anyway, he just couldn't go along with this God stuff; or, that these **Twelve Steps** are too simple, that any 12-year-old child could grasp their meaning at one reading and that one who possesses a superior intellect such as the beginner in question, can readily see that his unique case must necessarily warrant a much more complicated but non-existent treatment. Either one of these attitudes will guarantee the return of the beginner to our fold. Don't forget, however, that the time to strike

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GROUP PRACTICE

"It's so hard to keep from criticizing," remarked one of our recent visitors, a good solid, forward looking member of one of our westside groups, "but it looks to me as though we're becoming slipshod in maintaining our standards."

"At each of the last five meetings I've attended," he continued, "I've smelled liquor on the breath of some of our regular members. Some of them tried to cover the odor with candy lozenges, but my nose knows!"

"I wasn't the only one who noticed it either. None of us felt it our duty to challenge the right of these offenders to attend. However, I did speak to one secretary about it, but he pointed out that the very fact that the guys were there indicated that they were seeking **AA**."

"But," I countered, "these guys have been coming every week. They contribute nothing in comment, show impatience when the meeting is prolonged, talk to no one, ignore the kitty, then duck out as soon as the meeting is closed."

"What I'm griping about," he continued, "is the lack of counsel or group discipline in handling these offenders. But particularly am I concerned with the welfare of two of my 'babies' whom I sponsored, who also noticed the odor and questioned whether this was common practice."

So he came to us for advice! We too had noticed an alarming amount of toleration in some groups we visited, but since we have learned to accept the autonomy of every group in its right to establish rules, we practiced a long established lesson which we learned painfully by having our ears pinned back when we pointed out errors in group practice

which differed from the way **OUR** group practiced.

In our group, we have a steering committee which interprets the group conscience. It decided long ago not to permit any member or visitor to sit in a meeting if there was evidence of liquor on his breath. Quickly and unobtrusively the offender was drawn aside by several members of the committee and withdrawn either outside or into another room where the group's rules were explained.

This was never done with force or loud denunciation, but in a kindly, counselling manner. The offender was invited to come to the next meeting as well as being invited to a special training meeting where four or five members would explain the program.

Usually this quiet, dignified treatment brought remorse and agreement. Naturally there have been times when sterner treatment had to be employed. Our committee is composed of well-built men. That might account for our having little trouble from that source.

Alcoholics by nature hate discipline. They resent rules and regulations. Instinctively they feel they deserve special consideration when they decide to honor the group with their membership.

But, in our opinion, unless a group adopts stricter discipline it may lose its chance to survive by losing members of sterner devotion to furthering the cause of **AA**.

If a man wants **AA** badly enough, he'll obey.

TO LUSH FROM DIPS0

(Continued from page one)

is at the very beginning, because once the newcomer to A.A. has attended just a few **group** meetings, it will be too late to implant these par&&r **suggestions**.

Keep uppermost in the thinking of this shaky neophyte the idea that one drink never did anybody any harm and force him to forget the inevitable consequences and the **proven** fact that he hasn't **stopped** at one drink for a long, long time. Keep him **thinking** that if he does take the drink, this time it will be different. Make him concentrate on what a mean injustice it is that he can't drink like so-called normal people. Make him feel sorry for himself and set apart from other people. Don't let him remember how far, far apart his drinking behavior put him from everything he once held dear, and remind him of the soothing glow and warmth a drink or two gave him in the long, long ago. Help him to forget completely his recent suffering and despair and get him thinking how much fun he thought he had. When he's low, tell him a drink will pick him up. When he's nervous, tell him a drink will calm him down, and don't let him ask himself how one drug can work both ways.

Another gimmick which is amazingly successful is the "what's the use" state of mind. Ask him where all the praise and handclapping are. After all, he's been sober for two whole weeks, where are all the bouquets? Why don't his spouse jump for joy when he says he is going to an A.A. meeting for the fifth consecutive **night**? Why do his former **friends** look at him as if they expected him to be drunk and really don't believe that he's sober?

Why hasn't he received immediate and fabulous material gains after all his efforts? A few suggestions such as these and we can effectively lock the enemies' "take it easy" propaganda.

Work hard on his anger. **Every** egocentric personality has a low boiling point. Any situation, **from** the ridiculous to the sublime, can be utilized for our purpose. Start him off, let's say, with a flat tire, when he leaves for work. Add a traffic bottleneck and a snaffled situation at work. Be sure he's **blamed** for **everything** that goes wrong and when he gets home, be sure the domestic scene is one of turmoil and confusion. Have the little lady take a chance on his sobriety and have her ask him to **share** some of her burdens. That'll do it. Lush, that'll do it. He'll be made, clean through. That's the time to interject one of our pet slogans, "I'll show them." Here again, make him forget the help that is waiting for him at the other end of a phone call. **Self-pity**, anger, and resentment. These are our **weapons** and they never fail us.

Don't let the newcomer to A.A. accept the fact that he is an alcoholic. Get him thinking that his drinking was caused by his problems, his environment, his employment, other people, or some obscure physical reason **why**. The mysterious disappear, soon. If he drank **bourbon**, tell him to try beer. If he drank wine, switch him to vodka. The idea is that the change which will solve the drinking problem must be external. Perish the thought that it must come from within, because then he will have learned a measure of humility, and we find this attitude an extremely difficult one to break down.

Draw a mental picture of the long, barren, dry years ahead. Don't let him limit his efforts as the enemy will suggest, to a mere 24-hours, because then he will realize that he has a possible goal, and the end of each sober day will give him a sense of accomplishment, which is very, very bad.

Never let him be grateful, never let him realize that his choice is between unhappy drunken drinking and doing without one drink. Keep him from enjoying all the little **things** which a sober day offers for the sheer pleasure of **living**. Shut his mind to beauty and love, to kindness and laughter. After all, he's done without them for a long, long time.

Keep the chin on his shoulder, the reservation in his thinking, his mind closed. Make him quick to take offense, to criticize, to envy. Make him impatient with others, but cause him to procrastinate when he should move quickly. Set him up for the familiar struggle to

change things which are unalterable. Keep him away from meetings apart from the help and friendship of A.A. Don't forget, either, that the more one of our subjects learns of the true nature of his disease, the harder it is to convince him that our falsehoods and misconceptions are true.

Now for the older member. Here our work is a little more difficult, but far from impossible. These **subjects** have learned a lot, and experienced more sobriety, but for that very reason, sometimes, we can move in. We must see to it that the older member becomes cocky, over-confident, and **complacent**. We must be sure that he loses contact with his God. Help him to forget that his Greater Power is an ever-present, never-failing source of strength, only a thought away. Get him **all** tangled up in petty affairs so that he **neglects** his Twelfth-Step work and forgets that he can't keep what he has unless he gives it away. Work on that **complacency** so that he feels a continued personal inventory is unnecessary. The older member is just as vulnerable to resentments as a beginner, and any twenty-four hour period is full of opportunities to **nurse** grudges and hurt feelings. Tell him he's heard **everything** **everybody** has to **offer** at his **group** and that he is such a **solid citizen** it just isn't **necessary** to attend regularly. When he does **attend**, convince him that he is bored. Get him to concentrate on the fact that the guy who is speaking needs a shave, or the gal next to him is fidgeting, or the room is stuffy or why doesn't somebody else make the coffee for a change. Make him feel that his new way of life has come about solely through his own **efforts**—after all, he's the one who has said "no" to a drink or the thought of a drink more times than he can count. Nobody else did it for him. Work on his self-pity—see to it that he is pestered with annoyances and disappointments. These are the **attitudes** which make the next step easy—he'll decide **he** can be a social drinker and he'll be a dues-paying member of Death or Insanity once again.

And now I must discuss a most unpleasant subject. It has been reported that your territory has planned and successfully executed such things as large social gatherings and, most dangerous of all, huge meetings known as conferences. Anything of **this** size and scope strikes a horrible blow to our cause. What have you been doing? Have you sown dissension and discord among the planning committees so that no one can agree? Have you **ulanted** apathy and indifference **among** the members? Have you **caused** the notables and **speakers** to refuse their help because of too-busy schedules? Not according to our records, you haven't. I cannot stress too much the adverse effect of such spectacles. What will society think if these back-sliders from our ignoble organization continue to **prove** that it is possible to have a wonderful time without a drink? We simply can't afford to have such a precedent flaunted publicly. We have spent centuries building a strong public relations department. We have created in the minds of the public a false and colorful picture of an alcoholic. He is a shambling, sodden, degraded bum, even as you and I, who **choose** to be what he is. We can't have centuries of effort **wasted** by the sight of throngs of well-dressed, respectable and respected subjects actually having a good time. Such a show of strength by the enemy membership is absolutely inexcusable. The enthusiasm of those who attend is proving contagious and these gatherings, these meetings, these conferences, these ridiculous good times must be **stopped**. I don't have to tell you that if ever our **membership** as a whole should grasp the fact that it is possible to lead a normal and satisfactory life without alcohol our organization would be **doomed**. As it is, while we are gaining more and more subjects, so does the enemy continue to free them, and while we outnumber them today, we must be **ever alert** that the truth they represent is refuted and the strength which they possess is undermined.

Take from these **ex-drunks** the desire to stop drinking and to help each other **achieve** sobriety, and A.A. will disappear from the face of the earth and Death or Insanity, Unlimited, will reign in darkness and desolation.

Yours in hades, DIPS0.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

All-American Sportsmen—This group of sports-minded members of AA (hunting, fishing, etc.) elected Laurie O'C., president; Joe A., vice pres.; Henry (Scottie) C., sec'y.; Ed G., treasurer.

Brooklyn-Speakers for March are: 5—Joe K., Brooklyn (his fifth anniversary); 12—Franklyn S., Doan Men; 19—Charlie S., Brooklyn (his sixth anniversary); 26—Eddie K., Brooklyn (his 17th anniversary).

Buhrer—Speakers for March are: 6—Panel of four discussing the Ninth Step and Ninth Tradition with Laurie O'C., Floyd K., Bill B., Ed G., and Julius S. as interpreters; 13—Bill J., Parma; 20—Marie S., Early-Early; 27—Bob R., Ramona.

Collinwood — Observes its seventeenth anniversary on Sunday, March 16, with one of AA's very prominent Irishmen, Jim B. again as its speaker. Jim has spoken at every one of the group's St. Patrick's Day anniversary meetings. Other speakers for March are: 2—Vince E., South East; 9—Howard B., Independence; 23—Herman B., Lee Monday; 30—Bill O'R., Lorain Ave. Monday.

Eastside Morning-Speakers for March are: 5-Ray C., Broadway-Harvard; 12—Vernon D., Bedford; 19—Herman B., Lee Monday; 26—Julius B., Outhwaite.

Fairview-Speakers for March are: 4—Barney C., Angle; 11—Paul L., Berea Thursday; 18—Chuck DeV., Berea Thursday; 25—Rex B., Trinity.

Gordon Square-Speakers for March are: 7—Jack K., Matt Talbot; 14—Ruth V., Westside Women (her third anniversary); 21—Ted R., Valley View; 28—John C., Allendale.

Lee Road Wednesday-Speakers for March are: 5—John Y., Willoughby; 12—Keith W., League Park; 19—Kent P., Borton; 26—John W., Collinwood.

Liberty-Speakers for March are: 1—John D., Hilltop; 8—Mike M., Your; 15—Tommy C., W. 25th; 22—Tony M., Hilltop; 29—Al McG., Redwood.

Matt Talbot-Speakers for March are: 1—Rex C., Matt Talbot; & Bobbie M., Addison; 15—Jim B., official St. Patrick's Day speaker; 22—"Big Jo" O., Collinwood; 29—Chuck and Lu S., St. Clair Thursday.

Orchard Grove — Speakers for March are: 3 — Kelly (Crutchy) E., Crossroads; 10—Jack K., Orchard Grove; 17—Lee M., Brookside; 24—Molly H., Clark; 31—John D., Brookside.

St. Clair Thursday-Speakers for March are: 6—Bob L., Willoughby; 13—Bill H., Monday Lee; 20—Herman B., Monday Lee; 27—Mary H., Coventry.

Solidarity—Changed its meeting place to Memorial Hall, E. 84th and Cedar, meeting on Friday nights at 8:45. Their speakers for March are: 7—Jim S., W. 25th St.; 14—Cliff D., Redwood; 21—Mrs. Josephine P., Solon; 28—A.R.M., Eastside Morning.

Stella Maris-Speakers for March are: 7—Doc C. C. H., Berea Friday; 14—Tom T., Lorain Thursday; 21—Ed T., Lorain Monday; 28—Bill O'R., Lorain Monday.

Trinity-Speakers for March are: 1—Larry R., Lorain Monday; S-Margie K., Eastside Women; 15—A group of members in the legal profession, Judge Jim C., Herschell H., Henry W., Bart McL., Ted S., Jack N. comprise a panel. Proceeds will be donated to Cleveland AA District Office; 22—Vincent S., St. Clair Thursday; 29—Larry M., Lee-Wednesday.

West Park-Speakers for March are: 4—Betsy L., Brookside; 11—Bill R., Parma Heights; 18—Larry R., Lorain Monday; 25—Tom R., League Park.

West 25th-Speakers for March are: 3—John Y., Willoughby; 10—Leo M., Euclid; 17—Tony B., Hilltop (his second anniversary); 24—Oscar B., Hilltop (his second anniversary); 31—Joe K., Smith Wilson.

Women's House of Correction-Speakers for March are: 5—Lorraine R.; 12—Thelma B.; 19—Roxie B.; 26—

Elizabeth T. All speakers are members of the Clover Women's groups. Incidentally, women's wearing apparel is desperately needed to enable the women to make a decent appearance when released. Many of them have nothing. Contact Hilda H., SHadyside 9-0369 for further information.

Refresher Meetings—Open to all members who seek further information on the AA program. The schedule for March is: 6—Buhrer, Step and Tradition IX; 14—Ansel Road, Step and Tradition X; 17—Edgelake, Step and Tradition XI; 25—Smith Wilson, Step and Tradition XII.

CONSOLIDATED MEETING — APRIL 20

Chairman Chuck S. advises us that Walter O'K., the top flight radio personality will be our speaker at the Spring Consolidated Meeting in the Nurses Auditorium of Charity Hospital on Sunday afternoon, April 20 at 4 p. m. According to Chuck, Walter makes a terrific impact on the audience with his humility and interpretation of the program.

We quote from his letter of acceptance, "May I quickly accept, before you change your mind. This is a delightful prospect as it makes up part of the cornucopia of grace with which God fills my day."

AA DISTRICT OFFICE

The \$16,500 fiscal budget of the Cleveland AA District Office can only be reached if every member of the Greater Cleveland area will become aware of the part it plays in giving service in our behalf in the community.

The many that have come into AA through contact with the Office and the many who have sought information are certainly aware of the indispensability of the Office, and have shown their appreciation by contributing their share every year. But there are many who are not aware of what chaos would develop if the Office would close or, because of lack of money, its services be curtailed.

Following is a letter received by Don W., campaign chairman: "Being a man of my word (sometimes) here is a check for the District Office. Since there are said to be 10,000 AA members, each should pay \$1.65 to make the goal of \$16,500. Here is my share, plus enough to pay shares of 14 others who are less fortunate than I. The Berea-Thursday group, not I, should be credited with this contribution."

A former Cleveland, Mary D., now a resident of Galva, Iowa, returned for a visit with her newly acquired husband to observe her tenth anniversary of absolute sobriety in her "old home town." She showed her appreciation with a \$20 gift to the AA Office.

The Office is YOUR Office. It needs your support!

I've had a lot of trouble getting this program. But I am about average, I guess, I've got lots of company.

What are you aiming at? When you are average you are as close to the bottom as you are to the top. Aim higher, if you want peace of mind.



BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON—Westminster Church, Cor. Addison and Wade Park 8:30
BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BRECKSVILLE VETERANS HOSPITAL, Broadview and Oakes 7:30
EARLY-EARLY-Plasterers Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE—Rocky River Community Cen., Wagar & Hilliard, Dinner 7: Meeting 8:30
FRIENDLY SUBURBAN—6037 Pearl-8:00
LAKEWOOD (Orchard Grove)—1417 St. Charles, nr. Detroit 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 8:30
LEE MONDAY—First Presbyter. Church, East Cleveland, Nela and Euclid 9:00
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
PEARL—Corpus Christi Basement, 4850 Pearl Road 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Unitarian Church, Shaker and Belvoir Blvd. 9:00
SOUTH EAST—7526 Broadway 8:30
UNION—East View Congregational Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.—St. Paul's Hall, 2858 W. 25th St. 9:00
WOMEN'S—Westside—West Boulevard Christian Church, Madison and W. 101 8:45
ELYRIA MEN—St. Agnes Church, Lake Road at Bath St., Elyria, O. 8:30
JEFFERSON, O.—St. Joseph's Church 8:00
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—Presbyterian Church 8:30

TUESDAY

ARCADE—Typographical Union Hall, 1559 East 17th (near Payne Ave.) 9:00
CLARK—1917 Clark Ave. 8:30
CLOVER—(Women)—E. 46th, So. of Scovill Portland-Outhwaite Center 8:30
EUCLID-WADE—Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:88
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 9:00
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:45
LAKE SHORE—Lakewood Congregational, 1376 W. Clifton, corner Detroit 8:30
MAY-LYND—Kenny King's Restaurant, May-Land Shopping Cen. Mayfield Hts. 8:30
MILES-LEE—Mt. Hope Lutheran Church, E. 164th, north of Miles Ave. 8:30
SMITH-WILSON—Nativity School, 9510 Aetna Road 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 9:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
WOMEN'S Eastside—Ch. of the Covenant, 11205 Euclid Ave. 8:00
ASHLAND, O.—First Presbyterian Church, Corner Church and Third Sts. 8:30
LAKE COUNTY—Fellowship Hall, Methodist Ch., Rt. 20, E. So. Wood, Mentor 8:30
LORAIN, O.—St. Stanislaus School, 28th and Elyria Ave. 8:30
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
MUNDANSKY, O. (Firelands)—First Presbyterian, Across from Post Office 8:30
STRONGSVILLE—Tuesday, Town Hall 9:00

WEDNESDAY

ALLAMERICAN Sportsmen, 1142 Buhner, 3rd Wednesday each month 8:30
BAXTER—8437 Broadway 8:30
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
C. E. I.—Illuminating Co., Room 355-Rear Building 8:30
COLLINWOOD-945 E. 152nd St. 8:30
DENISON MEN-7403 Denison Ave. (first Wednesday, joint meeting) 8:30
DOAN MEN'S—2028 E. 105th St., Second floor, side entrance 9:00
EAST SIDE MORNING—2028 East 105th St. 10:30 A.M.
GARFIELD HEIGHTS—Trinity Baptist, E. 94th and Garfield Blvd. 8:30
LAKEWOOD WOMEN—United Presbv. Church, 12601 Detroit Ave. 8:30
LEE ROAD—First English Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
LORAIN AVE.—S.S. Philip & James Hall, 3689 Bosworth Road 9:00
ST. JAMES—Mt. Calvary Baptist Church, E. 103rd St. and Cedar 8:15
ST. MARY—400 North S., Chardon, O. 8:30
TWENTY-FOUR HOUR—13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WOMEN'S—Lorain County-St. Vincent De Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
ASHTABULA CONSOLIDATED—Geneva, O., 1st Wed. each month, American Leg. Hall, Eagle and Park 8:00

ASHTABULA COUNTY MEN, Conneaut, O., B. of L. E. Hall, Whitney Block, Main St. 8:30
BEDFORD, O.—Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.—St. Mary's Church Basement, Middle Ave. at Fourth St. 8:30
FAIRPORT HARBOR—St. Michael's Ch., 630 Plum St., Fairport Harbor 8:00
LORAIN, O.—Methodist Ch., 6th & Reid 8:30

THURSDAY

ALAN—1820 East 79th St. 8:30
ALLENDAL—St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGLE-S+ Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th—Our Lady of Lourdes School Hall 8:30
BUHRER-1142 Buhner Ave. 9:00
CORLETT MIXED-Holy Family School, 3845 E. 131st at Chapelside 8:30
COVENTRY-Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CRILE HOSPITAL—Library 8:00
EAST SHORE WOMEN—First Baptist Ch., 1565 Chardon Rd., near Euclid 8:30
HAWTHORN DEN STATE HOSPITAL, Macedonia, O., Basement of New Employees Bldg. 8:00
LAKEWOOD—Thurnite—St. Peter's Epis., W. Clifton and Detroit Ave. 8:30
NO. OLMSTED—Saulich's Nursing Home, 27048 Lorain Road 8:30
OUTHWAITE-Woodland Center, 7100 Kinsman Ave. 8:30
PARMA HEIGHTS-6400 Pearl Road, Lux Realty Basement (rear) 8:30
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Road 9:00
ST. CLAIR-THURSDAY—Glenview Cong. Church, (side ent.) St. Clair & Eddy Rd. 9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
AMHERST—St. Peter's Ev. & Ref. Church, Church St., North Amherst. O. 9:00
BEREA-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
EAST LAKE—Bethel Lutheran Church, 32400 Vine St. 8:30
HARBOR THURSDAY—Ashtabula, O., 1463 West Fifth St. 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00

FRIDAY

ANSEL ROAD—St. Thomas Church, 9205 Superior Ave. 8:30
BROADWAY-HARVARD-4437 Broadway 9:00
CEDAR-Salvation Army 5006 Euclid 8:15
CROSSROADS—St. Paul Church, 4427 Franklin Blvd. 8:30
FRIDAY AFTERNOON WOMEN—Plymouth Church, Coventry and Drexmore, Krumbein Roan 1:00
GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St. 9:00
LEE ROAD—American Legion Hall, Post 163, 15544 Euclid Ave. 9:00
NORTH EAST—St. Agatha's Church Hall, 1269 Lakeview Rd. 8:30
ROSARY HALL—Judea Hall, Charity Nurses Auditorium 8:30
SOLIDARITY-Hubbard Memorial Center, E. 84th and Cedar 8:45
STELLA MARIS (Men), 1320 Washington Ave. 8:15
ROSARY HALL AUXILIARY, Rosary Hall, Charity Hospital 8:30

NURSING HOMES THAT TREAT ALCOHOLICS (This listing does not necessarily indicate endorsement or approval)

Alcoholics Abstinence Nursing Home (MW)
MEIrose-1-1635 8023 Detroit Ave.
Al-Ju, Inc. (MW) 28707 Euclid Ave.
Whitney 4-2244 Wickliffe. O.
Cleveland Alcoholic Clinic (MW)
EXpress 1-8998 7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M)
ATlantic 1-3353 8304 Detroit Ave.
Elmwood Sanitarium (M)
KENmore 1-2299 17322 Euclid Ave.
Euclid Rest Haven (MW) ULster 1-6296
and Mulberry 1-9584, 13240 Euclid Ave.
Farquharson's (M) Tuxedo S-1882-6037 Pearl
Serenity Hall, Bay View Hospital (W)
EDison 1-2500 23200 Lake Shore Ave.,

TAPCO-23565 Euclid Ave. 9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE—Lkwd. Cong. Ch., Detroit & W. Clifton 9:00
AVON LAKE—First Congregational Church, 32801 Electric Blvd. 8:45
BEREA—Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.—American Legion, E. orange St. 8:30
CHARDON, O.—Thrasher House, Water St., Chardon, O. 9:00
CONNEAUT, O.—B. of L. E. Hall 8:30
ELYRIA—(Mixed)—Alconon Club, 345 Broad St., Elyria, O. 8:30
EUCLID, O.—Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
WELLINGTON, O.—St. Patrick's Ch. 8:30

SATURDAY

BROADWAY-CABLE—St. John's Lutheran Church, Cable at Broadway 8:30
FORST CITY-6619 Denison Ave. 9:00
JACK & HEINTZ—17600 Broadway 8:00
LEAGUE PARK-ST. Agnes School Hall, East 79th and Euclid Ave. 9:00
LIBERTY-945 E. 152nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TA LBOT—St. Philip Neri Church, E. 82nd and St. Clair 9:00
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA—St. Charles Church, basement, Corner Ridge Rd. and St. Charles 8:45
PLAINS—Plains Methodist Church, Lake Shore Blvd. and Reynolds Rd. 8:30
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 8:30
VALLEY VIEW—Community Center, West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Park 8:30
ELYRIA SATNITE—Alconon Club, 345 Broad St., Elyria, O. 8:30
SOLON, O.—St. Rita's Church basement 9:00
WEST RICHFIELD—Consolidated Church, Route 303, just west of Route 21 8:30
WINDSOR, O.—Community Hall 9:00

SUNDAY

ALGAMERICAN Sportsmen 1142 Buhner 1st Sunday each month 4:00
BROOKSIDE-Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION—C.A.H. Clubrooms, 7809 Euclid Avenue 10:45
COLLINWOOD-945 E. 152nd St. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
DETROIT AVE. AA CLUB, 8304 Detroit Ave. 11 A.M.
LORAIN COUNTY CONSOLIDATED—First Sunday of each month, Alconon Club, 345 E. Broad St., Elyria 7:30
MISTLETOE—St. Thomas Church, 9205 Superior Ave. 7:00
NEWBURY—St. Helena's Church, Rt. 87 8:15
NEWBURGH—St. Catharine's Church, 3443 E. 93rd St. 8:30
OUTH WAITE-2903 E. 71st St., Comer Kinsman 4:30
STELLA MARIS—Sunday Training Meeting, 1320 Washington Ave. 3:00
YOUR—St. Felicitas School, Richmond Rd., just south of Euclid 7:00
WARRENSVILLE—Cooley Farms Recreation Room 10:00 A.M.
WASHINGTON PARK—E. 49 & McGregor Forestvale Presbyterian Church 8:30
CHIPPEWA LAKE—Clark Memorial Hos., Chippeawa Lake, Ohio 8:30
GENEVA, O.—Legion Hall, Park St., corner of so. Eagle 7:30

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE—Hanna Building, Room 370 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE—Hanna Building, Room 370 8:30

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CENTRAL BULLETIN

IN SELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. XVI-No. 6

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March 1958

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15

TEN CENTS PBP COPY

BEFORE A FALL@

There is an ever present danger in a human association like Alcoholics Anonymous of allowing pride to gain the upper hand. There is also a latent threat of permitting an exclusive attitude to creep in that some times borders on the intolerance which the principles of AA are supposed to guard against.

From time to time these traits break out, both in leads and in private conversations and discussions. Most of the time, to avoid an argument, members who know better will let them go unchallenged. This is dangerous because the more they come to the surface the greater the risk of contaminating our thinking.

The most common is the categorical assertion that nothing is any good as an aid to sobriety except AA. This may have been true for the individual who is speaking. But he is sober now or is supposed to be and should be tolerant of other approaches. Such a flat statement betrays ignorance, for in the last few years tremendous strides have been made by medicine, psychiatry, vocational therapy and family guidance, individually and in combinations, in bringing a sane life to those who are immune to AA.

In some measure these developments were triggered by the success of AA and in this there is ground for justifiable pride. But it must be a pride of thankfulness, not the pride which is too high an opinion of oneself and also a scorn of others.

This scornful pride can be fostered only by a complete negation of one of the most important factors in our sobriety — humility. Certainly the member who says, publicly or in his own mind, "I did it the AA way, it's the only way, and those who can't grasp it are without hope," is not humble. Even his sobriety is in jeopardy.

In this inbred view there is another grave danger. It tends to turn our society into a sect with a hard and fast dogma. This would be fatal. There is a warning in Proverbs XVI:18:

"Pride goeth before destruction, and a haughty spirit before a fall."

There are occasions-let us face it-when the member who talks in these terms attributes his recovery to some particular brand of religion as well as to the Twelve Steps.

There is nothing wrong with religion and the member is, no doubt, but voicing his personal experience, but we must keep ever in mind that AA is not religious-that is to say, not denominational! — but solely and strictly spiritual. It is well to remember that "One man's meat is another man's poison."

The only exclusiveness that can be safely permitted in AA is exclusive adherence to the Twelve Steps in all their principles and implications.

And in following the admonition of humility we might be grateful that someone else has found a sober life whether he did it on our ticket or some other. All means to sobriety should be welcomed. We are not a closed

(Continued on page two)

DAILY INSURANCE@

He came in our office a short time ago to unburden himself on the difficulty he was having in absorbing the complete AA program. He was a member of a group which carried a substantial number of old timers on its roster with from 10 to 18 years of sobriety to their credit.

He, with only seven months of continued sobriety, achieved in spite of ridicule and sarcasm directed toward him by his former still drinking companions, was beginning to feel that he was out of step in such association. He was developing an inferiority complex!

Oh, he was treated kindly enough in his adopted group by the well seasoned veterans. They were tolerant enough when he sought their advice on AA philosophy and procedure. Oftentimes, however, his feelings were hurt by being brushed off with the advice, "Don't bother yourself with why or how, just keep your eyes and ears open and your mouth shut!"

Now this young fellow has an inquisitive mind. He had read the Book several times. He devoured all AA literature available, was eager to show his gratitude for his sobriety by working with others-but seldom was he asked to go out on a call. He felt frustrated.

Would changing to another group be the solution? He would prefer to remain with his adopted group because it was located near his home. The meeting night was ideal for him too. But he felt he just didn't belong.

He assured us, when we asked him, that he hadn't taken a drink since he came out of the hospital. But he admitted, on further questioning, that the memory of the hell he'd gone through was becoming more and more dim and that it was getting harder and harder to shrug off the "razzberries" of his former drinking companions.

"What do you do," he asked suddenly, "when you find yourself, after a particularly trying day, pausing in front of one of your once favorite haunts, having a most compelling urge to chuck everything overboard and going on a binge? Others do it, I hear, and they are forgiven and taken back into the group. That's happened several times during the last month, but I didn't go in. What do you do?"

Maybe following the Daily Plan faithfully as we could during all these years has become a habit, so we had to think just what we did do. When faced with ANY temptation, we immediately offered a quick prayer. Our sponsor suggested, a long time ago, a quick, sincere, "God help me," or the Lord's prayer.

When we finally threw in the sponge and accepted the first three Steps of the program, we truly did turn our life and will over to the care of Him. Following the Daily Plan of trying each day to obey His will so we could face Him each night with a report of our success with His ever ready help.

We offered our visitor these thoughts. We thanked him for reminding us of the need to come closer to

(Continued on page two)

Coming together
is a beginning...
keeping together
is progress...
working together
is success.

DAILY INSURANCE

(Continued from page one)

the newcomers in AA. Many of us tend to forget that the tools we suggest they use for sustained sobriety need clearer directions for successful use.

The older we get in this league of ours, the greater is our responsibility in sharing what we have learned.

ARE WE BEING "ORGANIZED"?

Every once in a while we hear the remark that AA isn't like it used to be in the "old days"—that it's losing its appeal because it's being "organized."

These fears have been expressed since the General Service Conference was formed. Bill W., one of the founders, answered that charge well in his address to the 1957 General Service Conference in St. Louis. It should answer any doubts. Read it:

"The tradition of Alcoholics Anonymous in its present short form suggest that A.A. shall forever remain unorganized, that we may create special boards or committees to serve us—never governmental in character. The Second Tradition is the source of all of the authority in the group conscience, of which this Conference is the articulate voice worldwide. Those are the **basics** on which our structure of service rests, whether at the group level, the intergroup or in A.A. as a whole. What we want of the service is primarily to fill a need that can be met in no other way. The test of any service really is: "It is necessary?"

If it is really necessary, then provide it we must, or fail in our duty to A.A. and to those still to come. Experience has shown that certain necessary services are absolutely indispensable at all levels. We make this distinction: The movement itself is never organized in any governmental sense. A member is a member if he says so. He cannot be coerced. He cannot be compelled. When it comes to the matter of service, the services within themselves obviously have to be organized or they won't **work**. Therefore the service structure of Alcoholics Anonymous, and more especially of this Conference, is the blueprint in which we, as flesh and blood people, operate, relate ourselves to each other and provide these needed services. It is the evolution of this blueprint that has been my chief concern for the last dozen and a half years.

The usefulness of A.A., to us in it and more particularly to all those still to come, even the survival of A.A., really depend very much on the soundness of our basic blueprint. That is the primary thing. That is what we have come to call the structure. Very obviously the unit of authority in A.A. is the A.A. group itself. That's all the "law" there is. Everything that we have here in the **way** of authority must come from the groups. To create the voice of A.A.'s conscience as expressed in the groups, we meet in group assemblies. And then to obviate the usual political pressures, we choose Committeemen and Delegates by the novel methods of no personal nominations and use of a two-thirds vote.

In this Conference, we put all of ourselves in the same club. The Trustee? for example, **becomes** a Conference member with just one vote, and a custodial duty. A Director of a service agency **becomes** a Conference member, with a service duty. At the level of this Conference, we are all equal; we are all in the club. And the **appointees** have been set in a great **minority** to the **electees** to insure that Area Delegates will always have adequate powers of persuasion. In order to have anything functional, people have to have an authority to act. Very obviously all kinds of questions can arise where the basic problem is: "Who should act? And where should the committee or board or individual act, and when should he act?"

A Conference, a movement, can't actually run anything. A Board of Trustees really can't run anything.

We operated on that mistaken idea for a while. We have to classify the kind of thing that each worker, each Board, does and the kind of thing the Conference does and the kind of thing that A.A. must do to **keep** this Fellowship functioning. In other **words** there must always be an authority equal to the **responsibility** involved in service work.

HOSPITAL COMMITTEE MEETS

Nursing Home operators have been requested to attend the April 15th meeting of the Hospital Committee to re-affirm their pledges of good hospitalization practice and cooperation with AA **sponsors**. The meeting will be held in Room 370 the Hanna Building at 8:30 p.m. sharp.

BEFORE A FALL

(Continued from page one)

corporation with a patented and copyrighted method. It just happens to be best for us. To this end we like the 19th verse of Proverbs XVI also:

"It is better to be a lowly spirit with the poor than to divide the spoil with the proud."

G I G G L E S

The judge looked up from the bench to see a familiar face before him. He said: I've had you up here for **speeding**, drunken driving, reckless driving, **parking** alongside fire hydrants, **driving** a car with no inspection sticker, driving without a license plate, and the last time I ordered your driver's license suspended. **What's** the charge this time?

The defendant looked sheepish. He mumbled: Jaywalking, your Honor.

Eight-year-old Frank praised his teacher so much that his father finally **said**, "Well, Son, if your teacher is as wonderful as you say she is, maybe I ought to go to school with you some day and get **acquainted** with her."

The lad looked thoughtful a moment and answered, "If you do, Dad, be sure to have your pants zippered: she's awful fussy about that."

An **American** was seated opposite a nice old lady in the compartment of an English railway car. For several minutes he chewed his gum in silence, then the old lady leaned forward.

"It's so nice of you to try to make conversation," she said, "But I must tell you that I'm terribly deaf."

One dog was complaining to another dog that he felt poorly. Nothing physical . . . just 'bored, always tired, never in top **form**.

"Why don't you see a psychiatrist?" the friend suggested.

"How can I see a psychiatrist? You know I'm not allowed on couches."

A reading of the book "AA Comes of Age" is another recommendation. In our opinion, it should be read by every member who intends to stay in AA.

A fisherman was hauled into court for catching ten more black bass than the law allowed. "Guilty or not guilty?" asked the judge.

"Guilty," said the sportsman.

"Ten dollars and costs," said the judge.

After paying the fine cheerfully, the defendant asked: "And now, your honor, I'd like several copies of the court record to show my friends."

Speaker: Nothing that is false ever does anybody any good.

Old Man: You are wrong, stranger. I have false teeth and they do me a lot of good.

GROUP NEWS

To insure publication, group news **articles** must be in our hands before the 15th of each month

Amherst-C&S serves its fifth anniversary on Thursday, April 10, at 8:30 p.m. in St. Peter's Ev. and Ref. Church, Church St., No. Amherst, O. Speaker will be Harry D., Edgelake.

Brooklyn-Speakers for the month of April are: 2-Mike Y., Valleyview plus a showing of the new film, "Case 258"; 9-Alex Z., Brooklyn (his second anniversary); 16-George H., Brooklyn (his sixth anniversary); 23-Tom E., Brooklyn (his fifteenth anniversary); 30-Josephine P., Solon.

Crossroads-All speakers for April hail from Lorain, Ohio. They are: 4-Bill B.; 11-Lee H.; 18-Jim E.; 25-Joe X.

East Side Morning-Speakers for April are: 2-Clint C., Doan Men; 9-Andy Y., Maple Heights; 16-Harold H., Liberty; 23-George M., Edgelake; 30-Esther R., St. James.

Garfield Heights-All speakers for April are from Akron, Ohio. They are: 2-Marge H.; 9-Jess C.; 16-Bob S.; 2-George H.; 30-Andy M.

Gordon Square-Speakers for April are: 4-Ed B., Gordon Square (his seventeenth anniversary); 11-Joe P., Edgelake; 18-Tom McG., Edgelake; 25-Harry R., dtella Maris.

Hague-A new west side group which held its first meeting on Wednesday, March 12, with 72 people attending, representing 13 groups. They heard Irene W., Orchard Grove, give an outstanding message. The group meets in a church at West 67th and Hague Avenue (one street south of Lorain Avenue) every Wednesday at 8:30 p.m. Al C. of Gordon Square is secretary.

Lake County — Speakers for April are: 1-Kelly E., Crossroads; 8-Johnny M., Memphis; 15-Johnny T., Doan Men (his twelfth anniversary); 22-Howard B., ndependence; 29-Jack S., Lorain Avenue Monday.

Lake Shore-Now meets at nine o'clock sharp. Speakers for April are: 1-A panel of four members of Lake Shore will interpret and discuss Steps II and III. Members of the panel are Mildred D., Fred D., Paul B. and John B.; 8-Jack N., Trinity; 15-Ross S., Lakewood Men; 22-Edna K., Lakewood Women; 29-Ted B., Cedar.

Orchard Grove-Speakers for April are: 1-Harry D., Edgelake; 14-Dorothy McA., Detroit Morning; 21-Bob and Irene W., Orchard Grove (observing their joint fourteenth anniversary); 28-Hugh DeL., Crossroads.

Solidarity-Speakers for April are: 4-Fran P., Northeast; 11-Neil C., Parma Heights; 18-Evelyn W., St. James; 25-Jim D., Edgelake.

St. Clair Thursday-There will be no meeting on April 3 because of Holy Week Church services. Speakers for the other Thursday nights in April are: 10-Jack H., St. Clair Thursday (his first anniversary); 17-Judge Jim C., Arcade; 24-Vince S., St. Clair Thursday (his first anniversary).

Trinity-Speakers for April are: 5-Dr. York P., Fairmount; 12-Spring Dance held in conjunction with Brooklyn at Trinity; 19-Lillian B., Eastside Women; 26-Neil G., St. Clair Thursday.

West Park-Speakers for April are: 1-John P., East Side Morning; 8-Edna B., East Side Women; 15-Andy C., Liberty; 22-Doctor T., Minerva, O.; 29-John D., Newburgh.

W. 25th Street-Speafliers for April are: 7-Matt G., Newbury, O.; 14-Alonzo E., Solidarity; 21-Floyd D., Broadway - Harvard; 28-Joe F., Hilltop (his eleventh anniversary).

Your-Observes its second anniversary on Sunday, April 13, in the meeting hall at 1565 Chardon Road, Euclid, Ohio at 7:15 p.m. **Speakers** will be Vince S., St. Clair Thursday (one year of sobriety), Lu and Chuck S., St. Clair Thursday (ten years of sobriety each) and Jack D., Borton (twenty years of sobriety). A cordial welcome is extended to all AA's by Mike M., secretary. Other speakers for April are: Cohn H., Doan Men; 20-Tom O'M., Early Early; 27-Don W., Fairmount.

REFRESHER MEETINGS

Increased interest in these meetings was indicated to the new chairman, William D., when he contacted various groups to arrange the new schedule. A new series (the fourth) starts April 2 for all who seek additional information on the AA program, particularly in the interpretation of the Twelve Steps and Traditions. They are equally helpful to the old and new member. Note that future meetings shall include Saturday and Sunday Groups. April schedule is: 2-C.E.I., Step and Tradition I; 10-Outhwaite, Step and Tradition II; 18-Berea Friday, Step and Tradition III; 26-Matt Talbot, Step and Tradition IV.

Bill D., a member of the Berea Thursday group, was appointed chairman at the March Central Committee meeting. He succeeds Floyd D., of the Broadway Harvard group, who made these informative meetings a popular success during the two series he arranged. He was forced to give up this assignment due to increased work obligations.

SPRING CONSOLIDATED MEETING

Charity Hospital Nurses Auditorium

Sunday, April 20, at 4:00 p.m.

Chuck S., chairman of the Consolidated Meeting Committee sponsored by Central Committee, should be commended for securing Walter O.K. of New York as his first speaker. From reports that have come to us from many sources, his talk is fundamental as well as full of humor. Many visitors are expected from Youngstown, Pittsburgh and other distant cities.

A drunk lying on the barroom floor began to show signs of life so one joker smeared a little Limburger cheese on his upper lip. The drunk rose and walked out the door. In a few minutes he returned. Then he left again only to wobble back soon after. Shaking his head with disgust he said, "It's no use. The whole world stinks."

I can't seem to develop the peace of mind or the enthusiasm for AA that others seem to have.

Try even harder. You can get most anything you want if you want it intensely and persistently enough.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church,
Cor. Addison and Wade Park.....8:30
BORTON-E. Cleveland Congrega. Church,
Page and Euclid Ave.....8:30
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes.....7:30
EARLY-EARLY-Plasterers Union Hall,
1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE-Rocky River Community Cen.
Wagar & Hilliard, Dinner 7; Meeting.....8:30
FRIENDLY SUBURBAN-6037 Pearl.....8:00
LAKEWOOD (Orchard Grove)-
1417 St. Charles, nr. Detroit.....8:30
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit.....9:00
LEE MONDAY-First Presbyter. Church,
East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd.....9:00
PEARL-Corpus Christi Basement.....8:30
4850 Pearl Road.....8:30
RAMONA-9721 Ramona Blvd.....8:30
SHAKER-Unitarian Church,
Shaker and Belvoir Blvd.....9:00
SOUTH EAST-7526 Broadway.....8:30
UNION-East View Congregational Church,
Kinsman at E. 156th St.....9:00
WEST 25th ST.-Marvel Hall,
2858 W. 25th St.....9:00
WOMEN'S-Westside-West Boulevard
Christian Church, Madison and W. 101.8:45
ELYRIA MEN-St. Agnes Church,
Lake Road at Bath St., Elyria, O.....8:30
JEFFERSON, O.-St. Joseph's Church.....8:30
VERMILION-Congregational Church.....8:30
WILLOUGHBY, O.-Presbyterian Church.....8:30

TUESDAY

ARCADE-Typographical Union Hall,
1559 East 17th (near Payne Ave.).....9:00
CLARK-1917 Clark Ave.....8:30
CLOVER-(Women)-E. 46th, So. of Scovill
Portland-Outwaite Center.....8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant.....8:00
EUCLID-WADE-Calvary Presbyterian
Church, E. 79th and Euclid Ave.....9:00
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry.....9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave.....9:00
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave.....8:45
LAKE SHORE-Lakewood Congregational,
1376 W. Clifton, corner Detroit.....8:30
MAY-LYND--Kenny King's Restaurant,
May-Land Shopping Cen. Mayfield Hts.....8:30
MILES-LEE-Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave.....8:30
SMITH-WILSON-Nativity School,
9510 Aetna Road.....8:30
SUPERIOR-North Presbyterian Church,
E. 40th and Superior.....9:00
WEST PARK-Puritas Lutheran Church,
Puritas Ave. and W. 138th St.....8:30
ASHLAND, O.-First Presbyterian Church,
Corner Church and Third Sts.....8:30
ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday.....8:30
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch. Rt. 20, E. So. Wood, Mentor.....8:30
LORAIN CENTRAL-Lorain, O.
Trinity Church.....8:30
MEDINA, O.-St. Paul's Epis. Par. Hse.....8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian, Across from Post Office.....8:30
STRONGSVILLE-Tuesday, Town Hall.....9:00

WEDNESDAY

ALGAMERICAN Sportsmen, 1142 Buhner,
3rd Wednesday each month.....8:30
BAXTER-8437 Broadway.....8:30
BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd.....8:30
C. E. I.-Illuminating Co. Building.....8:30
Room 355, Rear
COLLINWOOD-945 E. 152nd St.....8:30
DENISON MEN-7403 Denison Ave.
(first Wednesday, joint meeting).....8:30
DOAN MEN'S-2028 E. 105th St.,
Second floor, side entrance.....9:00
EAST SIDE MORNING-
2028 East 105th St.....10:30 A.M.
GARFIELD HEIGHTS-Trinity Baptist,
E. 94th and Garfield Blvd.....8:30
HAGUE-W. 67th and Hague Ave.
(First Street South of Lorain Ave.) 8:30
LAKEWOOD WOMEN-United Presby.
Church, 12601 Detroit Ave.....8:30
LEE ROAD-First English Lutheran,
Derbyshire and Euclid Hts. Blvd.....8:30

LORAIN AVE.-S.S. Wilip & James Hall,
3689 Bosworth Road.....9:00
ST. JAMES-Mt. Calvary Baptist Church,
E. 103rd St. and Cedar.....8:15
ST. MARY-400 North S., Chardon, O.....8:30
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension.....8:30
WARRENSVILLE-Women's House Cor-7:30
WEDNESDAY NIGHT DISCUSSIONU
13806 Ardenall Ave.....8:00
WOMEN'S-Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt 254 & 57).....8:30
ASHTABULA CONSOLIDATED-
Geneva, O., 1st Wed. each month
American Leg. Hall, Eagle and Park.....8:00
BEDFORD, O.-Y.M.C.A., Tarbell Ave.....8:30
CONNEAUT MEN-Conneaut, Ohio
B. of L.E. Hall, Whitney Block, Main St.....8:30
ELYRIA, O.-St. Mary's Church Basement,
Middle Ave. at Fourth St.....8:30
FAIRPORT HARBOR-St. Michael's Ch.
630 Plum St., Fairport Harbor.....8:00
LORAIN, O.-Methodist Ch., 6th & Reid.....8:30

THURSDAY

ALLEN-5927 Euclid Ave.....8:00
ALLENDALE-St. Paul's Episcopal
Church, 1537 Euclid Ave.....8:30
ANGLE&. Malachi's Church,
2549 Washington Ave.....8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall.....8:30
BUHRER-1142 Buhner Ave.....9:00
CORLETT MIXED-Holy Family School,
3845 E. 131st at Chapelside.....9:00
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd.....8:30
CRILE HOSPITAL-Library.....8:00
EAST SHORE WOMEN-First Baptist Ch.
1565 Chardon Rd., near Euclid.....8:30
HAWTHORN DEN STATE HOSPITAL,
Macedonia, O. Basement of New
Employees Bldg.....8:00
LAKEWOOD-Thurnite-St. Peter's Epis.
W. Clifton and Detroit Ave.....8:30
NO. OLMSTED-Saulich's Nursing Home,
27048 Lorain Road.....8:30
OUTHWAITE-Woodland Center,
7100 Kinsman Ave.....8:30
PARMA HEIGHTS-6400 Pearl Road,
Laux Realty Basement (rear).....9:00
ROCKY RIVER-Rockport Methodist,
Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY-Glenville Cong-
Church, (side ent.) St. Clair & Eddy Rd.....9:00
WEST SIDE-7403 Denison Ave.....10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O.....9:00
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd.....9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St.....8:30
ASHTABULA HARBOR-1463 W. 5th St.....8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset.....9:00

FRIDAY

ANSEL ROAD-St. Thomas church,
9205 Superior Ave.....8:30
BROADWAY-HARVARD-8437 Broadway.....9:00
CEDAR-Salvation Army, 5005 Euclid.....8:15
CROSSROADS-St. Paul Church,
4427 Franklin Blvd.....8:30
EUCLID FRIDAY-Holy Cross Church
E. 200 and Lake Shore Blvd.....8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbein Room.....1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St.....9:00
LEE ROAD-American Legion Hall,
Post 163, 15544 Euclid Ave.....9:00
NORTH EAST-St. Agatha's Church Hall,
1269 Lakeview Rd.....8:30
ROSARY HALL-Town Hall
Charity Nurses Auditorium.....8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar.....8:45
STELLA MARIS (Men)
1320 Washington Ave.....8:15
ROSARY HALL AUXILIARY,
Rosary Hall, Charity Hospital.....8:30
TAPCO-23565 Euclid Ave.....9 p. m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE-
Lkwd. Cong. Ch., 1375 W. Clifton.....9:00
AVON LAKE-First Congregational Church,
32801 Electric Blvd.....8:45
BEREA-Social room of Berea Cong.
Church, Seminary and Church.....8:30
CHAGRIN FALLS, O.-American Legion,
E. Orange St.....8:30
CHARDON, O.-Thrasher House,
Water St., Chardon, O.....9:00

CONNEAUT, O.-B. of L. E. Halt.....8:30
ELYRIA-(Mixed)-Alconon Club,
345 Broad St., Elyria, Ohio.....8:30
Hanna Building, Room 370.....8:30
LORAIN, O.-Mt. Zion Baptist Church,
30th and Wood Streets.....8:30
WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway.....8:30
FOREST CITY-6619 Denison Ave.....9:00
JACK & HEINTZ-17600 Broadway.....8:00
LEAGUE PARK-St. Agnes, School Hall,
East 79th and Euclid Ave.....9:00
LIBERTY-945 E. 152nd St.....9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd.....8:30
MATT TALBOT-St. Philip Neri Church,
E. 82nd and St. Clair.....8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave.....9:00
PARMA-St. Charles Church, basement,
Corner Ridge Rd. and St. Charles.....8:45
PLAINS-Grace Episcopal Church-
Rte. 20 near Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole.....8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St.....8:30
VALLEY VIEW-Community Center,
West 7th and Starkweather.....8:30
8005 GROUP-8005 Lorain Ave.....8:30
ASHTABULA, O.-St. Peter's Episc. Church,
Main Avenue at South Park.....8:30
ELYRIA, O.-St. Andrews Episc. Church,
Middle and Third Streets.....8:30
SOLON, O.-St. Rita's High School.....9:00
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21.....8:30
WINDSOR, O.-Community Hall.....9:00

SUNDAY

ALLAMERICAN Sportsmen.....1142 Buhner
1st Sunday each month.....4:00
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue.....10:45 A.M.
COLLINWOOD-945 E. 152nd St.....7:30
DETROIT-Mixed-8023 Detroit Ave.....8:00
DETROIT SUNDAY-
8304 Detroit Avenue 11:00 A.M.
LORAIN COUNTY CONSOLIDATED-
First Sunday of each month, Alconon
Club, 345 E. Broad St., Elyria.....7:30
MISTLETOE-St. Thomas Church,
9205 Superior Ave.....7:00
NEWBURY-St. Helena's Church, Rt. 87.....8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St.....8:30
OUTHWAITE-7100 Kinsman.....4:00
STELLA MARIS-Sunday Training Meeting,
1320 Washington Ave.....3:00
SUPERIOR STAG-8801 Superior.....11 A.M.
YOUR-1565 Chardon Rd., Euclid, O. 7:15
WARRENSVILLE-Cooley Farms
Recreation Room.....10:00 A.M.
CHIPPEWA LAKE-Clark Memorial Hos.,
Chippewa Lake, Ohio.....8:30
CONNEAUT WOMEN-St. Mary's Hall,
Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.-Lezion Hall, Park St.,
corner of So. Eagle.....7:30

NURSING HOMES THAT TREAT ALCOHOLICS (This listing does not necessarily indicate endorsement or approval)

Alcoholics Abstinence Nursing Home (MW)
MEloose 1-1635.....8023 Detroit Ave.
Al-Ju, Inc. (MW).....28707 Euclid Ave.
WHitney 4-2244.....Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
EXpress 1-8998.....7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M)
ATlantic 1-3353.....8304 Detroit Ave.
Elmwood Sanitarium (M)
KENmore 1-2299.....17322 Euclid Ave.
Euclid Rest Haven (MW) ULater 1-6296
and Mulberry 1-9584, 13240 Euclid Ave.
Farquharson's (M) TUXedo 5-1882-6037 Pearl
Serenity Hall, Bay View Hospital (W)
EDison 1-2500.....23200 Lake Shore Ave.,

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE-
Hanna Building, Room 370.....8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE-

"ALLERGIC TO ALCOHOL" PP 2 (RE: WALT O'KEEFE
(NECESSITY OF ADMISSION & DECISION) AT CONSOL. MEETING

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. XVI-No. 7

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April 1958

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15

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LOOK WITHIN

Tossed for a loss.

That's the way some of us feel sometimes when we are unable to find answers to the 'problems that beset us. Then the inclination is to commiserate with ourselves., to blame fate, bad luck, a negligent Providence, anything but the real cause.

In such situations on occasion there is danger that the alcoholic will seek the answer in the reckless, thoughtless return to drinking.

It is important, therefore, that those of us who are alcoholics understand as much as possible about the nature of problems which arise in the ordinary course of living and even in emergencies.

Instead of becoming frantic and blaming everything and everybody but ourselves, we should look at ourselves. Most problems are the result of our thinking. If we think evil and violence we attract evil and violence.

It has been scientifically established that some people are accident prone. They can't drive in a nail without taking off a knuckle. They can't drive the car down the block without bumping the neighbor's jalopy or denting their own hubcap on the curb. This is because, subconsciously, they think this way. And in like manner when we entertain negative thoughts we run into negative situations.

The problem may be ourselves. This is not surprising in the sort of world and the kind of civilization in which we live. Today's stresses and strains affect us whether we are aware of them or not. Then our way of living has in the lifetime of most of us been so committed to the pursuit of the material as the highest ideal that we seldom if ever take time to look within.

How many of us put aside any time for contemplation? Do we ever sit still in a quiet room and listen? Do we get to one side and try to think things through?

Oh, we are too busy. There are too many things to be attended to. We have to rush here, hurry up there. Finally we are enmeshed in a maze of trivia that, to us, may seem to be the substance of living but is really only secondary externals raised to too high an importance. In taking a good, honest look at ourselves we do not mean that we should put on sack cloth and ashes. What is done is done. For past mistakes, fortified with God's forgiveness, only you can forgive yourself and start a new day. Each morning's sun brings a new 24 hours. It is up to you what you do with it.

In bemoaning our past mistakes we become only more tightly enmeshed in negative thinking. Suppressing the ego won't help either. The ego is very necessary to all of us-not the haughty, self-centered aspect of it, but the aspect that contained the phrase to love yourself properly. If you do not have respect for yourself, you cannot expect other people to respect you.

All of these ideas are contained in the Twelve Steps. What we must do for our sobriety is to look beyond the words to the meaning and from the meaning to the application of them. There's only one person who can really toss you for a loss-you.

SENSIBLE THINKING? 6

Do alcoholics have a drinking problem or a thinking problem? This was a question thrown out for discussion at a meeting we attended recently.

The member posing the question offered his own answer to the question. He insisted that, even after more than 16 years of absolute sobriety, he still had a drinking problem-that as long as he concentrated on that fact each day, he would not have a thinking problem!

After a short pause, a lively discussion was in progress, some agreeing and some disagreeing.

Those that believed alcoholism was a thinking problem, agreed that alcoholics as a whole were rebels against an established social order and this attitude indicated wrong thinking.

We rebels, he argued, had a tendency to disregard the rights and opinions of others, rushing headlong into trouble, risking reputations, jeopardizing jobs and amicable home relations-by wrong thinking. This wrong thinking inevitably included a total lack of respect for the potency of alcohol.

In fact alcohol seemed to accentuate the alcoholic's total disregard for the good opinions of others. He became completely uninhibited, making himself even more obnoxious than he was before.

Traveling from one saloon to another, seeking excitement, his pattern of behavior soon gave him an unsavory reputation — even to the bartenders and the barflies who found in him a perfect sucker for free spending. All they had to do to keep him coming was to feed his vanity, swallow his insults, patiently

listen to his wild harangues and his ridiculous bragging of being the indispensable and all-wise man.

Didn't this behavior pattern prove his contention that wrong thinking caused his drinking problem? Certainly his attitude toward the rights of others must have begun long before he became old enough to find liquor and the society of others with similar attitudes. Drinking, he argued, dulled the brain and completely destroyed the ability to think.

When the wires finally were all down and he was finally persuaded to try AA, he still had his anti-social inclinations; but, if he really was licked and developed a desire for that mysterious quality which others seemed to possess — respect — he started finally to do some sensible thinking.

Sensible thinking changed his whole life. He recognized, finally, that as long as his thinking was right, he wouldn't drink or have a drinking problem.

What do you think?

INTER GROUP DINNER MAY 20

The annual Intergroup Dinner will be held on May 20 at 7:30 p.m. at Hotel Carter. The speaker will be former Cleveland W. Roy W., of Chicago, former hardworking secretary of the Doan Men's Group. Tables can still be secured at the AA District Office.

WOMEN SPONSORS NEEDED

"Rut by the grace of God, there am I!" Many have repeated that phrase and many have been moved with compassion and gratitude to alleviate the suffering of the individuals who move them.

Have women undergone this emotional experience? Undoubtedly some must have, for we have witnessed some wonderful examples of devotion and patience during our years in AA.

Their reward has been great, for in helping others so unselfishly, they themselves have been strengthened and their lives have been enriched.

But their numbers are comparatively few when one considers the number of women members on the rosters of Cleveland's host of groups. Just going to meetings, calling on an occasional candidate, keeping away from that first drink, is fine; but in our opinion, not enough.

We base this opinion on two letters which reached our desk pleading for women sponsors to work with women (white and negro) in institutions. All they ask is that the sponsor take an interest in a woman who sincerely is making an effort to re-establish herself in decent society. These women have been carefully screened and counselled. They have been urged to attend AA meetings. Put yourself in their place and understand their fear of being rebuffed if they go alone!

Sponsors aren't asked to finance these girls, find them homes or jobs, but are only asked to accompany them to meetings and be counsellors.

Is this asking too much of you women? Most of you have been protected from this humiliating and devastating experience. Your families have stood by you and have given you love and understanding. What if they hadn't? Where would you have ended without money, employment, home and friends while you determinedly held on to your virtue — and your stubborn refusal to give up drinking?

Many of the women at Women's House of Correction have been rehabilitated. Many of them are first timers. All of them deserve a chance to prove that they have learned a bitter lesson. Will you help them overcome their bitterness and resentments and show them the way to regain their pride and self respect?

Some of you women have had grievous experience in the past with some of the hardened inmates. Some of you have had gratifying results. Haven't these experiences warmed your hearts?

The challenge to your gratitude for what you have received is direct. It means a sacrifice of time and the exercise of great patience and tolerance. Are you up to it?

More information on how you can help can be gotten by calling Hilda H. at SH 9-0369; or, better yet, by forming; a group of women to attend the Warrensville Women's meeting on Wednesdays at 7:30 p.m.

Remember, "There but by the Grace of God, am I!"

OHIO GENERAL SERVICE CONFERENCE

The second Ohio General Service Conference will be held in Toledo, Ohio, on Friday, July 18, to Sunday, July 20, in the Commodore Perry Hotel.

Every effort is being made to make this an even more outstanding affair than the first, which was held in Columbus, Ohio, last year—a challenging goal, for those sessions were outstanding.

Every member of AA owes it to himself to attend one of these Conferences which are aimed to emphasize the need of unity in thought and collaborating in maintaining the Traditions of our fellowship on a group, local, national and international level.

It is YOUR Conference.

FOUNDERS DAY MEETING IN AKRON

Bill W., co-founder of AA, will be the speaker at the annual Founders Day meeting which will be held on Sunday, June 15, at 2:30 p.m. in Memorial Hall of Akron University. This is a huge auditorium which should accommodate the many who were 30 crowded on previous great occasions.

ALLERGIC TO ALCOHOL?@

Lots of people get sick from eating eggs, strawberries, shell fish. When they find out what makes them sick, they stop eating that particular kind of food. If timothy hay and rag weed gives them hay fever, they avoid these plants and come to live in Arizona. They realize what is the offending substance and avoid eating or coming in contact with those things. That's ordinary common sense. But the alcoholic allergy is different. With food and pollens there is no mental compulsion to go on eating something that is poisonous. But, with the alcoholic, once he has passed over the line from social drinking to pathological or compulsive drinking, he is compelled against his will, to go on drinking even though he wants to quit. He is an alcoholic—a compulsive drinker.

Now medicine and science have so far developeled no serum or other remedy that will cure the alcoholic allergy. Certainly AA offers no such cure. We maintain that the allergy is always with us. Once a man or woman has definitely become an alcoholic, he or she will always be an alcoholic. No matter how long the period of sobriety, the alcoholic is always only one drink away from a drunk. All that AA can offer is the tools by which the mental compulsion can be overcome and the victim can live a sane and sober life as long as he doesn't take another drink.

Psychiatrists and experts in the field agree that the chief cause of AA's success is to be found in the group therapy. When the alcoholic comes into AA he finds himself among friends. He finds people who are suffering from the same disease, but who have found, a way to stay sober. Probably for the first time in his alcoholic career he meets with complete understanding and sympathy. All through his drinking life he has been berated, abused, and criticized by people who did not understand what was the matter with him.

He has come to look upon himself as an outcast, a social leper, a vicious and morally depraved person without any will power. He has been told and come to believe that his is the worst case on record. He feels beaten, hopeless and helpless. He only has to go to a few AA meetings, listen to a few AA case histories, and talk with a few AA members before he realizes that his problem has a solution. His is not a hopeless case. He is no longer helpless, since 200,000 AA members all over the United States stand ready and willing to help him at any hour of the day or night.

AA has performed many miracles of recovery in seemingly hopeless cases. There is one miracle, however, which AA cannot perform. It cannot help an alcoholic who does not want to help himself. No matter how anxious a parent, or employer may be for the alcoholic to stop drinking, AA offers little chance of recovery unless the alcoholic himself sincerely wants to quit drinking—for himself, above all other things. Half hearted measures avail us nothing. It must be all or nothing.

Complete sobriety means total abstinence or an ultimate return to the degrading and miserable life of the alcoholic. Too many people come to AA thinking we will provide them with a temporary solution, get them out of an immediate jam, rescue an endangered job, return an estranged wife. Many come not wishing to stop drinking but hoping that AA can provide some method whereby they can go on drinking, yet stay out of trouble.

To such people we can only say: "You are wasting your time. We have no solution. We cannot teach anyone how to drink. We can only teach you how to quit drinking."

-Intergroup News, Akron.

WALTER O'K OKAY

- - -

An appreciative, record breaking crowd of 800 were rewarded with an outstanding talk by Walter O'K of New York who alternately had them wiping their tears from laughter and compassion as Walter held them spellbound with his moving and graphic story of embracing the AA Fellowship. He was "good medicine."

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Ansel Road-Speakers for May are: 2—Earle M., Doan Men; 9—Harold H. Liberty; 16—Jerry W., Angle (his first lead); 23—Bill McG., Newburgh; 30—Doy T., Ansel Road.

Ashtabula-Speakers for May are: 3—Louise M., Ash-tabula; 10—Esther R., Cleveland; 17—Josephine P., Solon; 24—Eileen S., Cleveland; 31—Art G., Fairview, Pennsylvania.

Brooklyn-Observes its eighteenth anniversary with Dr. Clarence P., medical director of the Alcoholic Clinic of Eastman Kodak Co., Rochester, N.Y., and a sixteen years member as speaker on Wednesday, May 7, at 8:30 p.m. The meeting will be held in the church auditorium of Trinity Evangelical & Reformed Church, 3525 W. 25th St. An open recital at 8 p.m. will precede the meeting.

Other speakers for May are: 14—Joe K., Brooklyn (his 11th anniversary); 21—Rudy U., Brooklyn (his 2nd anniversary); 28—Vince S., St. Clair, Thursday.

Chippewa-Seville — New group replaces the Chippewa Group. First meeting May 4 in V.F.W. Hall, Seville, O. Fred D., of Newburgh, will speak.

Eastside Morning-Speakers for May are: 7—Rolland N., Akron; 14—Bob H., Newburgh; 21—Dick P., Newbury, O.; 28—Ben L., Solidarity.

Fairview-Speakers for May are: 6—Jack G., Clark; 13—Jack N., Angle; 20—Refresher meeting, Step and Tradition VII with a panel of Fairview members, Dick M., Ruth C., Ed D. and Wilson B.; 27—John D., Brookside.

Gordon Square-Speakers for May are: 2—Frank I., Corlett; 9—Tom F., Gordon Square; 16—George G., Forest City; 23—Warren C. Jr., Fairview; 30—Jim D., Early-Early.

Lake County-Speakers for May are: 6—Dr. Franklin F., Lake County; 13—John H., Doan Men; 20—No meeting, due to church needing facility; 27—Irene W., Orchard Grove.

Lakewood Women-Will observe their ninth anniversary with Open House on Friday, May 2, at 9 p.m. Speaker will be Bill O'B., Independence. They now meet on Fridays at St. Peter's Episcopal Church, 18001 Detroit Ave. They held their first meeting in the new quarters on March 21.

Lake Shore-Will hold a closed meeting for members only on May 6 when they will elect officers. They will hold no meeting on May 20 since practically every member will attend the annual Inter-Group Dinner.

Lee-Wednesday-Speakers for May are: 7—Esther R., St. James; 14—John Paul J., Elyria Satnite; 21—Mike Y., Valley View; 28—John C., Allendale.

Libby Road-This new group held its first meeting on Sunday, April 13, at 7:30 p.m. The speaker was John H. of Doan Men. They meet in St. Wenceslas Church, 17825 Libby Rd (Cato St. entrance), Maple Heights.

St. Clair-Thursday-Speakers for May are: 1—Larry L.; 8—Neil G., St. Clair-Thursday (his first anniversary); 15—Herman V., Redwood; 22—Bud C., May-Lynd; 29—John B., Jr., Your. The group honored three of its members on their anniversaries during the past month—all young men. Two of them were in their twenties.

Stella Maris-Starting with its April meeting, the Stella Maris group opened its meetings to women members and wives of AA. Everyone is cordially invited to attend. Meetings start promptly at 8:15 p.m. on Fridays.

The tenth anniversary of the Home will be observed with an Open House on Sunday, May 11, to which everyone is invited. Coffee and cake will be in abundance.

Solidarity-Speakers for May are: 2—Herman B., Lee-Monday; 9—Bill H., Euclid-Wade; 16—Bill B. (No group known); 23—Lorraine R., St. James; 30—Harry D., Edgelake.

Trinity-Speakers for May are: 3—Spencer I., Lee-Wednesday; 10—Chuck W., Early Early; 17—Phyllis S., Eastside Women; 24—Edward McK., Your; 31—Glenn B., Lee-Monday.

West Park-Speakers for May are: 6—Tony K., Broadway-55; 13—Vincent Ss., St. Clair Thursday; 20—Panel discussion-questions and answers; 27—Don E., West Park (his sixth anniversary).

Westside Women-Observe their seventeenth anniversary on Monday, May 12, at 8:45 p.m. with Warren C., Sr., as the speaker. The first women's group in AA history, it held its first meeting on Wednesday, May 20, 1941, at 12214 Detroit Ave., Lakewood. They moved to their present quarters in West Boulevard Christian Church, Madison and W. 101st St., after a short period in a church hall on W. 58th St. and Franklin.

West 25th St.-Speakers for May are: 5—Chas. R., Outhwaite; 12—Ed C., Collinwood; 19—John (Scotty) R., Euclid-Wade; 26—Ase E., Collinwood.

Refresher Meetings-Enthusiasm has been evident in each group participating in the April Refresher meetings. The May schedule is: 4—Step V and Tradition V, Brookside Sunday; 12—VI, Union; 20—VII, Fairview; 28—VIII, St. James.

IMPORTANT LOCAL MEETINGS

A regional General Service Conference meeting will be held in Brecksville Methodist Church, 65 Public Square, Brecksville, Ohio, on Sunday, May 11, at 2 p.m.

All General Service Representatives in the Northeastern Ohio area are urged to encourage members of groups in their territories to attend this meeting in Brecksville.

An important meeting of General Service Representatives will be held in Toledo, Commodore Perry Hotel, on Sunday, May 4, at 2 p.m. All Ohioans will be represented.

The program includes a report from our Delegate to the General Service Conference Howard B., on the annual meeting held in New York City, April 23-27. There also will be a report from the planning committee on the Ohio General Service Conference in Toledo, July 18-20.

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CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church
Cor. Addison and Wade Park 8:30
BORTON-E. Cleveland Congrega. Church, 8:30
Page and Euclid Ave
BRECKVILLE VETERANS HOSPITAL
Broadview and Oakes 7:30
EARLY-EARLY-Plasterers Union Hall,
1661 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE-Rocky River Community Cen.,
Wagar & Hilliard, Dinner 7; Meeting 8:30
FRIENDLY SUBURBAN-6037 Pearl 8:00
LAKEWOOD (Orchard Grove)-
1417 S. Charles, E. Detroit 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit 9:00
LEE MONDAY-First Presbyter. Church,
East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd. 9:00
PEARL-Corpus Christi Basement,
4850 Pearl Road 8:30
RAMONA-9721 Kanona Blvd. 8:30
SHAKER-Unitarian Church, 9:00
Shaker and Belvoir Blvd.
SOUTH EAST-7526 Broadway 8:30
UNION-East View Congregational Church,
Kinsman at E. 156th St 9:00
WEST 25th ST.-Marvel Hall,
2858 W. 25th St. 9:00
WOMEN'S-Westside-West Boulevard
Christian Church, Madison and W. 101 8:45
ELYRIA MEN-St. Agnes Church,
Lake Road at Bath St., Elyria, O. 8:30
JEFFERSON, O.-St. Joseph's Church 8:30
VERMILION-Congregational Church 8:30
WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ARCADE-Typographical Union Hall,
1559 East 17th (near Payne Ave.) 9:00
CLARK-1917 Clark Ave 8:30
CLOVER-(Women)-E. 46th, SO. of Scovill
Portland-Outhwaite Center 8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant 8:00
EUCLID-WADE-Calvary Presbyterian
Church, 12. 79th and Euclid Ave 9:00
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry 9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave. 9:00
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave. 8:45
LAKE SHORE-Lakewood Congregational,
1376 W. Clifton, corner Detroit 8:30
MAY-LYND-Kenny King's Restaurant,
May-Land Shopping Cen., Mayfield Hts. 8:30
MILES LEE-Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave 8:30
SMITH-WILSON-Nativity School,
9510 Aetna Road 8:30
SUPERIOR-North Presbyterian Church,
E. 40th and Superior 9:00
WEST PARK-Puritas Lutheran Church,
Puritas Ave. and W. 138th St 8:30
ASHLAND, O.-First Presbyterian Church,
Comer Church and Third Streets
8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday 8:30
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch. R. 20, E. So. Wood, Mentor 8:30
LORAIN CENTRAL-Lorain, O.
Trinity Church 8:30
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian, Across from Post Office 8:30
STRONGSVILLE-Tuesday, Tow' Hall 9:00

WEDNESDAY

ALGAMERICAN Sportsmen, 1142 Buhner,
3rd Wednesday each month 8:30
BAXTER-8437 Broadway 8:30
BROOKLYN-K. of P. Hall,
3316 Broadway, East of Pearl Rd. 8:30
C. E. I.-Illuminating Co.,
Room 355-Rear Building 8:30
COLLINWOOD-945 E. 152nd St. 8:30
DENISON MEN-7403 Denison Ave.
(first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St.,
Second floor, side entrance 9:00
EAST SIDE MORNING-
2028 East 105th St. 10:30 A.M.
GARFIELD HEIGHTS-Trinity Baptist,
E. 94th and Garfield Blvd. 8:30
HAGUE-W. 67th and Howe Ave.
(First Street South of Lorain Ave.) 8:30
LEE ROAD-First English Lutheran,
Derbyshire and Euclid Hts. Blvd. 8:30
LORAIN AVE.-S.S. Philip & James Hall,
3689 Bosworth Road 9:00

ST. JAMES-Mt. Calvary Baptist Church,
E. 103rd St. and Cedar 8:15
ST. MARY-400 North S., Chardon, O. 8:30
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension 8:30
WARRENSVILLE-Women's House Cor. 7:30
WEDNESDAY NIGHT DISCUSSION
13806 Ardenall Ave. 8:00
WOMEN'S-Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
ASHTABULA CONSOLIDATED-
Geneva, O., 1st Wed. each month
American Leg. Hall, Eagle and Park 8:00
BEDFORD, O.-Y.M.C.A., Tarbell Ave. 8:30
CONNEAUT MEN-Conneaut, Ohio
B. of L.E. Hall, Whitney Block, Main St. 8:30
ELYRIA, O.-St. Mary's Church Basement,
Middle Ave. at Fourth St. 8:30
FAIRPORT HARBOR-St. Michael's Ch.,
630 Plum St., Fairport Harbor 8:00
LORAIN, O.-Methodist Ch., 6th & Reid 8:30

THURSDAY

ALLEN-S927 Euclid Ave. 8:00
ALLENDALE-St. Paul's Episcopal
Church, 15837 Euclid Ave. 8:30
ANGLE-St. Malachi's Church,
2549 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall 8:30
BUHRER-1 142 Buhner Ave. 9:00
CORLETT MIXED-Holy Family School,
3845 E. 131st at Chapelside 9:00
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd. 8:30
CRILE HOSPITAL-Library 8:00
EAST SHORE WOMEN-First Baptist Ch.,
1565 Chardon Rd., "ear Euclid 8:30
HAWTHORNDEN STATE HOSPITAL,
Macedonia, O., Basement of New
Employees Bldg. 8:00
LAKEWOOD-Thurnite-St. Peter's Epis.,
W. Clifton and Detroit Ave. 8:30
NO. OLMSTED-Saulich's Nursing Home,
27048 Lorain Road 8:30
OUTHWAITE-Woodland Center,
7100 Kinsman Ave. 8:30
PARMA HEIGHTS-6400 Pearl Road,
Laux Realty Basement (rear) 8:30
ROCKY RIVER-Rockport Methodist,
Church, 33 10 Wooster Road 9:00
ST. CLAIR-THURSDAY-Glenville Cong.
Church, (side ent.) St. Clair & Eddy Rd. 9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O. 9:00
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd. 9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St. 8:30
ASHTABULA HARBOR-1463 W. 5th 8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset 9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
9205 Superior Ave. 8:30
BROADWAY-HARVARD-8437 Broadway 9:00
CEDAR-Salvation Army, 5005 Euclid 8:15
CROSSROADS-St. Paul Church,
4427 Franklin Blvd. 8:30
EUCLID FRIDAY-Holy Cross Church
E. 200 and Lake Shore Blvd. 8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room 1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St. 9:00
LAKEWOOD WOMEN-St. Peter's Epis. l
18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD-America's Legion Hall,
Post 163, 15544 Euclid Ave. 9:00
NORTH EAST-St. Agatha's Church Hall,
1269 Lakeview Rd. 8:30
ROSARY HALL-Jordan Hall
Charity Nurses Auditorium 8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar 8:45
STELLA MARIS MIXED
1320 Washington Ave. 8:15
ROSARY HALL AUXILIARY,
Rosary Hall, Charity Hospital 8:30
TAPCO-23555 Euclid Ave. 9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE-
Lkwd. Cong. Ch., 1375 W. Clifton 9:00
AVON LAKE-First Congregational Church,
32801 Electric Blvd. 8:45
BERXA-Social room of Berea Cong.
Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion,
E. Orange St. 8:30
CHARDON, O.-Thrasher House,
Water St., Chardon, O. 9:00

CONNEAUT, O.-B. of L. E. Hall 8:30
ELYRIA-(Mixed)-Alconon Club,
345 Broad St., Elyria, Ohio 8:30
LORAIN, O.-Mt. Zion Baptist Church,
30th and Wood Streets 8:30
WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway 8:30
FOREST CITY-6619 Denison Ave. 9:00
JACK & HEINTZ-17600 Broadway 8:00
LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave. 9:00
LIBERTY-945 E. 152nd St. 9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TA LBOT-St. Philip Neri Church,
E. 82nd and St. Clair 8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA-St. Charles Church, basement,
Corner Ridge Rd. and St. Charles 8:45
PLAINS-Grace Episcopal Church-
Rte. 20 "ear Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole 8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St. 8:30
VALLEY VIEW-Community Center,
West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-St. Peter's Episc. Church,
Main Avenue at South Park 8:30
ELYRIA SATNITE-Alconon Club,
345 Broad St., Elyria, O. 8:30
SOLON, O.-St. Rita's High School 9:00
WEST RICHFIELD-Comlicated Church,
Route 303, just west of Route 21 8:30
WINDSOR, O.-Community Hall 9:00

SUNDAY

ALL-AMERICAN Sportsmen 1142 Buhner
1st Sunday each month 4:00
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue 10:45 A.M.
COLLINWOOD-945 E. 152nd St. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
DETROIT SUNDAY-
8304 Detroit Avenue 11:00 A.M.
LIBBY ROAD-St. Wenceslas Church,
17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED-
First Sunday of each month, Alconon
Club, 345 E. Broad St., Elyria 7:30
MISTLETOE-St. Thomas Church,
9205 Superior Ave. 7:00
NEWBURY-St. Helena's Church, Rt. 67 8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St. 8:30
OUTHWAITE-7100 Kinsman 4:00
STELLA MARIS-Sunday Training Meeting,
1320 Washington Ave. 3:00
SUPERIOR STAG-8801 Superior 11 A.M.
YOUR-1565 Chardon Rd., Euclid, O. 7:15
WARRENSVILLE-Cooley Farms
Recreation Room 10:00 A.M.
CHTPPEWA-SEVILLE-V.F.W. Hall,
Seville, O. 8:30
CONNEAUT WOMEN-St. Mary's Hall,
Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.-Legion Hall, Park St.,
corner of So. Eagle 7:30

NURSING HOMES THAT TREAT ALCOHOLICS
(This listing does not necessarily indicate
endorsement or approval)

Alcoholics Abstinence Nursing Home (MW)
Melrose 1-1635 8023 Detroit Ave.
Al-Ju, Inc. (MW) 28707 Euclid Ave.
Whitney 4-2244 Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
Express 1-8998 7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M)
Atlantic 1-3353 8304 Detroit Ave.
Elmwood Sanitarium (M)
Kenmore 1-2299 17322 Euclid Ave.
Euclid Rest Haven (MW) Ulster 1-6296
and Mulberry 1-9584, 13240 Euclid Ave.
Farquharson's (M) Tuxedo 5-1882 6037 Pearl
Serenity Hall, Ray View Hospital (W)
Edison 1-2500 23200 Lake Shore Ave.,

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-7387

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE-
Hanna Building, Room 370 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE-
Hanna Building, Room 370 8:30

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A • A

Vol. XVI-No. 8

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May 1958

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LOOK WITHOUT

While it is essential to look within when seeking the source of many of our **problems**, as we discussed in this space last month, it is **just as necessary** to look without.

If we would be whole again and build upon the foundation of sobriety . . . if we would grow and expand so we can become more useful to **ourselves** and to others? we must broaden our horizons. We must have a purpose, a goal, or if you please, an ambition.

To this end it is **necessary** to cultivate our egos properly . . . the constructive way, not the constrictive, selfish way that was our habit when we were drinking. Because **when we were in that old rut** there was a tendency, in getting out of it, to assume that any cultivation of the ego was wrong. This is a wrong notion. The ego is the self and we must improve ourselves to be of **any** consequence. We must do so to be effective in helping other alcoholics. This should be very clear, for we cannot get to first base by merely becoming dry. Character improvement is in order and character can be bettered only if the ego is properly handled.

We heard a remarkable account the other day about a Cleveland member who broadened his horizon in a way which some might hold to be pointless, but it was far from that.

This member was really a lush. He was pretty far down the ladder and sinking further. His sponsor worked patiently with him despite many rebuffs and disappointments. But he finally caught on. The new world that sobriety opened up amazed him. He is an electrician. He improved himself in his job. And time after time, he marvelled that he had escaped the degradation of skid row and a drunkard's death.

Then an old idea came back. In former years he had thought about the Metropolitan Opera on its annual visit to Cleveland. He was bemused by the glamor and the glitter of the chauffeur driven limousines, the women in beautiful gowns, the men in evening dress—real swank and high society.

Now our friend had no particular love of operas. But he had had, in his self abnegation as a drunk, an inferiority complex about those people. They moved in a world as far removed from his, as far out of reach as the moon.

Sober, with years of constructive living behind him, he decided to prove a point: He could associate with those people on their own level as one of them!

With his wife, his sponsor and his wife, all dressed fit to kill, as the saying goes, they went to dinner in a big downtown restaurant in a chauffeur driven Cadillac—hired, of course—and then were driven to the red carpet entrance to the best seats. They all enjoyed themselves, but especially our friend who was only proving a point:

He has no ambition to associate with high society, he was not putting on the dog to make an impression on anyone but himself—to demonstrate to himself that it could be done, that a man who a few short years ago was in the gutter could go to the top, or what society considers to be the top.

For this we admire him. First of all he has convinced

(Continued on page two)

THINKING VS. DRINKING

Last month's article in this column titled "Sensible Thinking" was read! When we wrote it, little did we think that it would arouse so much interest and such a wide difference of opinion.

Still, we should have known there would have been decided opinions as to which **was which** on the question, "Do alcoholics have a drinking problem or a thinking problem?" for at the meeting we attended there was no accord.

One person refused to even discuss it. He claimed it was just as **absurd to figure out** which was which as to try to figure out which **came first**, the **chicken** or the egg, though he was sure it must have been the chicken.

One of the letters we received was written by one of my favorite women members. She's been a solid, loyal and devoted member for a goodly number of years, and I've always respected her for her sound **thinking**.

In her opinion, she wrote, "the person putting out these absurd statements 'that we are rebels against an established social order, which indicate wrong thinking,' had better get back to 'keeping it simple!' Maybe a large amount of absolute honesty, along with Step Four might help."

She went on to remind us that many people in mental hospitals have a "thinking problem," yet never had a drink. So without a "drinking problem" how could such a person advancing such opinions qualify for our way of life in AA to begin with?

She went on to state that she had known other people who decided, after some years of sobriety, that

theirs wasn't a drinking problem. But they soon found out the hard way that drinking WAS the problem.

Just for the sake of discussion, let's take up the paragraph beginning with "In her opinion." She called it absurd that anyone should **state** we were rebels against an established social order. We are inclined to agree with the fellow who made that statement.

We have noticed that one of the commonest traits of the alcoholic, from childhood to adulthood, was an instinctive selfish disregard for the rights of others. Most of them resented correction. Most of them were wilfully disobedient.

When alcohol came into the picture, these traits became even more evident. Isn't that rebellion against an established social order? Even before drinking, this rebellion, or wrong thinking, became a problem. Excessive drinking was the natural product then of wrong thinking.

When this fellow honestly and sincerely absorbed Step Four, he found his answer by **changing** his thinking. When his thinking changed his drinking stopped, and he became one of our most active and zealous members.

We can't compare the alcoholic with the mental patient who doesn't drink, for the latter has an illness not self-induced.

So we will probably have to settle for both "thinking" and "drinking." Drinking can only be the result of thinking just as falling can only be the result of stepping off the roof.

Where do we go from here?

LOOK WITHOUT

(Continued from page one)

himself of the progress he has made. He had a goal and he reached it. Because of it we believe he is a better man and a better AA. He underscored an important point that none of us should forget: We can make of ourselves what we will.

G. S. C. DELEGATE REPORT

This being my second and last experience in attending a General Service Conference in New York, here are just a few impressions I would like to leave with you.

1. AA will survive as long as we have enough grass root members who thoroughly understand our Third Legacy — World Service.

2. General Service delegates are the most dedicated people it has been my privilege to know and will never be classed as "rubber stamps."

3. The Twelve Steps are just as simple today as the day they were first put into writing. The methods of "carrying the message" have been considerably improved and enlarged. This improvement will continue as long as we have General Service Conferences.

4. Demands for service are increasing from the outside as well as from our members. General Service Headquarters must meet these demands or we will fail in our obligation to an ever loving God.

5. The guardianship of AA welfare is the responsibility of each member represented by delegates to the General Service Conference. The editing and publishing of AA literature, books and the Grapevine is only one of its great services. Insuring and protecting our anonymity at the public level would not be possible without General Service. Doing the work for the group that the groups cannot do by themselves at the world level such as handling inquiries from medical, penal, personal, publishing, church, television, radio, film, governmental and other groups.

At this year's conference, it was decided to get the reaction of groups as to their wishes relative to changing the ratio of eight non-alcoholic and seven alcoholic members on our Board of Trustees. A poll showed that a considerable majority of the delegates present preferred a change to 9 alcoholic and 9 non-alcoholic members.

The Grapevine lost 6000 subscribers during the last year, due, in the opinion of most delegates, to the fact that most groups do not have some individual designated who is responsible for the renewals and new subscriptions.

The 1957 contributions failed by \$14.918 to meet office and conference expenses. The main reason for failure to meet the obligations is the fact that only 71% of all groups contributed. Fifty eight per cent of all Ohio groups contributed an average of \$1.11 per member. Our fair share responsibility for 1958 is an increase of 50% above our 1957 performance.

The 25th anniversary convention of AA to be held in Long Beach, California, July 1-3, 1960 was approved by the delegates. Final approval and direction of the Convention is in the hands of the General Service Board. Alaska was represented by a delegate for the first time this year, making a total of eighty-two in attendance.

A plan whereby four cents per week per member paid quarterly to the General Service Office was approved, thereby making a more even flow of funds into the treasury possible. (This certainly should cause no hardship on any group.)

Bill W's continued leadership on projects of movement-wide concern was requested and a 100% vote of confidence and appreciation was given him.

A Third Legacy Manual should be in the possession of every member of AA, so that he or she can help place additional value on the priceless privilege of being a member of AA.

I wish to take this opportunity to express my gratitude for the privilege of serving you as a delegate. The experience has been enlightening and I hope I have been able to pass at least some of it on to you.

HOWARD B., Northeastern Ohio Delegate.

TIME OUT FOR HUMANITY

This is the story of men, many men; men of many names; a "collection of human curios" to the average man of the town and city. Derelicts to some, bums to society, outlaws to an enforcement agency and "Knights of the Road" to a writer. I was a writer and these men had a story to tell which I knew I could picture on a canvas of paper and ink.

My association with these men carried me many miles along the Ohio and Mississippi rivers; across country to the dives and skid-rows which are the mecca and haven for the lost, a hideaway and in some cases, the last stop on their forsaken road of life.

Along the river wharves, in alleys, in darkened hallways, and at times under star-sprinkled skies their separate tales were unfolded. Some were humorous, others fanciful stories of almost-greatness, but all were tragic in their dark undertones of lostness and loneliness.

From the rough and calloused to the meek and afraid, they all, in a fashion had the same final ending to their tales: "If I only had another chance," was the theme of each. Each one had lost all hope, all faith, and yet there remained that one enduring belief that things "could be different if only a new chance should miraculously appear."

It seemed to me that most every type of man was or had a counterpart of himself amongst these pieces of drifting and lost humanity. Men who had been doctors, attorneys and one in particular who had been famous on the silent screen, the cross section of our great and small, traveled this same ugly road.

Underlying all was the viciousness of greed and selfishness. Sharing with another meant only that he had drink or food to contribute, preferably drink, which could be a part of what passed as a meal. Our faces reflected the smallness of our being. Yes, I say our faces, for, you see, I too was a part of this pitiful flotsam of human wreckage. Yes, this is a story of many men, or rather their failures and I tried as much or as little as my "brothers" to escape without any real belief that such effort could result in any lasting or satisfying end.

Looking back today, even as I write of this, I still have a feeling of humble gratitude. The experiences gained through the stop-overs and the time-outs, as I think of them, are graven upon my memory. It keeps reminding me of the need to take "Time Out for Humanity." for this is what a wonderful person did for me. This is how I found Alcoholics Anonymous and that other chance.

We who have placed our feet upon the AA road to sobriety have been taught in our twelve steps to forget all of those yesterdays, but not to forget the needy ones who reach out to us for a new outlook on recovery. "For but the grace of God . . ."

The conquest and its challenge is ever great. The fruits of lifting the load and unburdening the heavy-laden are more bountiful and all-rewarding in the glory of our own sobriety and the fellowship of our brothers.

Let us then look up-then look back—and then remember that, "Forgiveness is the perfume cast by the rose upon the foot which crushed it."—Fred C., winner of the Spotlight Award of The Eye-Opener, Ohio Penitentiary publication.

OBITUARIES

Thomas J. Fraser passed away on May 10 from a heart attack. Tom was one of the earliest members of the Borton group, the first Cleveland group, and had been continually active until his death. He will be mourned by many of us who were helped by him.

Mrs. Martin J. McLaughlin passed away on April 24. She was a very active member of the Berea Friday and Trinity groups with her devoted husband, Marty. Our sincere condolences go out to her family.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Brooklyn-Speakers for June are: 1-George H. Brooklyn (his sixth anniversary); 11-Josephine P., Solon; 18-Jimmie K., Gordon Square; 25-Charlie K., Brooklyn (his third anniversary).

Chardon-Since May 1 has been meeting in Pilgrim Christian Church, 113 South Street in Chardon, on Fridays at 9 p. m.

Crossroads-Speakers For June are: 6-Leo E. Stella Maris; 13-Jack B., Brookside; 20-Joe G., Newburgh; 27-Pete G., Parma.

Eastside Morning-Speakers for June are: P-Josephine P., Solon; 11-Tony P., Broadway-Harvard; 18-Evelyn B., Bedford; 25-Ray N. Outhwaite.

Edgelake-When George O'H. takes over as secretary of the AA District Office, he will be replaced by George M., another hard worker, as secretary of the group.

Fairview-Speakers for June are: 3-Andrew H. Westside Y. P.; 10-Eddie D., Fairview; 17-Tom McG., Edgelake; 24-Bill W., Lorain-Thursdays.

Gordon Square-Observes its sixteenth anniversary on Friday, June 20, at 9 p. m., with Jack D., Borton Group, as speaker. Speakers for other Fridays in June are: 6-Vince S., St. Clair-Thursdays; 13-Pat McC., Gordon Square; 27-Eddie B., Lorain-Monday.

Lake County-Speakers for June are: 3-Whitey S., Lake County; 10-Bob G., Willoughby; 17-Ed F., Lee Road; 24-Wally M., Willoughby.

Solidarity-Speakers for June are: 6-Evelyn B., Bedford; 13-Ed McK., Your; 20-Ted S., League Park; 27-Carlston D., Solidarity. To help the Central Bulletin develop its circulation, the group will raffie off a subscription twice each month. (Thanks, Ben!—Ed.)

Trinity-Speakers for June are: 7-Ted S., League Park; 14-Jack S., Lorain-Monday; 21-Margaret G. Superior; 28-Jack S., Superior.

West Park-Speakers for June are: 3-Barbara H., Eastside Women; 10—Dr. York P., Fairmount; 17—John W., Collinwood; 24-Norm C., Edgelake.

West 25th-Speakers for June are: 2-Bill B., Lorain, O., Central; 9—Jack H., W. 25th (his 17th anniversary); 16—Tony P., Broadway-Harvard; 23-Ed B., a recent resident of Florida and a member of BroadwayHarvard; 30—Kitty S., Lee Rd.-Friday.

Your-Speakers for June are: 1-Joe H., St. James; 8—Jim D., Early-Early; 15—Bill M., St. Clair-Thursdays; 22-Fred U., Your; 29-Felix S., Pearl.

Women's House of Correction-Speakers for June are: 4—Marion G., Wednesday-Lee; 11-Ray J., Berea-Thursdays; 18—Hilda H., Women's House of Correction, which is observing her ten years of affiliation with them; 25—Discussion meeting. The last Wednesday of each month will be reserved for discussion and questions and answers.

Refresher Meetings for June: 5-Step and Tradition IX at Berea Thursdays; 13-Step and Tradition X, Lee-Fridays; 21—Step and Tradition XI, Parma; 29-Step and Tradition XII, Outhwaite.

HEAR AA'S FOUNDER

A rare opportunity to hear Bill W., one of the co-founders of AA, is made possible when he comes to Akron on Sunday, June 15, at 2:30 p. m. in Memorial Hall. This huge auditorium will seat many people and we understand that delegations are coming from such distant places as Alabama, Canada, Illinois, and other states. He's well worth hearing!

GIGGLES

The busy executive asked his secretary where his pencil was. "It's behind your year," she replied.

"Come, come," snapped the big shot. "I'm a busy man. Which ear?"

A BULLETIN BOOSTER WRITES

"I was amazed to hear at the last Central Committee meeting that AA's first publication, The Central Bulletin, had only 1200 subscribers in the Cleveland area which boasts about 5,000 members and that close to 600 subscribed from outside of Cleveland, in many states as well as in five foreign countries. In my opinion EVERY member in this area should be a subscriber.

"I personally know that quite a few small groups and some large ones, too-get inspiration as well as text for panel and group discussions from its pages. A growing number of groups include a subscription to the Bulletin among their prizes each week. Some give each new member a free subscription.

"To boost this to-me-necessary Bulletin's subscriber list to where it should be, might I suggest through your columns the idea that if only twenty groups give only one subscription a week for one year, one thousand additional subscribers could be added who would be better informed AA's and the Bulletin would be out of the red."

(Editor's note: Thanks Chuck! We might add that it would help too, if the old subscribers would continue to renew, too.)

OHIO GENERAL SERVICE CONFERENCE

It's time to make plans to attend the second annual Ohio State General Service Conference in Toledo on Friday, Saturday and Sunday, July 18-20, in the Commodore Perry Hotel.

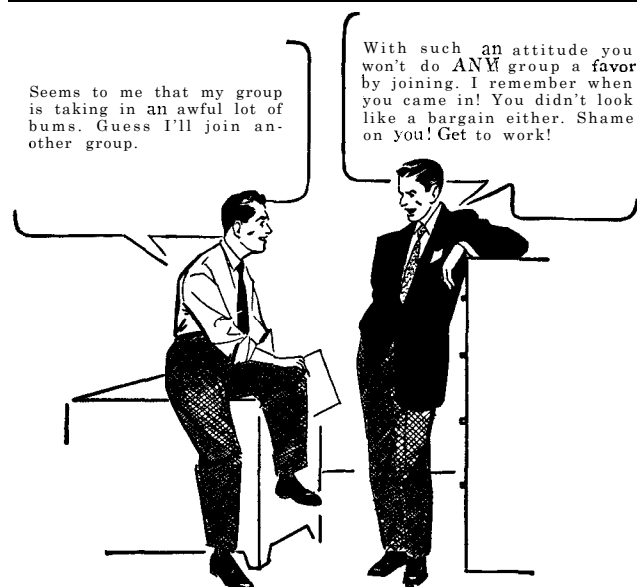
All inquiries relative to registration, tickets for the dinner, hotel reservations, etc., should be sent locally to the Northeastern Ohio Area Registration, 10415 Fidelity Ave., Cleveland 11, Ohio, or by phoning Winton 1-8794. For our out-of-town readers, inquiries should be made to the Conference Committee, P.O. Box 1405, Central Station, Toledo 3, Ohio.

CRAWFORD W. LEAVES POST

Crawford W., executive secretary of Cleveland's AA District Office for many years, tendered his resignation last month because of ill health. His successor was announced at the annual Inter-group dinner on May 20. He is George O'H., who for the past nine years has been the efficient secretary of the Edgelake group.

A mighty good man succeeds a mighty good man.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Wutminster Church,
Cor. Addison and Wade Park 8:30
BORTON-E. Cleveland Congrega. Church,
Page and Euclid Ave. 8:30
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes 7:30
EARLY-Plasterers Union Hall,
1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE-Rocky River Community Cen.,
Wagar & Hilliard, 1st Floor Meeting 8:30
FRIENDLY SUBURBAN-6037 Pearl 8:00
LAKEWOOD (Orchard Grove)-
1417 St. Charles, nr. Detroit 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit 9:00
LEE MONDAY-First Presbyter. Church,
East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd. 9:00
PEARL-Corpus Christi Basement,
4850 Purl Road 8:30
RAMONA-9721 Ramona Blvd. 8:30
SHAKER-Unitarian Church,
Shaker and Belvoir Blvd. 9:00
SOUTH EAST-7526 Broadway 8:30
UNION-East View Congregational Church,
Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marcel Hall,
2858 W. 25th St. 9:00
WOMEN'S-Westside-West Boulevard
Christian Church, Madison and W. 101 8:45
ELYRIA MEN-ST. Agnes Church,
Lake Road at Bath St., Elyria, O. 8:30
JEFFERSON, O.-St. Joseph's Church 8:30
VERMILION-Congregational Church 8:30
WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ARCADE-Typographical Union Hall,
1559 East 17th (near Payne Ave.) 9:00
CLARK-1917 Clark Ave. 8:30
CLOVER-(Women)-E. 46th, So. of Scovill
Portland-Outhwaite Center 8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant 8:00
EUCLID-WADE-Calvary Presbyterian
Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry 9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave. 9:00
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave. 8:45
LAKE SHORE-Lakewood Congregational,
1376 W. Clifton, corner Detroit 8:30
MAY-LYND-Kenny King's Restaurant,
May-Land Shopping Cen., Mayfield Hts. 8:30
MILES-LEE-Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave. 8:30
SMITH-WILSON-Nativity School,
9510 Aetna Road 8:30
SUPERIOR-North Presbyterian Church,
E. 40th and Superior 9:00
WEST PARK-Puritas Lutheran Church,
Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.-First Presbyterian Church,
Corner Church and Third Streets
8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday 8:30
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch., Rt. 20, E. So. Wood, Mentor 8:30
LORAIN CENTRAL-Lorain, O.
Trinity Church 8:30
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian. Across from Post Office 8:30
STRONGSVILLE-Tuesday, Town Hall 9:00

WEDNESDAY

ALCAMELAN Sportsmen, 1142 Buhner,
3rd Wednesday each month 8:30
BAXTER-4437 Broadway 8:30
BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd. 8:30
C. E. I.-Illuminating Co.,
Room 355-Rear Building 8:30
COLLINSWOOD-945 E. 152nd St. 8:30
DENISON MEN-7403 Denison Ave.
(first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St.,
Second floor, side entrance 9:00
EAST SIDE MORNING-
2028 East 105th St. 10:30 A.M.
GARFIELD HEIGHTS-Trinity Baptist,
E. 94th and Garfield Blvd. 8:30
HAGUE-W. 67th and Hague Ave.
(First Street South of Lorain Ave.) 8:30
LEE ROAD-Fir & English Lutheran,
Derbyshire and Euclid Hts. Blvd. 8:30
LORAIN AVE.-S.S. Philip & James Hall,
3689 Bosworth Road 9:00

ST. JAMES-Mt. Calvary Baptist Church,
E. 103rd St. and Cedar 8:15
ST. MARY-400 North St., Chardon, O. 8:30
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension 8:30
WARRENSVILLE-Women's House Cor. 7:30
WEDNESDAY NIGHT DISCUSSION
13806 Ardenall Ave. 8:00
WOMEN'S-Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
ASHTABULA CONSOLIDATED-
Geneva, O., 1st Wed. each month,
American Leg. Hall, Eagle and Park 8:00
BEDFORD, O.-Y.M.C.A., Tarbell Ave. 8:30
CONNEAUT MEN-Conneaut, Ohio
B. of L.E. Hall, Whitney Block, Main St. 8:30
ELYRIA, O.-St. Mary's Church Basement,
Middle Ave. at Fourth St. 8:30
FAIRPORT HARBOR-St. Michael's Ch.,
630 Plum St., Fairport Harbor 8:00
LORAIN, O.-Methodist Ch. 6th & Reid 8:30

THURSDAY

ALLEN-5927 Euclid Ave. 8:00
ALLENDALE-St. Paul's Episcopal
Church, 15837 Euclid Ave. 8:30
ANGLE-St. Malachi's Church,
2549 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall 8:30
BUHRER-1142 Buhner Ave. 9:W
CORLETT MIXED-Holy Family School,
3845 E. 131st at Chapelside 9:00
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd. 8:30
CRILE HOSPITAL-Library 8:00
EAST SHORE WOMEN-First Baptist Ch.,
1565 Chardon Rd. near Euclid 8:30
HAWTHORNDEN STATE HOSPITAL,
Macedonia, O., Basement of New
Employees Bldg. 8:00
LAKEWOOD-Thurnite-St. Peter's Epis.,
W. Clifton and Detroit Ave. 8:30
NO. OLMSTED-Saulich's Nursing Home,
27048 Lorain Road 8:30
OUTHWAITE-Woodland Center,
7100 Kinsman Ave. 8:30
PARMA HEIGHTS-6400 Pearl Road,
Laux Realty Basement (rear) 8:30
ROCKY RIVER-Rockport Methodist,
Church, 3310 Wooster Road 9:00
ST. CLAIR-THURSDAY-Glenville Cong.
Church, (side ent.) St. Clair & Eddy Rd. 9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O. 9:00
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Euclid Rd. 9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St. 8:30
ASHTABULA HARBOR-1463 W. 5th 8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset 9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
9205 Superior Ave. 8:30
BROADWAY-HARVARD-8437 Broadway-9:00
CEDAR-Salvation Army, 5005 Euclid 8:15
CROSSROADS-St. Paul Church,
4427 Franklin Blvd. 8:30
EUCLID FRIDAY-Holy Cross Church
E. 200 and Lake Shore Blvd. 8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room 8:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St. 9:00
LAKEWOOD WOMEN-St. Peter's Epis. 1
18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD-American Legion Hall,
Post 163, 15544 Euclid Ave. 9:00
NORTH EAST-St. Agatha's Church Hall,
1269 Lakeview Rd. 8:30
ROSARY HALL-Jordan Hall
Charity Nurses Auditorium 8:30
SOLIDARITY-Hubbard Memorial center
E. 84th and Cedar 8:45
STELLA MARIS MIXED
1320 Washington Ave. 8:15
ROSARY HALL AUXILIARY
Rosary Hall, Charity Hospital 8:30
TAPCO-23555 Euclid Ave. 9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE-
Lkwd. Cong. Ch., 1375 W. Clifton 9:00
AVON LAKE-First Congregational Church,
32801 Electric Blvd. 8:45
BEREA-Social room of Berea Cong.
Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion,
E. Orange St. 8:30
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O. 9:00

CONNEAUT, O.-B. of L. E. Hall 8:30
ELYRIA-(Mixed)-Alconon Club,
345 Broad St., Elyria, Ohio 8:30
LORAIN, O.-Mt. Zion Baptist Church,
30th and Wood Streets 8:30
WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway 8:30
FOREST CITY-6619 Denison Ave. 9:00
JACK & HETNTZ-17600 Broadway 8:00
LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave. 9:00
LIBERTY-945 E. 152nd St. 9:W
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TA LBOT-St. Philip Neri Church,
E. 82nd and St. Clair 8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA-St. Charles Church, basement,
Corner Ridge Rd. and St. Charles 8:45
PLAINS-Grace Episcopal Church-
Rte. 20 near Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole 8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St. 8:30
VALLEY VIEW-Community Center,
West 7th and Starkweather 8:30
8005 GROUP-8805 Lorain Ave. 8:30
ASHTABULA, O.-St. Peter's Epis. Church,
Main Avenue at South Park 8:30
ELYRIA SATNITE-Alconon Club,
345 Broad St., Elyria, O. 8:30
SOLO, O.-St. Rita's High School 9:00
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21 8:30
WINDSOR, O.-Community Hall 9:00

SUNDAY

ALLAMERICAN Sportsmen 1142 Buhner
1st Sunday each month 4:00
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue 10:45 A.M.
COLLINSWOOD-945 E. 152nd St. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
DETROIT SUNDAY-
83 Detroit Ave. Detroit 7:30 P. M.
LIBBY ROAD-St. Wencesas Church,
17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED-
First Sunday of each month, Alconon
Club, 345 E. Broad St., Elyria 7:30
MISTLETOE-St. Thomas Church,
9205 Superior Ave. 7:00
NEWBURY-St. Helena's Church, Rt. 87 8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St. 8:30
OUTHWAITE-7100 Kinsman 4:00
STELLA MARIS-Sunday Training Meeting,
1320 Washington Ave. 3:00
SUPERIOR STAG-8801 Superior 11 A.M.
YOUR-1565 Chardon Rd., Euclid, O. 7:15
WARRENSVILLE-Cooley Park 10:00 A.M.
CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O. 8:30
CONNEAUT WOMEN-St. Mary's Hall
Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.-Legion Hall, Park St.,
corner of So. Eagle 7:30

NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or approval)

Alcoholics Abstinence Nursing Home (MW)
MEIrose 1-1635 8023 Detroit Ave.
Al-Ju, Inc. (MW) 28707 Euclid Ave.
Whitney 4-2244 Wickliffe, O.
Cleveland Alcoholics Clinic (MW)
EXpress 1-8998 7809 Euclid Ave.
Dorothy McCauliffe Alcoholics Clinic (M)
Atlantic 1-3353 8304 Detroit Ave.
Elmwood Sanitarium (M)
KENmore 1-2299 17322 Euclid Ave.
Euclid Rest Haven (MW) ULater 1-6296
and MULberry 1-9584, 13240 Euclid Ave.
Farquharson's (M) TUXedo S-1882-6037 Pearl
Serenity Hall, Bay View Hospital (W)
EDison 1-2500 23200 Lake Shore Ave.,

AA CLEVELAND DISTRICT OFFICE

205 Frederick Bldg., 2063 E. 4th St. CH 1-7387

1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE-
Hanna Building, Room 370 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE-
Hanna Building, Room 370 8:30

SPIRITUAL HEALING

More and more earnest people are talking about and turning to spiritual healing. The Founder of the Christian religion wrought wonders in making people whole. The faculty to relieve physical suffering was widespread in the early days of this era. The necessity of such a mission was enjoined on the followers of the Nazarene. But in later days the practice fell into disuse: probably because man became ever more preoccupied with subsistence and material things.

Today not only gifted clergymen, but physicians are gradually returning to the practice and with astounding results. Being men of science the doctors give it a mundane name: psychosomatic medicine. This means something that pertains to both the mind and the body.

In a less discerning time people drew a sharp line, a gulf of cleavage, between the physical and the spiritual. Today we see that they are facets of the same Power. Where, in a day of shattered atoms and the invasion of outer space does the scientific leave off and the spiritual begin? The same Force which created the material universe is the Power which placed that spark of divinity in man. It is all the same under different aspects.

From this approach the truth of the Biblical injunction that "as a man thinketh, so is he" becomes clear and meaningful.

Spiritual healing may be, then, just as scientific as medicine and medicine just as spiritual as one's faith will allow.

Overcoming the limitations of definitions which too often can immerse us in mental ruts, we should be aware that the greatest example of spiritual healing in modern times is the creation and growth of Alcoholics Anonymous.

Nowhere can a greater demonstration of the interlocking connection of the mental and the physical and the spiritual be found.

We believed in the omnipotence of a Higher Power and that the Higher Power made us whole again.

It is not necessary to go back to Bible stories to find accounts of healing miracles. There are hundreds of thousands of them in the membership of A. A.

As man in these complex and tense days learns to return to that abiding Power which transcends all temporal affairs, he will come to look back on the founding of Alcoholics Anonymous as one of the most astounding pioneer developments in man's attempt to find himself.

The authors of the Twelve Steps were as inspired as any writer of old when, possibly with unconscious foresight, they talked about the need for a religious experience. This can come in many ways. It may not be sudden. It need not be denominational. But it must be a recognition of the unfailing source of Power that has in its keeping all the laws and manifestations of the universe whatever we call them.

Without the honest and desired application of what is now called spiritual healing none of us would have found this new life we enjoy. It has rid us of one of the worst diseases, one of the most complicated, that has afflicted

(Continued on page two)

THREE TYPES

Many people have been attracted to AA since 1935 when Bill and Doe were chosen by God to bring hope and sanity to thousands upon thousands of alcoholics over the entire world.

Just how many no one will ever know, though it is estimated that there are approximately 200,000 members in the Fellowship at the present time.

"But," someone asked us recently, "how many of them remain on the program consistently? I know of several who joined, who stayed sober for a while, but now are drinking again. Do you count them among your 200,000?"

We were forced to admit that there were all too many casualties . . . that AA never failed if the patient honestly and doggedly followed the program.

We explained that there were three types or classes of members. A great number have never taken another drink since they embraced the program. In the beginning it was estimated that these constituted 85% of the Fellowship.

This percentage was so amazing to a world which had given up trying to cope with the alcoholic that it began to ask questions. Soon the miracle was publicized and a flood of inquiries occupied the time of the early members.

None, or very few, had been trained to intelligent sponsorship and it was not long before relapses became a problem to most of the early groups. While AA mushroomed in growth, many problems met the groups on what attitude to take on the 'slipper.' Should they deny him the right of re-entry? By no means, most agreed.

We must practice tolerance and patience, and by example arouse his latent decent instincts.

During the years that have passed, thanks to mature judgment and inspired leadership by our founders, a realistic set of principles called the 12 Traditions were adopted and group practice has been generally uniform throughout the world.

It is our humble opinion that there are three classes of members: I-Those that never have taken a drink since joining. II-Those who have had one or two relapses. III-Those who never seem to be able to stay sober for long and have repeated relapses.

The third group, again in our opinion, are very important to us, though they cause us many headaches and endless inconvenience.

Important? Certainly they are! They do our experimenting for us. They teach us to treasure our undeserved gift, by awakening in us a realization that we too could lose what we have gained by being steadfast.

These unfortunates should awaken a spirit of compassion and gratitude and make us more understanding and sympathetic as well as anxious to help, particularly when they have come to us for guidance.

You may be just the one whom God has chosen to restore him to decent society.

We have been given a terrible responsibility! Are we up to it?

SPIRITUAL HEALING

(Continued from page one)

mankind through the ages. It is complicated because it is mental and physical and because it wallows and batters in an absence of spiritual light. Once we let the light come in we are on the road to recovery, we have found a new world that anyone can enter if he believes.

OBITUARIES

Asa Esmond, a sixteen year member and one of the organizers of Collinwood group passed away on June 15. He is survived by his wife, Blanche, and two adult sons. "Ace," as he was fondly called, was truly the ace of his group and will be sorely missed by many AAs in this area.

Mrs. Arthur Stain, known better by her pen name of Sue Sterling, was an exceedingly active and loyal member of the Orchard Grove group, though she was not an alcoholic. Her surviving husband, Arthur, served as secretary of the group for several years. Her many friends mourn her loss. She passed away on April 24 after a short illness.

Lt. Philip Saginor, one of Cleveland's colorful AA personalities and a member of the Lee Road Friday group, passed away on May 29. He was surprisingly active for his 78 years and attended meetings practically every night in the eastside area. He was also active in veterans organizations. He is survived by his wife, Polly, two sons and three daughters.

Clyde Hastings, a loyal and hard working member of the West Park group, passed away on May 22. To the members of the group, Clyde was more than a friend because of his warm and out-going personality and interest in everyone. He will be sorely missed by the many friends who were influenced by his sound philosophy.

Earl Jones, husband of Hortense, passed away to his eternal reward on May 8. Earl was not an alcoholic, but was regular in attendance at Allendale where he made "the best coffee in Cleveland" for many years. He also chauffeured many AAs to meetings in all sectors of this area. Our deepest sympathy goes out to Hortense.

NURSING HOME CHANGES HANDS

Alcoholic Abstinence Nursing Home at 8023 Detroit Avenue is operating under new management and is being completely modernized and renovated. The new owners are Lester K. and Frank E., the latter the former secretary of the Stella Maris group.

Included in the new set-up will be mechano-therapy treatment, massage, steam baths, etc., under the supervision of Dr. Carl Lotz.

Another important addition is a new lounge and meeting room. Visitors are urged to inspect the improved facility.

ALANON GROUPS

Cleveland now has four Alanon groups who meet each week. These groups are composed of spouses of AA members who have found that they have problems of their own. They have their own Twelve Steps of Recovery and have found them most effective in re-establishing a happy, contented, Christian home life.

These groups and their meeting places are now listed with AA group listings on page four.

McTavish: 'Tis a fine lad ye have here. A magnificent head and noble features. Could you lend me a couple of dollars?

McIntosh: I could not. 'Tis me wife's child by her first husband.

PIGS MAKE PEOPLE OF THEMSELVES

A drunkard acts like a drunkard, even if he's a lamb. And the same thing goes if he's a dog, mule, pig, ape or an ordinary bumble bee.

Any of them, just like human beings, can become chronic alcoholics, says Dr. Maurice Pruitt, an expert on the subject.

Pruitt, of Chattanooga, Tenn., a specialist in treating addiction to drugs or alcohol, has amassed many case histories of animal dope fiends and boozers.

"The cases contradict the old opinion that addiction arises from moral or psychological deficiencies," he said, citing the scientific point of his studies.

"People or animals drink because they drink. They drink today because they drank yesterday. It's a physical affliction-not a character defect."

To back up his position, Pruitt trots out a whole stable of instances in which nature's simple beasts became sots and drug-cravers, with accompanying habits of riotous living.

"I heard of one bunch of pigs that kept breaking into a still," he said. "I don't know what it proves unless it's that pigs were making people out of themselves."

"Their reactions are very similar to that in man," he said. "They forsake their responsibilities."

Even the birds and bees do it, as well as the ordinarily industrious ant, he said in an interview.

As for the bees, Pruitt told of some hives in Tennessee that began feeding on a moonshiner's still.

"As a result," he said, "they neglected their work, didn't gather enough honey, and when winter came, they began dying out."

A similar fate often befalls dens of ants, he said. They become intent on swilling intoxicating "honey dew" from a store of plant aphids and butterfly larva.

"The ants have had this problem . . . longer than we have," he said. "That's because they've existed longer."

He told of dogs that went from saloon to saloon begging drinks, of a whisky thirsting Tennessee mule, or a morphine-addicted coon, a hard-drinking pigeon, and a dog that would break into a doctor's office to get dope.

"They get it if they can," he said.

Then there are the Malayan orangutans, usually faithful spouses, who imbibe of a certain "durian fruit," and turn pugnacious and promiscuous.

-Reprint from Cleveland News (AP)

ANNUAL EUCLID-WADE PICNIC

The annual AA picnic co-sponsored by the Euclid-Wade, League Park and Friday-Lee groups will be held on Sunday, July 6, at Wiegand's Lake Park, Novelty, Ohio, on Route \$7, just past Chillicothe Road in Russell Center.

A crowd of 400 or more AAs, their families and friends is again expected, offering a marvelous opportunity for renewing old acquaintances as well as having a great time.

Wiegand's Lake Park is one of Ohio's finest picnic spots. It is spotlessly clean, has all conveniences such as plenty of shaded tables, fireplaces, swings, slides, sand boxes, swimming, boating, etc.

There will be games and prizes for young and old as well as dancing from 6 p.m. to 9 p.m.

Everyone in AA is welcome to attend.

CANADIAN PICNIC

If you are planning on a Canadian trip in mid-June, and are in reaching distance of Midland, Ontario, you will be welcomed at the annual Midland-Penetang picnic in Penetang Town Park, one of Ontario's famous summer spots on Sunday, July 13.

Bring your picnic baskets and your swim suits. The proverbial coffee pot will be kept full for everyone.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Ansel Road-Speakers for July are: 4—John P., Addison; 11—Don K., St. Clair Thursday; 18—Dan H., Windsor; 25—Jean C., Eastside Morning.

Brooklyn-Speakers for July are: 2—Bill T., Akron, O.; 9—Howard B., Independence; 16—Wyn W., Lee Wednesday; 23—Jerry W., Brooklyn (his 13th anniversary); 30—A panel of four women.

Crossroads-Speakers for July are: 4—Joe H., St. James; 11—Jerry W., Valleyview; 18—Dorothy McA., Detroit Sunday; 25—Steve F., Valleyview.

Eastside Morning-Speakers for July are: 2—Jimmy D., Early-Early; 9—Kemble M., group not known; 16—Calvin S., Outhwaite; 2—Tom R., League Park; 30—Gus T., Baxter.

Fairview-Speakers for July are: 1—Tom T.; Lorain Thursday 8—John O'N.; 15—Jack M., Parma; 22—Mildred M., Westside Women; 29—Tom V., Brooklyn.

Hague—This group's meeting place was destroyed by fire this spring. They now meet in Grace Congregational Church Assembly Hall, W. 65th and Colgate. They meet on Wednesdays at 8:30 p.m.

Lake County-Speakers for July are: 1—Matt G., Newbury, O.; 8—Sam M., Hilltop; 15—William C., Erie, Pa.; 22—Charles B., Erie, Pa.; 29—Harold M., Meadville, Pa.

Liberty-Speakers for July are: 5—John T., Doan Men; 12—Gus T., Baxter; 19—Whitey C., St. Clair Thursday; 26—Jimmy T., Allendale.

Memphis-Speakers for July are: 5—Joe F., Hilltop; 12—Lee M., Brookside; 19—Bud C., Newburgh; 26—Dick P., Newburgh.

Mistletoe-Speakers for July are: 6—Harvey S., Redwood; 13—Frank K., Union; 20—Gregory G., Lake Shore; 27—Ted S., League Park.

Parma-Speakers for July are: s B ton, O.; 12—Dr. Vincent M., Akron, O.; 19—No meeting, Church bazaar. 26—Franklyn S., Doan Men. Parma's eleventh anniversary meeting will be held on August 2 in Veterans Memorial Building, Ridgewood Drive and Ridge Road. Speaker will be Spencer I., Wednesday-Lee.

St. Clair Thursday-Speakers for July are: 3—John H., Angle, (Jonesy's 9th anniversary); 10—Jack McG., Charity; 17—Tom J., Charity; 24—Jack D., Early-Early; 31—Roy W., Charity.

Trinity-Speakers for July are: 5—Tony W., Elyria (his twelfth anniversary); 12—Helen S., Lakewood Women; 19—Clarence S., Lake Shore; 26—Albert S., League Park.

West Park-Speakers for July are: 1—Elmer L., West Park; 8—Panel Discussion-Questions and Answers; 15—Spencer I., Lee-Wednesday; 22—Jack S., Superior; 29—Vincent S., St. Clair Thursday.

West 25th-Speakers for July are: 7—Lee H., Lorain, O., Central; 14—Hilda H., Warrensville; 21—John D., Brookside; 28—Jack B., Brookside.

Women's House of Correction-Speakers for July are: 2—Crawford W., Chardon; 9—Kitty M., Strongsville; 16—Henry W., Euclid-Wade; 23—Howard B., Independence; 30—Questions and Answers.

SECOND ANNUAL OHIO GSC CONFERENCE

The second annual Ohio General Service Conference, embracing all four sectors of Ohio, will meet in Toledo at the Commodore Perry Hotel in a three day meeting from Friday, July 18 to Sunday, July 20.

There will be five big open meetings, a banquet, dance, a meeting for members only and at the same time one for non-members conducted by the Alanon Family groups and finally a meeting for women AAs only. All activities will be held in the Commodore Hotel.

Now is the time to contact your G. S. Representative, Committeeman or group secretary. Registry is \$2.50. Banquet ticket, \$5.00.

SILLY RUMORS

One of the most fantastic rumors Central Bulletin has to correct repeatedly is that the printer-editor, reaps a net profit of \$20,000 per year in publishing this paper. We sure wish it were true! The facts are that we are nearly \$400 in the red.

According to the rumor, we publish 2000 Bulletins each month at a dollar per subscription. Twelve times 2000 at one dollar equals \$24,000. Cost, figured liberally, should be \$4000. Balance \$20,000.

Actually we print 2200 copies. Paid subscriptions number 1700 which bring us \$1700 per year. Publishing costs are \$1200, 21,000 envelopes cost \$150, postage for twelve months costs \$360, reminder and subscription cards, \$50, addressograph plates cost six cents each. Figure it out yourself.

All subscriptions are paid in advance. Accordingly we are much more in the red than the \$400 indicated, for we must continue to publish until the subscriptions expire.

What we need is at least five hundred more subscribers. The additional printing costs would be negligible. Our only major expense each month would be postage and envelopes.

We are deeply grateful to several devoted AAs who have "seen the light" and are bringing in new subscriptions as well as re-activating lapsed subscriptions. Notable among them is T. J. S., of the Doan Men's group who has brought in twenty during the past two weeks. Several others have been effectively scotching the silly rumors and are urging people to subscribe.

We love 'em all. We'll continue to do our part. We'll continue to keep our dedicated behind-the-scenes workers happy — Spencer I, who writes those gems on column one, page one each month, our lovely wife, Louise, who addressographs 1700 envelopes each month, Ruth V. and Wilma O'N., who twice each month spend precious evening hours on keeping the subscription file up to date.

Nobody makes any money, but we all stay sober!

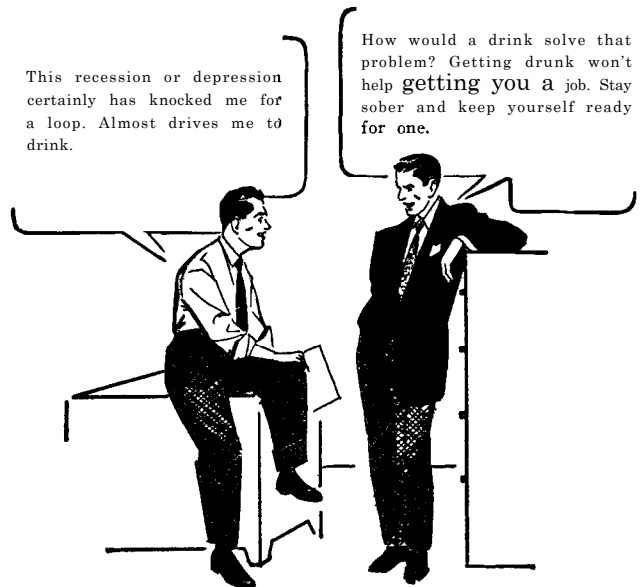
FOUNDERS DAY

Over 2000 AAs attended the annual Founders Day meeting in spacious air-conditioned Memorial Hall and were rewarded with one of Bill W.'s best talks. Other speakers were Bill's beloved wife, Lois, and Ethel M. of Barberton. Visitors from many states attended.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

This recession or depression certainly has knocked me for a loop. Almost drives me to drink.

How would a drink solve that problem? Getting drunk won't help getting you a job. Stay sober and keep yourself ready for one.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church, Cor. Addison and Wade Park 8:30
BORTON-E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BRECKSVILLE VETERANS HOSPITAL, Broadview and Oakes 7:30
EARLY-EARLY-Plasterers Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:00
EDGEKAG-Rocky River Community Cen., Wagar & Hilliard, Dinner 7; Meeting 8:30
FRIENDLY SUBURBAN-6037 Pearl 8:00
LAKEWOOD (Orchard Grove)—1417 St. Charles, "r. Detroit 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-St. Ignatius Hall, Lorain Ave. at West Blvd. 9:00
PEARL-Corpus Christi Basement, 4850 Pearl Road 8:30
RAMONA-9721 Ramona Blvd 8:30
SHAKER-Unitarian Church, Shaker and Belvoir Blvd. 9:00
SOUTH EAST-7526 Broadway 8:30
UNION-East View Congregational Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall, 2858 W. 25th St. 9:00
WOMEN'S-Westside-West Boulevard Christian Church, Madison and W. 101 8:45
ELYRIA MEN-St. Agnes Church, Lake Road at Bath St., Elyria, O. 8:30
JEFFERSON, O.-St. Joseph's Church 8:30
VERMILION-Congregational Church 8:30
WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ARCADE-Typographical Union Hall, 1559 East 17th (near Payne Ave.) 9:00
CLARK-1917 Clark Ave 8:30
CLOVER (Women)-E. 46th, So. of Scovill, Portland-Outwaite Center 8:30
EAST SIDE WOMEN-11205 Euclid, Church of the Covenant 8:00
EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK-Fairview Grace Church, W. 224th and Lorain Ave. 9:00
HILLTOP-St. Joseph's Seminary, 17608 Euclid Ave. 8:45
LAKE SHORE-Lakewood Congregational, 1376 W. Clifton, corner Detroit 8:30
MAY-LYND-Kenny King's Restaurant, May-Land Shopping Cen. Mayfield Hts. 8:30
MILES-LEE-Mt. Hope Lutheran Church, E. 164th, north of 82nd Ave. 8:30
SMITH-WILSON-Nativity School, 95 10 Aetna Road 8:30
SUPERIOR-North Presbyterian Church, E. 40th and Superior 9:00
WEST PARK-Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.-First Presbyterian Church, Corner Church and Third Streets 8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED-Methodist Church, South Broadway Geneva, Ohio-First Tuesday 8:30
LAKE COUNTY-Fellowship Hall, Methodist Ch., Rt. 20, E. So. Wood, Mentor 8:30
LORAIN CENTRAL-Lorain, O. Trinity Church 8:30
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Presbyterian, Across from Post Office 8:30
STRONGSVILLE-Tuesday, Town Hall 9:00

WEDNESDAY

ALL-AMERICAN Sportsmen, 1142 Buhrer, 3rd Wednesday each month 8:30
BAXTER-4437 Broadway 8:30
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
C. E. I.-Illuminating CO., Room 355-Rear Building 8:30
COLLINWOOD-945 E. 152nd St. 8:30
DENISON MEN-7403 Denison Ave. (first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St., Second floor, side entrance 9:00
EAST SIDE MORNING-2028 East 105th St. 10:30 A.M.
GARFIELD HEIGHTS-Trinity Baptist, F 94th and Garfield Blvd. 8:30
HAGUE-Grace Cong. Assembly Hall, West 65th and Colgate 8:30
LEE ROAD-First English Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
LORAIN AVE.-S.S. Philip & James Hall, 3689 Bosworth Road 9:00

ST. JAMES-M+ Calvary Baptist Church, E. 103rd St. and Cedar 8:15
ST. MARY-400 North St., Chardon, O. 8:30
TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE-Women's House Cor. 7:30
WEDNESDAY NIGHT DISCUSSION-(Stag) 1386 Ardenall Ave. 8:00
First street south of Shaw & Hayden
WOMEN'S-Lorain County-St. Vincent De Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
ASHTABULA CONSOLIDATED-Geneva, O., 1st Wed. each month, American Leg. Hall, Eagle and Park 8:00
BEDFORD, O.-Y.M.C.A., Tarbell Ave. 8:30
CONNEAUT MEN-Conneaut, Ohio B. of L.E. Hall, Whitney Block, Main St. 8:30
ELYRIA, O.-St. Mary's Church Basement, Middle Ave. at Fourth St. 8:30
FAIRPORT HARBOR-St. Michael's Ch., 630 Plum St., Fairport Harbor 8:00
LORAIN, O.-Methodist Ch., 6th & Reid 8:30

THURSDAY

ALLEN-5927 Euclid Ave. 8:00
ALLENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGLE-St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes School Hall 8:30
BUHRER-1142 Buhrer Ave. 9:00
CORLETT MIXED-Holy Family School, 3845 E. 131st at Chapelside 9:00
COVENTRY-F.& Mount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CRILE HOSPITAL-Library 8:00
EAST SHORE WOMEN-First Baptist Ch., 1565 Chardon Rd., "ear Euclid 8:30
HAWTHORNDEN STATE HOSPITAL, Macedonia, O., Basement of New Employees Bldg. 8:00
LAKEWOOD-Thurnite-St. Peter's Epis., W. Clifton and Detroit Ave. 8:30
NO. OLMSTED-Saulich's Nursing Home, 27048 Lorain Road 8:30
OUTHWAITE-Woodland Center, 7100 Kinsman Ave. 8:30
PARMA HEIGHTS-6400 Pearl Road, Laux Realty Basement (rear) 8:30
ROCKY RIVER-Rockport Methodist, Church, 3310 Wooster Road 9:00
ST. CLAIR-THURSDAY-Glenview Cong. Church, (side ent.) St. Clair & Eddy Rd. 9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church, Church St., North Amherst, O. 9:00
BEREA-Fine Arts Club, E. Bagley Ed., 3 doors east of Eastland Rd. 9:00
EAST LAKE-Bethel Lutheran Church, 32400 Vine St. 8:30
ASHTABULA HARBOR-1463 W. 5th 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 8:30
BROADWAY-HARVARD-8437 Broadway 9:00
CEDAR-Salvation Army 5006 Euclid 8:15
CROSSROADS-St. Paul Church, 4427 Franklin Blvd. 8:30
EUCLID FRIDAY-Holy Cross Church, E. 200 and Lake Shore Blvd. 8:30
FRIDAY AFTERNOON WOMEN-Plymouth Church, Coventry and Drexmore, Krumbine Room 1:00
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 9:00
LAKEWOOD WOMEN-St. Peter's Epis. 18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD-American Legion Hall, Post 163, 15544 Euclid Ave. 9:00
NORTH EAST-St. Agatha's Church Hall, 1269 Lakeview Rd. 8:30
ROSARY HALL-Jordan Hall, Charity Nurses Auditorium 8:30
SOLIDARITY-Hubbard Memorial Center, E. 84th and Cedar 8:45
STELLA MARIS MIXED, 1320 Washington Ave. 8:15
ROSARY HALL AUXILIARY, Rosary Hall, Charity Hospital 8:30
TAPCO-23565 Euclid Ave. 9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE-Lkwd. Cong. Ch., 1375 W. Clifton 9:00
AVON LAKE-First Congregational Church, 32801 Electric Blvd. 8:45
BEREA-Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
CHARDON-Pilgrim Christian Church, 113 South Street, Chardon, O. 9:00
ELYRIA-(Mixed)-Alconon Club, 345 Broad St., Elyria, Ohio 8:30

CONNEAUT, O.-B. of L. E. Hall 8:30
LORAIN, O.-Mt. Zion Baptist Church, 30th and Wood Streets 8:30
WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran Church, Cable at Broadway 8:30
FOREST CITY-6619 Denison Ave. 9:00
JACK & HEINTZ-17600 Broadway 8:00
LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave. 9:00
LIBERTY-945 E. 152nd St. 9:00
MAPLE HTS.-Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
MEMPHIS-Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA-St. Charles Church, basement, Corner Ridge Rd. and St. Charles 8:45
PLAINS-Grace Episcopal Church, Rte. 20 "ear Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-St. Peter's Episc. Church, Main Avenue at South Park 8:30
ELYRIA SATNITE-Alconon Club, 345 Broad St., Elyria, O. 8:30
SOLON, O.-St. Rita's High School 9:00
WEST RICHFIELD-Consolidated Church, Route 303, just west of Route 21. 9:00
WINDSOR, O.-Community Hall 9:00

SUNDAY

A&AMERICAN Sportsmen 1142 Buhrer 1st Sunday each month 4:00
BROOKSIDE-Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms, 7809 Euclid Avenue 10:45 A.M.
COLLINWOOD-945 E. 152nd St. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
DETROIT SUNDAY-8304 Detroit Avenue 7:30 P.M.
LIBBY ROAD-St. Wenceslas Church, 17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED-First Sunday of each month, Alconon Club, 345 E. Broad St., Elyria 7:30
MISTLETOE-St. Thomas Church, 9205 Superior Ave. 7:00
NEWBURY-St. Helena's Church, Rt. 87 8:15
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAIT 67100 Kinsman 4:00
STELLA MARIS-Sunday Training Meeting, 1320 Washington Ave. 3:00
SUPERIOR STAG-8801 Superior 11 A.M.
YOUR-1565 Chardon Rd., Euclid, O. 7:15
WARRENSVILLE-Cooley Farms Recreation Room 10:00 A.M.
CHIPPewa-SEVILLE-V.F.W. Hall, Seville, O. 8:30
CONNEAUT WOMEN-St. Mary's Hall, Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.-Legion Hall, Park St., corner of So. Eagle 7:30

AVALON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church, E. 79th and Euclid 8:30
BETHANY-Bethany Presbyterian Church, 6415 Clinton Ave. 8:30
SOUTH EAST-Luth.-Church of Covenant, Libby Rd. & Maple Hts. Blvd. Thurs. 8:30
CHARITY-St. Vincent Charity Hospital, E. 22nd and Central 8:30

NURSING HOMES THAT TREAT ALCOHOLICS

Alcoholics Abstinence Nursing Home (MW) MEIrose 1-1635 8023 Detroit Ave.
Al-Ju, Inc. (MW) 28707 Euclid Ave.
WHITNEY 4-2244 Wickliffe, O.
Cleveland Alcoholic Clinic (MW) Express I-8998 7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M) Atlantic 1-3353 8304 Detroit Ave.
Elmwood Sanitarium (M) Kenmore I-2299 17322 Euclid Ave.
Farquharson's (hf) TUXedo 5-1882 6037 Pearl
Serenity Hall, Ray View Hospital (W) Edison 1-2500, 23200 Lake Shore Rd.

AA CLEVELAND DISTRICT OFFICE 205 Frederick Bldg., 2063 E. 4th St. CH I-7307
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE Hanna Building, Room 370 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COYITTEE Hanna Building, Room 370 8:30

CENTRAL BULLETIN



Vol. XVI-No. 10

BOX 6712, CLEVELAND 1, OHIO

July 1958

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15

TEN CENTS PER COPY

WHO BLOCKS YOU?

There is an old parable written many years ago by a sage in Central Europe which is timeless. It will have point as long as man exists. It runs as follows:

"Have you ever seen a horse drink at a brook? It strikes out with its front hoofs. Why this? It sees its own reflection and thinks that it is another horse that wants to drink up its water. But it is given to you to know: that in no other than yourself, you yourself stand in your way!"

Had the author of that story been alive today we would say that either he was a member of Alcoholics Anonymous or very acquainted with the philosophy and the intent of the Twelve Steps.

The times are innumerable when, in drinking days, we acted like the horse. It was the other fellow who was to blame for what we did. We struck out at him. We fretted and worried because those sober ones would not leave us alone. They were always after us and we were embittered and we justified what we did because of them.

Not until we attained sobriety did we realize that these "others" were wholly imaginary, that they were reflections of our own thinking, our own defects of character, and we were using them as excuses and alibis to justify our moods and actions.

Looking back it all seems rather silly that we should have no more wit than a horse gazing at its own image in a brook. As we laugh at it we also give thanks that we have escaped from the thrall of such illusions, that we have attained the good sense to recognize the source of our trouble in ourselves.

But in being amused we should keep in mind an ever present danger—that such moods can and do recur and often put us in a state of mind where we revert to the feeling that since things are not going just as we would wish, or someone has hurt our pride or dented our ego, other people are to blame.

Some few members of A. A. may escape these black moods and these dry binges, but most of us are subject to them through the years. We must take them into account and be prepared to meet them. They can come at the most unexpected times and for the most trivial of reasons. They can and unfortunately on occasion, have thrown a person back on the vicious, hopeless resource of alcohol.

In our experience these periods occur when we are overtired, when pressures and tensions have mounted and consequently our guard is down. They come when relations with family, business associates and friends were negative or adverse. Then some remark or some action of no real importance can trigger the mood.

Once again we act like the poor horse and kick the water and make things unpleasant and messy all around us. When it's over we are a bit ashamed of our thoughts and attitudes and actions.

How guard against it? One imperative way is in working on character defects continuously. None of us is so perfect but what there is abundant room for im-

(Continued on page two)

CLEAN HOUSE

It's probably some quirk in our make-up, but when we're ordered to do something we don't want to do, we immediately try to find a way to get out of it, especially when good common sense tells us we ought to do it. Why do we do it finally with so much reluctance?

Even after all these years of sobriety which we've enjoyed, there's some rebellion left in us which baffles us. We know we should do it, but we don't, and we do things sometimes even though we know we shouldn't!

These thoughts were provoked by several of the many excellent speakers on the various panels at the Second Ohio State General Service Conference at Toledo, July 18-20, which, by the way, measured up to the high standard set at the First in Columbus last year.

Ray H., of Maumee, Ohio, socked us smack in the eye as he discussed "Moral Inventory." "When you were told to take a fearless, honest moral inventory, did you give it a casual rinse or a real 'brain wash'?" he asked. We instinctively were on the defensive as we recalled our "rinse." No one can expect us to get PERFECT all of a sudden! People who knew us might think we were sissies or 'sumpin'!

After all, we remembered reasoning, if we quit drinking—really quit, we'd get our critics off our backs. That's all they demanded, wasn't it? Our sponsor, as well as the other AAs he sent over to talk to us, certainly did a lot worse things than we ever did! Compared to them, we were angels — drinking angels, of course.

Ray also suggested cleaning our mental house by trying to improve our character—that truly and sincerely living the AA way of life would be a character builder, since by trying "to practice these principles in all of our affairs" (Step XII), we would truly experience a decided change in our attitudes, our habits and our behavior. He insisted that AA was not a "worry builder," but that it was a "worry destroyer."

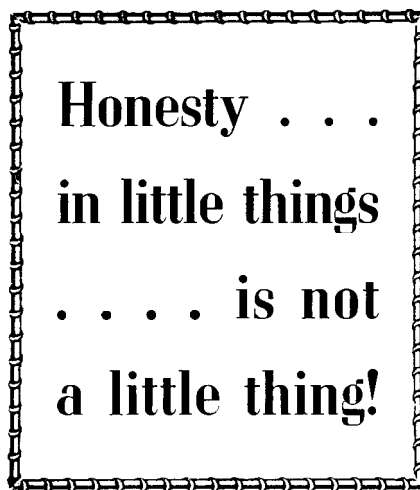
We had to go along with him on that argument, for grudgingly we had to admit that we weren't worrying as much as we used to—that we had attained a considerable amount of acceptance through an aroused faith in God's great mercy and grace in enabling us to find sobriety.

Ray emphasized the need to control our desires, our appetites and our interests. He spoke from experience as he described how quickly his desires went out of control. Even after years of sobriety, he had to be on constant guard to "keep his motor idling."

We were reminded of our own experiences in over-indulgence at the table, disregard of the rights of others, self-centeredness, selfishness, wasted hours on foolish things, disregard of sensible health standards.

It's so easy to forget that we are stewards of our bodies and our souls, given to us by our Creator for some purpose. The only way we can discover this purpose is, we believe, by following the suggested "Daily Plan of AA"—by a daily check-up with Him to whom we agreed to turn over our lives which we had found unmanageable.

(Continued on page two)



CLEAN HOUSE

(Continued from page one)

It's amazing how one talk can stir up so much self-inventory in a person like the writer who thought he had it made! We have taken a daily "brain wash" since then and know we'll have to keep it up-daily.

You may get your necessary brain wash at the next meeting you attend. Take it! You'll never regret it!

LIFTERS AND LEANERS

This splendid article, titled "Captain of My Soul," written by Roy S., received the monthly Spotlight Award of the Ohio Penitentiary AA Fellowship Eye-Opener.

Always there is something within us, urging us on to bigger things, giving us no peace. This was the same urge which drove Columbus to cross oceans and his discovery of America, the force which made Hannibal cross the formidable Alps, the inspiration which transported Henry Ford from the status of poor mechanic at the age of forty to the position of the world's wealthiest man. Edison, too, had the same impelling drive. It carried him from a lowly train boy to become the inventive wizard of a new age of electronics.

With all the inner urge, a man must first firmly believe that he can accomplish the goal he sets for himself. One of the saddest truths is that so many of us are incapable of centering our thoughts upon a singleness of purpose.

Our thinking colors every image we receive of a person or a problem. The mental picture we carry contrives to create a pattern of behavior which we follow unerringly. The character of the world we face outside, the nature of the environment, often foreshadowing the molds in which our lives are cast—all these depend upon our own thinking, upon our mental make-up.

Upon our entrance into AA we all experienced doubts concerning this new 'therapy.' Our mental picture was perhaps clouded due to the many questions as yet unanswered. Only when we focused our complete attention upon those who spoke to us, upon that one sole desire to find sobriety, did we begin to show progress. As we formed a mental picture, a feeling of confidence came over us.

Soon we learned there were two classes of folks in AA: the Lifters and the Leaners. We saw that a Lifter was he who willingly shouldered the load; a man who exerted himself towards the betterment and improvement of his fellows. A Leaner, we learned, was that one who seemed content to let others bear the brunt of responsibilities, never taking a real interest or part in the meetings or in Twelve Step work. A veritable slacker.

Now it becomes apparent that before we begin to feel that inner urge we must desire some change in our lives. So alcohol is our problem; actually we do not have to overcome the drinking of alcohol. A moment's thought and we realize that we were introduced to this demon, not born with a drinking problem. So we have nothing really to overcome. What we have is a need to acquire something—and that is Sobriety. We all acquired a state of Alcoholism—now we shall acquire a state of Sobriety.

No longer are we at the mercy of Blind Fate or Chance. We can control our own destinies. Given dominion by God, we have only to understand and to use this power to become masters of our fate.

Let us hold dearly to that which we most desire, affirming this, believing in this. Quoting words of the Master, "Therefore I say unto you: anything whatsoever you desire, when you pray, believe that you have received this and you shall have it." Is this not a clear mandate for our thinking?

To all new members we add, "Take a full measure of interest and an active part in AA. Clear your mind for straight thinking, get a mental picture of what you desire and then believe that it shall be given to you." Through this great power given to you by God, you shall be "Captain of your Soul". . .

WHO BLOCKS YOU?

(Continued from page one)

In calm moments of reflection we are highly conscious of this. Another way is to remember that whatever mood we get in it will not last. We must learn to view these periods as temporary aberrations in our thinking. In doing so we can meet them head on and not suffer them out in grouchy tantrums. In doing this the moods become of shorter duration and their recurrence less frequent.

None of us, however, can sit back and not work at this problem under the illusion that it never will arise again. We are still alcoholics with the tendencies, even when sober, that the name implies. There is no sense in continuing to be the block to our own efforts at recovery.

SECOND OHIO STATE CONFERENCE

Now that our second State Conference, held in Toledo July 18, 19 and 20, is part of AA history in our State the following opinions by those in attendance should be recorded:

1. State Conferences are necessary and important.
2. Sharing our experiences, gratitude and enthusiasm at the State level does develop a unique spiritual rededication.
3. Our working knowledge is increased in large portions so that we better understand and appreciate AA.
4. State Conferences help old and new members to better carry the message.
5. Friendships are formed with members from all over the State that would not be possible any other way.
6. AAs who are instrumental in keeping other members from attending these Conferences are a hindrance to AA growth and stability.
7. Having the 1959 Conference in Cincinnati so that Southwestern Ohio can have the benefit of a form of Twelfth Step work which only a State conference can give an entire area.

Respectfully submitted—

Howard B., Northeastern Ohio Delegate

JOE HICKS PASSES AWAY

A hard working, dedicated member of Matt Talbot group, popular Joe Hicks passed onto his eternal reward on July 8. He had been a loyal member of Matt Talbot group, popular Joe Hicks passed onto his eternal reward to his wife, Marge, and the two children.

TRI-STATE AA CONFERENCE

Chautauqua Lake Park, Chautauqua, N. Y.

The fifth annual Tri-State Assembly will again be held in Chautauqua Lake Park beginning Friday August 22, at 7 p.m. and ending with a meeting starting at 3 p. m. Sunday with Jack H. of Pittsburgh, Pa. as the speaker.

These conferences have met with great favor by AAs from Ohio, Pennsylvania and New York and attendance has grown considerably each year.

Topics discussed will be "The Four Absolutes," "What AA Means To Me," "AA Women," "AA In Industry," "Life With A Purpose" (Alanon Family Group) and "AA In General."

The cost is very reasonable for the Conference sessions, admission to the park and housing. A special recital in the Amphitheatre by George London, Metropolitan Opera star, is a feature on the Saturday evening program.

One of the ten richest women in the world has been quoted as saying that her life was an empty one because she had never devoted her energies to the gratifying task of helping others. She had, she added, only one ambition left to her (and perhaps this is as good a goal as any for the proper use of those extra precious years we are now getting): to live out the balance of her life in such a manner as to acquire the priceless feeling of being wanted and needed.

May she succeed in doing this! And may we too!

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Ansel Road-Speakers for August are: 1-Jack B., Borton; 8-Vic Z., Superior; 15-Joe H., St. James; 22-Joe K., Ansel Rd. (his first lead); 29-Mickey McG., League Park

Arcade-Now meets in the Old Stone Church on the Public Square (Ontario entrance). Their first meeting in the new quarters was held on Tuesday, July 15. They also changed their time of meeting. It's now 8 p.m. sharp.

Armory-Believing there was a need for a far west side Sunday evening group, action was taken by a group of solid members in the area. They found a meeting place in Lakewood Armory, 1437 Wayne Ave., just south of Detroit Ave. They will hold their first meeting on Sunday, August 3 at 9 p.m. sharp, with Joe McK. of Rosary Hall as speaker. Other August speakers are: 1&-Ed C., Rosary Hall; 17-Leo M., Avon Lake; 24-Ralph N., Avon Lake; 31-Skid S., Gordon Square.

Brooklyn-Speakers for August are: 6-Charlie S., Brooklyn (his 18th anniversary); 13-Frank E., Stella Maris; 20-Bob C., Brooklyn (his 5th anniversary); 27-Jack S., Lorain-Monday.

Corlett-Everyone is invited to the annual Corlett Picnic which will be held Sunday, August 17, in Chardon. Just follow the arrows in the center of Chardon.

Eastside Morning-August speakers are: 6-Lennie C., Broadway-55; 13-Tony K., Broadway-55; 20-Sam B., Newburgh; 27-Tom M., St. James.

Elyria-The Wednesday group now meets in St. Paul Church, Third and Middle Ave., side entrance.

Euclid-Wade-Speakers for August are: 5-Esther R., St. James; 12-Mose Y., Hartville, O.; 19-John T., St. James; 26-Bill T., Outhwaite.

Gordon Square-Speakers for August are: 1-Jim H., Allendale; 8-Joe F., Hilltop; 15-Ed T., Lorain-Monday; 22-Tom P., League Park; 29-Tony M., Hilltop.

Lake County Tuesday-Speakers for August are: 5-Gus P., Miles; 12-Harry R., Stella Maris; 19-Franklyn S., Doan Men; 26-Johnny H., Doan Men.

Lake County Friday-Speakers for August are: 1-Harry D., Edgelake; 8-Grover S., Redwood; 15-Warren C., Lakewood Satnite; 22-Harold S. and Ray M., Arcade; 29-Elmer L., Edgelake. This new group meets in the Mentor Christian Church, Route 20 at Jackson St., Mentor, O.

Northeast-As of August 1, the group will meet in Townhouse Motel, 15661 Euclid Ave. Air conditioned and plenty of parking facilities.

Orchard Grove-Meets in new quarters at SS. Peter and Paul Lutheran Church, 13028 Madison Ave. at Grace Ave. Its speakers for August are: 4-Bill O'R., Lorain-Monday; 11-Dave B. Parma; 18-Al C., Orchard Grove; 25-Rollie F., Memphis.

Parma-Observes its eleventh anniversary on August 2, with Editor Spencer I. as guest speaker, in Veterans Memorial Building, Ridge Rd. and Ridgewood Dr. Other speakers for August are: 9-Tom P., League Park; 16-Don W., Coventry; 23-Mary L., Brooklyn; 30-Attorney Ed B., Broadway-Harvard.

Parma Heights-Observes its first anniversary on Thursday, August 7, with Harry D., Edgelake, as its speaker. It will be anniversary month inasmuch as the group gives credit for its successful growth to its first four speakers who have again consented to speak this month. Their smallest attendance since they started was 60. The other anniversary speakers are: 14-Howard B., Independence; 21-Tom C., W. 25th; 28-Pete G., Parma. All meetings start at 8:30 p.m. in their air-conditioned hall.

West Park-August speakers are: 5-Art W., Lorain County Consolidated; 12-open; 19-Jack S., Lorain Monday; 26-Kenny K., Borton.

St. Clair-Thursday-August speakers are: 7-Oscar B., St. Clair-Thursday (his first anniversary); 14-"Big Joe" O., Collinwood; 21-Martie R., East Shore Women; 28-Rose H., Collinwood.

St. James-August speakers are: 6-Al S., League Park; 13-Mike Y., Avon Lake; 20-Bill D., Berea Thursday; 27-May R., Westside Women.

Sunday Golf Lakelands-A new group which meets Sundays at 2 p.m. in Trinity Lutheran Church, Redbird and Chapel, North Madison, O. Chapel is one block north of Route 20. Turn at Route 528 to Chapel. Redbird is one block west.

W. 25th-August speakers are: 4-Paul R., 24-Hour, Warren, O.; 11-Norbert R., Warren, O. and Nick K. of W. 25th who will observe his tenth anniversary; 18-Alfred B., Eastside Morning; 25-Daniel H., Warren, O.

Women's House of Correction-August speakers are: 6-Harry McG., Lee-Wed.; 13-Bobbie M., Addison; 20-Jean K., Ansel Road; 27-Discussion.

Refresher-Training-August meeting places and dates: 8-Step and Tradition V, Euclid, O.; 16-Step and Tradition VI, Matt Talbot; 24-Step and Tradition VII, Outhwaite at 4 p.m. and Your at 7:15 p.m.

GENERAL SERVICE REPRESENTATIVES

As time goes on the extreme importance of each group having a General Service Representative becomes more evident

In most cases, healthy and active groups have well informed members because they participate in our Third Legacy through a G. S. R.

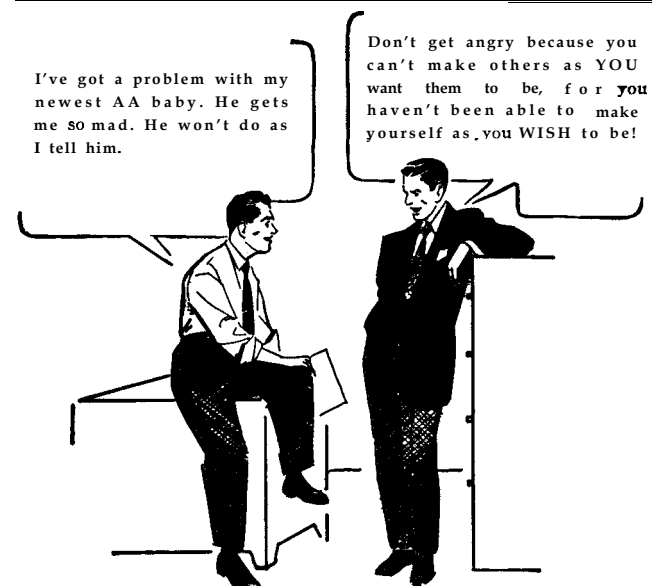
The only link a group has between General Service Headquarters and itself is through a G. S. R.

G. S. R.s help keep the group informed by making the AA literature and the Grapevine available. The G. S. R. also sees that his group financially supports our General Service office. G. S. R.s are all potential Delegates, therefore the quality of our Delegates will largely depend on the quality of our G. S. R.s.

The election of a Delegate to serve Northeastern Ohio for 1959 and 1960 will be held the first Sunday in October. It is not too soon for groups which do not have a qualified G. S. R. to hold an election within the next few weeks.

Partners in AA-If you don't have a copy--don't do without one any longer.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church.
Cor. Addison and Wade Park 8:30
BORTON-E. Cleveland Congrega. Church.
Page and Euclid Ave. 9:00
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes 7:30
EARLY-EARLY-Plasterers Union Hall,
1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE-Rocky River Community Cen
Wagar & Hilliard, Dinner 7; Meeting 8:30
FRIENDLY SUBURBAN-6037 Pearl 8:00
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit 9:00
LEE MONDAY-First Presbyter, Church,
East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd. 9:00
ORCHARD GROVE-SS. Peter & Paul Luth.
13028 Madison, corner Grace 8:30
PEARL-Corpus Christi Basement,
4850 Pearl Road 8:30
RAMONA-9721 Ramona Blvd. 8:30
SHAKER-Unitarian Church,
Shaker and Belvoir Blvd. 9:00
SOUTH EAST-7526 Broadway 8:30
UNION-East View Congregational Church,
Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall,
2858 W. 25th St. 9:00
WOMEN'S-Westside-West Boulevard
Christian Church, Madison and W. 101 8:45
ELYRIA MEN-St. Agnes Church,
Lake Road at Bath St., Elyria, O. 8:30
JEFFERSON, O.-St. Joseph's Church 8:30
VERMILION-Congregational Church 8:30
WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ARCADE-Old Stone Church,
Public Square, Ontario entrance 8:00
CLARK-1917 Clark Ave. 8:30
CLOVER--(Women)-E. 46th, So. of Scovill
Portland-Outhwaite Center 8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant 8:00
EUCLID-WADE-Calvary Presbyterian
Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry 9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave. 9:00
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave. 8:45
LAKE SHORE-Lakewood Congregational,
1376 W. Clifton, corner Detroit 8:30
MAY-LYND-Kenny King's Restaurant
May-Land Shopping Cen, Mayfield Hts. 8:30
MILES-LEP-Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave. 8:30
SMITH-WILSON-Nativity School,
9510 Aetna Road 8:30
SUPERIOR-North Presbyterian Church,
E. 40th and Superior 9:00
WEST PARK-Puritas Lutheran Church,
Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.-First Presbyterian Church,
Corner Church and Third Streets
8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva Ohio-First Tuesday 8:30
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch., Rt. 20, E. So. Wood, Mentor 8:30
LORAIN CENTRAL-Lorain, O. 8:30
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian, Across from Post Office 8:30
STRONGSVILLE-Tuesday, Town Hall 9:00

WEDNESDAY

ALLAMERICAN Sportsmen, 1142 Buhrer.
3rd Wednesday each month 8:30
BAXTER 4437 Broadway 8:30
BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd. 8:30
C. E. I.-Illuminating Cen.,
Room 355-Rear Building 8:30
COLLINWOOD-945 E. 152nd St. 8:30
DENISON MEN-7403 Denison Ave.
(first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St.,
Second floor, side entrance 9:00
EAST SIDE MORNING
2028 East 105th St. 10:30 A.M.
GARFIELD HEIGHTS-Trinity Baptist,
E. 94th and Garfield Blvd. 8:30
HAGUE-Grace Cong. Assembly Hall,
West 65th and Colgate 8:30
LEE ROAD-First English Lutheran,
Derbyshire and Euclid Hts. Blvd. 8:30
LORAIN AVE.-S.S. Philip & James Hall,
3689 Rosworth Road 9:00
ST. TAMES-Mt. Calvary Baptist Church,
E. 103rd and Cedar 8:30
ST. MARY-400 North S., Chardon, O. 8:30
TWFTV-FOUR HOUR-13216 Detroit,
Church of the Ascension 8:30

WARRENSVILLE-Women's House Cor. 7:30
WEDNESDAY NIGHT DISCUSSION-
(Stag) 1386 Ardenall Ave. 8:00
First street south of Shaw & Hayden
WOMEN'S-Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
ASHTABULA CONSOLIDATED-
Geneva, O. 1st Wed. each month,
American Lg. Hall, Eagle and Park 8:00
BEDFORD, O.-Y.Y.C.A., Tarbell Ave. 8:30
CONNEAUT MEN-Conneaut, Ohio
B. of L.E. Hall, Whitney Block, Main St. 8:30
ELYRIA, O.-St. Paul Building,
Third and Middle, side entrance 8:30
FAIRPORT HARBOR-St. Michael's Ch.,
630 Plum St., Fairport Harbor 8:00
LORAIN, O.-Methodist Ch., 6th & Reid 8:30

THURSDAY

ALLEN-5927 Euclid Ave. 8:00
ALLENDALE-St. Paul's Episcopal
Church, 15837 Euclid Ave. 8:30
ANGLE-St. Malachi's Church,
2549 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall 8:30
BUHRER-1142 Buhrer Ave. 9:00
CORLETT MIXED-Holy Family School,
3845 E. 131st at Chapelside 9:00
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd. 8:30
CRILE HOSPITAL-Library 8:00
EAST SHORE WOMEN-Fint Baptist Ch.,
1565 Chardon Rd., near Euclid 8:30
HAWTHORNDEN STATE HOSPITAL,
Macedonia, O., Basement of New
Employees Bldg. 8:00
LAKEWOOD-Thurnite-St. Peter's Epis.,
W. Clifton and Detroit Ave. 8:30
NO. OLMSTED-Saulich's Nursing Home,
27048 Lorain Road 8:30
OUTHWAITE-Garden Valley,
7100 Kinsman Ave. 8:30
PARMA HEIGHTS-6400 Pearl Road,
Laux Realty Basement (rear) 8:30
ROCKY RIVER-Rockport Methodist
Church, 3310 Wooster Road 9:00
ST. CLAIR-THURSDAY-Glenview Cong.
Church, (side ent.) St. Clair & Eddy Rd. 9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O. 9:00
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd. 9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St. 8:30
ASHTABULA HARBOR-1463 W. 5th 8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset 9:00

FRIDAY

ANSDEL ROAD-St. Thomas Church,
9205 Superior Ave. 8:30
BROADWAY-HARVARD-8437 Broadway-9:00
CEDAR-Salvation Army, 5005 Euclid 8:15
CROSSROADS-St. Paul Church,
4427 Franklin Blvd. 8:30
EUCLID FRIDAY-Holy Cross Church
E. 200 and Lake Shore Blvd. 8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbein Room 1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St. 9:00
LAKEWOOD WOMEN-St. Peter's Episcl
18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD-American Legion Hall,
Post 163, 15544 Euclid Ave. 9:00
SOUTH EAST-Tow., House Motel,
15661 Euclid Ave. 8:30
ROSARY HALL-Jordan Hall
Charity Nurses Auditorium 8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar 8:45
STELLA MARIS MIXED
1320 Washington Ave. 8:15
ROSARY HALL AUXILIARY
Rosary Hall, Charity Hospital 8:30
TAPCO-23565 Euclid Ave. 9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE
Lkwd. Cong. Ch., 1375 W. Clifton 9:00
AVON LAKE-First Congregational Church,
32801 Electric Blvd. 8:45
BEREA-Social room of Berea Cong.
Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion,
E. Orange St. 8:30
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O. 9:00
ELYRIA-(Mixed)-Alconon Club,
345 Broad St., Elyria, Ohio 8:30
CONNEAUT, O.-B. of L.E. Hall 8:30
LAKE COUNTY-Mentor Christian Church,
Route 20, Cor. Jackson, Mentor, O. 8:30
LORATN, O.-Mt. Zion Baptist Church,
30th and Wood Streets 8:30
WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway 8:30
FOREST CITY-6619 Denison Ave. 9:00
JACK & HEINTZ-17600 Broadway 8:00
LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave. 9:00
LIBERTY-945 E. 152nd St. 9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT-St. Philip Aeri Church,
E. 82nd and St. Clair 8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA-St. Charles Church, basement,
Corner Ridge Rd. and St. Charles 8:45
PLAINS-Grace Episcopal Church-
Rte. 20 near Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole 8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St. 8:30
VALLEY VIEW-Community Center,
West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-St. Peter's Epis. Church,
Main Avenue at South Park 8:30
ELYRIA SATNITE-Alconon Club,
345 Broad Str., Elyria, O. 8:30
SOLON, O.-St. Rita's High School 9:00
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21 9:00
WINDSOR, O.-Community Hall 9:00

SUNDAY

ALLAMERICAN Sportsmen 1142 Buhrer
1st Sunday each month 4:00
ARMORY-Lakewood Armory,
1437 Wayne Ave., South of Detroit 9:00
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue 10:45 A.M.
COLLINWOOD-945 E. 152nd St. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
DETROIT SUNDAY-
8304 Detroit Avenue 7:30 P.M.
GOLF LAKELANDS-Trinity Lutheran,
Redbird and Chapel, No. Madison, O. 2:00
LIBBY ROAD-St. Wenceslas Church,
17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED-
First Sunday of each month, Alconon
Club, 345 E. Broad St., Elyria 7:30
MISTLETOE-St. Thomas Church,
9205 Superior Ave. 7:00
NEWBURY-St. Helena's Church, Rt. 87 8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St. 8:30
OUTHWAITE-Garden Valley,
7106 Kinsman Ave. 4:00
STELLA MARIS-Sunday Training Meeting,
1320 Washington Ave. 3:00
SUPERIOR STAG-8801 Superior 11 A.M.
YOUR-1565 Chardon Rd., Euclid, O. 7:15
WARRENSVILLE-Cooley Farms
Recreation Room 10:00 A.M.
CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O. 8:30
CONNEAUT WOMEN-St. Mary's Hall
Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.-Legion Hall, Park St.,
corner of So. Eagle 7:30

AVALON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
E. 79th and Euclid Tuesdays 8:30
BETHANY-Bethany Presbyterian Church,
6415 Clinton Ave. Wednesday 8:30
SOUTH EAST-Luth.-Church of Covenant,
Libby Rd. & Maple Hts. Blvd. Thurs. 8:30
CHARITY-St. Vincent Charity Hospital,
E. 22nd and Central 8:30
NURSING HOMES THAT TREAT ALCOHOLICS
Alcoholics Abstinence Nursing Home (MW)
MEIrose 1-1635 8023 Detroit Ave.
Al-Jo, Inc. (MW) 28707 Euclid Ave.
Whitney 4-2244 Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
EXpress 1-8998 7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M)
Atlantic 1-3353 8304 Detroit Ave.
Farquharson's (M) TUxedo S-1882 6037 Pearl

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE-
Hanna Building, Room 370 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE-
Hanna Building, Room 370 8:30

"The Damnable Illusion" PP 2
(Those who can't make it)

CENTRAL BULLETIN

UNBELTSHNESS • HONESTY
PURITY • LOVE
A • A

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WHO'S A SNOB?

Somehow the idea of a snob and an alcoholic do not jibe. Yet there are those who profess to sense snobbery in Alcoholics Anonymous. Maybe yes, maybe no.

Snob is a term used most widely in high society, but it has application all down the line and in more than the dictionary sense of the definition. A snob is a person who cares too much for rank, wealth, position and too little for real merit.

Translated into understandable terms this means that somebody who "puts on the dog" too much, especially when there is no justifiable reason for doing so, is a snob. A person who holds himself to be slightly better than anyone else—for reasons which he would be hard pressed to give—is a snob.

But in the non-dictionary definition of the term it is often wrongly applied and, we suspect, this is where the charge arises that it is irrelevant in Alcoholics Anonymous. Too many times a person whom we do not understand, or one whose tastes do not parallel our own, or whose views we find contrary to those we hold, or who dresses better or uses better English—well, he's a snob. (Careful, we may be a snob for thinking so.)

He is no such thing. If this view were carried to its conclusion it would mean that everyone in A. A. would have to think alike, act alike, dress as sloppily as the meanest dressed, talk as slovenly as the most careless and in general come down to the lowest and the commonest denominator.

When we come into A. A. we bring with us those characteristics, good or bad, which we manifested while we were drinking. If, in moments of lucidity, we acted like a gentleman in our drinking days, the chances are we will continue to do so once we are sober. On the other hand, if we manifested the attributes of a bum we will continue to do so. This isn't snobbery. It is human nature.

It is the aim of the Twelve Steps to change the character of those who sincerely accept them. We are trying to eliminate defects, not positive and constructive characteristics. This means that all of us will try to become ladies and gentlemen, not lower the standards. It means that we will engage in a program of self-improvement, not belittle, scoff at or call a snob those members who try to carry out such a program. If we dislike such an endeavor and are prone to call those who do snobs, it is time to take an inventory of our own thinking and our own conduct.

But the whole idea of snobbery as such is rather ludicrous in A. A. The only snob we know of is that pig that got up and walked away because we were wallowing in his gutter. A very inconsiderate, stuffed shirt of a porker, he was. Under drinking conditions we were all alike. There were no social distinctions, no snobbery then. There should be none now. We must take each other for what we are, not for what we were, and in mutual association help each other to become decent people, sober men and women, and forget the twaddle about snobbery. Who are we to look down our noses at anybody—especially anybody who is sober?

HE OUTSMARTED HIMSELF

A crestfallen young man came in to see us last week. Six months ago he *came* in to see us about his alcoholic problem. His wife had filed papers for divorce because he had refused to quit drinking or even come in to see us at her request. When she filed the papers he came in to see us, with the hope that we would persuade her not to go through with the suit.

We listened patiently as he told his side of the story. Sure, he drank a little. Only on weekends, though. Not every weekend, either. And he never got drunk. The only reason she wanted him to quit and join AA was because her sappy brother-in-law had joined.

Further questioning revealed that he was a fond, patient, hard-working, devoted husband and father with a responsible position, had a nice home in a nice neighborhood. His analysis of her was that she probably was in menopause and that this caused her to act so peculiarly and unreasonably.

Several days later we visited the wife. After an hour of conversation we found her to be a woman of high principle, calm and realistic, and came to realize that she had delivered her ultimatum for the sake of her family of three fine teen-age children, whom the father had embarrassed many, many times before their schoolmates who had come to visit them.

She painted an entirely different picture of his drinking habits than the one he sketched for us of himself. His job was in jeopardy. His weekends extended into Tuesdays and her phoned excuses that he was ill brought the company doctor who

learned the truth.

He still wouldn't attend meetings or quit his weekend binges and finally the blow struck at the plant. He was given an enforced two-week leave of absence with a warning that unless he changed his pattern of behavior he would be fired.

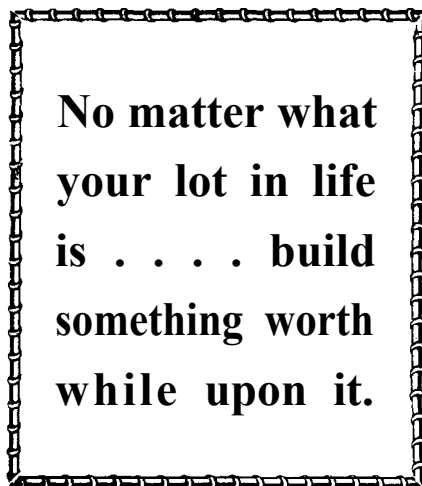
Instead of being frightened, he became resentful and inevitably, with more time on his hands, he had more time to drink. He became so abusive and vindictive at home that finally the police were called. The employer heard about it and the exceptionally well paying job was gone.

So he came in last week, a crestfallen young man. He asked us to intercede with his wife and his boss. He still insisted he wasn't an alcoholic and that he didn't have an alcoholic problem. And he definitely would not promise anybody that he would quit drinking, no matter what happened.

We tried to show him what his stubborn insistence on asserting his right to drink would cost him. We knew his wife had her future and that of their children clearly in mind and was ready to make great sacrifices to provide them with a decent home, a vastly different home from the kind they had for the past four years.

He insisted that he loved his wife and children devotedly. He had worked hard to provide them with a nice home. He had attained a high position. If we would only

(Continued on page two)



THE DAMNABLE ILLUSION

He came into the meeting late, and he took a chair up near the head of the table; a fine-looking man. His face had the aristocratic dignity that a judge's face ought to have but so seldom does, and there seemed to be a great gentleness in him. His hair was white, his pale eyes sad.

When it came his turn to comment, it was a drearily familiar story. He was shortly out of Kankakee, and he had been at it again . . . he didn't know why. Had been looking for a job, not, admittedly, too hard. Now he was trying, obliquely, to put the bite on the group for a handout.

Through the story, he weaved one theme, "I just couldn't seem to make it." He had tried. . . heaven knows he had tried . . . but he simply couldn't seem to make it. There was something inside him, evidently, that made him different, made it impossible for him to really . . .

Hogwash!

This is the damnable illusion that practically all of us lugged around inside us for years-and too many carry even now. We are inwardly flawed to such a degree that, even with the best intentions, we're hopeless cases. Sooner or later-and probably sooner-the will must crack. It always has in the past, and there we'll be, drunk again.

This, we keep telling ourselves-this is realism. It's a sad fact, of course, but it is a fact, and we must simply face up to it. For a little while we may be able to make it. And the definitions of "little while" vary-but in the end . . . well, there it is.

Only it isn't. This isn't realism at all. It's the wildest sort of self-deluding fantasy. It's the beforehand excuse we tender ourselves as the preparation! sometimes unconscious, for tearing loose all over again. It's the mask of innocently abased honesty that we carefully fit over the face of the worst sort of dishonesty, the lying to ourselves.

Somehow the one basic truth must be sounded over and over again:

If anyone, man or woman, honestly wants sobriety, he can get it the AA way. Anyone.

It's possible for a person to fail to find happy sobriety through AA. All he has to do is turn down the recommendation of the suggested 12 Steps. All he has to do is skimp on the third, or the fourth, or the fifth, or the seventh, or any of the others. Then he will miss happy sobriety.

But it's impossible-literally impossible-for anyone short of certifiable insanity to miss sobriety along this route. The prescription is absolutely foolproof. Don't take a drink right now. Anyone who follows it, no matter how miserably unhappy he feels in the following, has an iron-clad, infallible guarantee against getting drunk.

For reasons of complete honesty the Big Book has to contain those unfortunate percentages about AA success -50 per cent make it the first time around; 25 per cent more make it after several attempts; a final 25 per cent don't ever make it.

The percentages are unfortunate simply because they leave a loophole that many an alky hungrily cultivates. "You see," he tells himself and others, "I'm just one of the 25 per cent that can't make it, that's all." By the seemingly candid confession of hopelessness he actually keeps alive the one hope he has-that he can go on drinking with no one, not even himself, to stop him.

But the Big Book has its own words about that 25 per cent that fail. These are, it says, people who are "constitutionally incapable of being honest with themselves."

"The person who insists, then, that he just can't make it is only kidding himself. If he really couldn't make it, he'd have no faint realization of the fact. He would be a victim of delusions complete enough to convince himself that he was the Queen of May or Napoleon or Henry of Navarre."

None of this is to say that some people don't have a harder time than others. Some have been sicker than others, and we're all of us merely in varying stages of recovery; none of us has recovered or ever will entirely.

But it is so to say that the dodge of stating "somehow

I'm different from others" is only that-a dodge.

In a thousand and two ways, many of them important, we do differ, we alcoholics, even from each other. But in this respect we do not differ: not one of us can get drunk without drinking. And once we have broken the vicious circle of physical compulsion, nothing in the world can compel us to drink. Things or people can offer temptations. But nothing compels us.

At the last ditch of resistance against impulse and temptation, moreover, we have an absolutely invincible ally-the One who has all power. He's the one who said, without reservation or without qualification, "My grace is sufficient for thee."

We have only to call upon that grace, rely upon that help, and the last of our excuses about alleged helplessness crumbles.

-Here's How, Chicago, Illinois

HE OUTSMARTED HIMSELF

(Continued from page one)

call his superior at the plant, he was sure he'd have his job back.

But he didn't love his family enough nor did he value his job enough to be willing to quit drinking.

Sadly we shook our head as we refused to intervene. He outsmarted himself!

PARTNERS IN AA

We urge every member of AA to get himself the new 48-page AA booklet "Partners in AA." We further urge you to read every word in it, for it contains information which you should know to get a complete picture of the fellowship of which you are a member.

You will realize then the immensity of our program, your opportunity for service and the responsibility you have beyond your individual or group level-if you have real gratitude in your heart and are willing and anxious to prove it.

This booklet properly should be given or at least read to every newcomer into the followship. This booklet, together with the new Sponsorship booklet, will make your sponsoring much easier and more effective.

WANT TO BOWL?

The Brooklyn Mixed AA Bowling League is about ready to open its season and several of the teams each have openings for one or two men and women. They bowl on Sunday evenings at 7 p. m. in the Broadvue Alleys, Broadview and Pearl Roads. Call Mary L. at SH 1-5635 if you are interested. You must only be a member of AA or a spouse of one.

GIGGLES

A farmer's Model A collided with a Cadillac driven by an urbane, sophisticated man. When the drivers got out to survey the damage, the farmer said, "Well, friend, we might as well have a drink." He then hauled forth a bottle from his pocket and passed it to the gent beside him, who drank deeply and returned the bottle to the farmer. The farmer merely nodded and stuck the bottle back in his hip pocket.

"Aren't you going to have one too?" asked the man.

"Reckon not," said the farmer. "Least ways, not until the police have checked up."

A man went to see the doctor with the worst case of trembling hands the doctor had ever seen.

"How long have you had these symptoms?" asked the doctor.

"Well, it started about five years ago, but it's getting worse, Doc."

"Could it be that you are drinking too much?" said the doctor.

"How much is too much?" asked the patient.

"Oh, say a quart a day," replied the doctor.

"A quart a day!" exclaimed the patient. "Doc, I spill that much."

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Brooklyn-Speakers for September are: 3—Roy A., Brooklyn (his twelfth anniversary); 10—Tony T., Brooklyn (his ninth anniversary); 17—Jack G., Union City, Pa.; 24—Wilma O'N., Westside Women.

Collinwood-Speakers for September are: 7—Nick K., South Bend, Ind.; 14—Gates H., C. A. H.; 21—Bill S., Cedar; 28—Marge T., St. Clair-Thursdays.

Eastside Morning-Speakers for September are: 3—Bob M., Westside Morning; 10—Nick K., South Bend, Ind.; 17—Bill O'R., Lorain Monday; 24—Samuel M., Outhwaite.

Fairview Park-Speakers for September are: 2—Jimmie K., Angle; 9—Ed B., Broadway-Harvard; 16—Peg F., Westside Women; 23—Ed M., Fairview Park; 30—Ruth C., Fairview Park.

Gordon Square-Speakers for September are: 5—Roy M., Allendale; 12—Dick C., Allendale; 19—Al C., Memphis; 26—Warren C., Sr., Lake Shore.

Jack & Heintz-Observes its first anniversary on Saturday, September 13, at 8:30 p.m. with Judge Jim C. as speaker. Extraordinary refreshments will be served. Other speakers for September are: &—Dick C., Allendale; 20—Geo. O'H., AA District Office Secretary; 27—Kenny K., Doan Men.

Lake County-Speakers for September are: 2—Farrell G., Angle; 9—Alex H., Conneaut, O.; 16—Danny B., Newberry, O.; 23—Allen C., Painesville, O.; 30—Fred N., Madison, O.

Lakewood Thursday-Disbanded because of lack of attendance.

Lee-Wednesday-Now starts its meetings at nine o'clock. Orchard Grove—Speakers for September are: 1—Panel Questions and Answers; 8—Mary B., Lorain County Women; 15—Eddie D., Fairview Park; 22—Joe R., Lorain Monday; 29—Marie C., Westside Women.

St. James-Speakers for September are: 3—Charles C., Solidarity; 10—Annabelle L., Outhwaite; 17—Gus K., Independence; 24—Don W., Fairmount.

Trinity-Speakers for September are: 6—Dick R., Lake County; 13—Chester S., Doan Men; 20—Mike M., Your; 27—Barbara H., Eastside Women.

West Park-Speakers for September are: 2—Esther C., Euclid-Wade; S—Jerry W., Angle; 16—John W., West Park (his tenth anniversary); 23—Open; 30—Edward B., Broadway-Harvard.

West 25th—Speakers for September are: 1—Esther R., St. James; 8—Ed C., Newburgh; 15—Skid S., Newburgh; 22—Nellie F., 24—Hour; 29—Mike Y., Valley View with AA movies.

Women's House of Correction-Speakers for September are: 3—Herman B., Lee-Monday; 10—Ben H., Lee-Monday; 17—Johnny H., Doan Men; 24—Discussion meeting.

Refresher-Training-September meeting places and dates: 9—Step and Tradition IX, Clark; 17—Step and Tradition X, Lee Rd. Wednesday; 25—Step and Tradition XI, St. Clair-Thursdays; Oct. 3—Step and Tradition XII, Solidarity.

JOHN P. ROBERTS

John P. Roberts, devoted husband of Adele of the Borton group, passed away after a long siege of illness on June 19. Though a very quiet man, he was exceedingly active and popular during the past fourteen years. Our sincere condolences go out to Adele.

PERSONALITY DEVELOPMENT

Minds are not born—they are acquired by training. Personality is not born—it is developed by practice. But we have no library of scientific books on the latter.

The greatest and most authentic textbook on personality is still the Bible, and the discoveries which psychologists have made tend to confirm rather than to contradict the codification of personality found there. Psychology differs from all other sciences in this important respect. Whereas the other sciences have taught us that our previous ideas and beliefs about nature were wrong, psychology is proving that many of the ancient ideas and precepts about development of a good character and personality were right.

We attend A.A. to receive help. Basically, A. A. is a spiritual awakening of the existence of a Power greater than ourselves to whom we can turn for help and guidance in our daily living. From a psychological as well as from a common-sense point of view, the greatest source of help is a religious belief.

The religious belief in a Power greater than ourselves, of God as we understand Him, the Ten Commandments, and the teachings of the foremost psychologist who ever walked the face of the earth, Jesus Christ, gives parents a certainty and an authority with their children which they otherwise lack.

-The Keyhole

DOWNTOWN OFFICE OPEN SATURDAY

The Cleveland AA District Office will be open from 9 a. m. to 1 p. m. beginning Saturday, September 6.

GIGGLES

Local Youth: 0 funny thing happened to my mother in St. Louis.

Elder Friend: I thought you said you were born in Indianapolis ?

A tearful bride explained she wanted to leave her brand-new husband. "He said that on our honeymoon we would drink in all the sights of Manhattan-but instead, he drank up all the Manhattans in sight!"

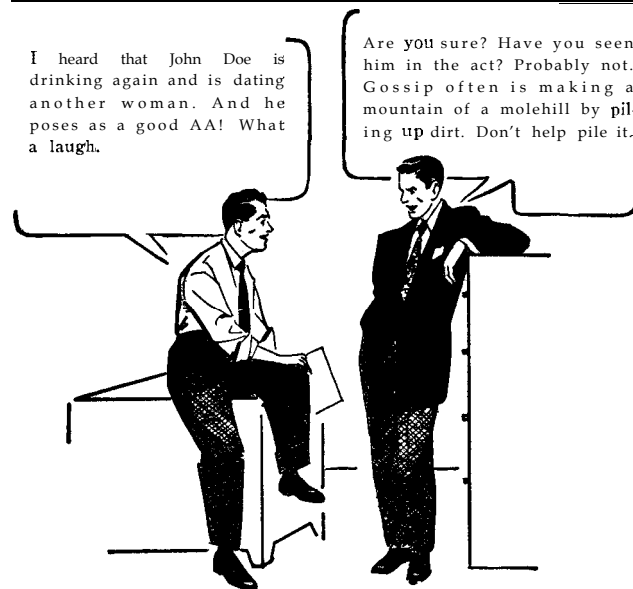
Wife: Wake up there's a burglar going through your pockets.

Husband: Leave me out of it. You two fight it out yourselves.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

I heard that John Doe is drinking again and is dating another woman. And he poses as a good AA! What a laugh.

Are you sure? Have you seen him in the act? Probably not. Gossip often is making a mountain of a molehill by piling up dirt. Don't help pile it.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church,
Cor. Addison and Wade Park.....8:30
BORTON-E. Cleveland Congrega. Church,
Page and Euclid Ave.....9:00
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes.....7:30
EARLY-EARLY-Plasterers Union Hall,
1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE-Kockyiver Community Cen.
Wagar & Hilliard, Dinner 7: Meeting.....8:30
FRIENDLY SUBURBAN-6037 Pearl.....8:00
LAKEWOOD MEN'S-St. Peter's Episcopal
W. Clifton and Detroit.....9:00
LEE MONDAY-First Presbyter. Church,
East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd.....9:00
ORCHARD GROVE-SS. Peter & Paul Luth.
13028 Madison, corner Grace.....8:30
PEARL-Corpus Christi Basement.
4850 Pearl Road.....8:30
RAMONA-9721 Ramona Blvd.....8:30
SHAKER-Unitarian Church,
Shaker and Belvoir Blvd.....9:00
SOUTH EAST-7526 Broadway.....8:30
UNION-East View Congregational Church,
Kinsman at E. 156th St.....9:00
WEST 25th ST.-Marvel Hall,
2858 W. 25th St.....9:00
WOMEN'S-W&ride-West Boulevard
Christian Church, Madison and W. 101.....8:45
ELYRIA MEN-St. Agnes Church,
Lake Road at Bath St., Elyria, O.....8:30
JEFFERSON, O.-St. Joseph's Church.....8:30
VERMILION-Congregational Church.....8:30
WILLOUGHBY, &-Presbyterian Church 8:30

TUESDAY

ARCADE-Old Stone Church,
Public Square, Ontario entrance.....8:00
CLARK-1917 Clark Ave.....8:30
CLOVER--(Women)-E. 46th, So. of Scovill
Portland-Outhwaite Center.....8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant.....8:00
EUCLID-WADE-Calvary Presbyterian
Church, E. 79th and Euclid Ave.....9:00
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry.....9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave.....9:00
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave.....8:45
LAKE SHORE-Lakewood Congregational,
1376 W. Clifton, corner Detroit.....8:30
MAY-LYND-Kenny King's Restaurant,
May-Land Shopping Cen. Mayfield Hts.....8:30
MILES-L.EE-Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave.....8:30
SMITH-WILSON-Nativity School,
9510 Aetna Road.....8:30
SUPERIOR-North Presbyterian Church,
E. 40th and Superior.....9:00
WEST PARK-Puritas Lutheran Church,
Puritas Ave. and W. 138th St.....8:30
ASHLAND, O.-First Presbyterian Church,
Corner Church and Third Streets
8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday.....8:30
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch., Rt. 20, E. So. Wood, Mentor.....8:30
LORAIN CENTRAL-Lorain, O.
Trinity Church.....8:30
MEDINA, O.-St. Paul's Epis. Par. Hse.....8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian, Across from Post Office.....8:30
STRONGSVILLE-Tuesday, Town Hall.....9:00

WEDNESDAY

ALGAMERICAN Sportsmen, 1142 Buhner,
3rd Wednesday each month.....8:30
BAXTER-8437 Broadway.....8:30
BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd.....8:30
C. E. I.-Illuminating Co.,
Room 355-Rear Building.....8:30
COLLINWOOD-945 E. 152nd St.....8:30
DENISON MEN-7403 Denison Ave.
(First Wednesday, joint meeting).....8:30
DOAN MEN'S-2028 E. 105th St.,
Second floor, side entrance.....9:00
EAST SIDE MORNING-
2028 East 105th St.....10:30 A.M.
GARFIELD HEIGHTS-Trinity Baptist,
E. 94th and Garfield Blvd.....8:30
HAGUE-Grace Cong. Assembly Hall,
West 65th and Colgate.....8:30
LEE ROAD-First English Lutheran,
Derbyshire and Euclid Hts. Blvd.....9:00
LORAIN AVE.-S.S. Philip & James Hall,
3689 Rosworth Road.....9:00
ST. TAMES-Mt. Calvary Baptist Church,
E. 103rd and Cedar.....8:30
ST. MARY-400 North S., Chardon, O.....8:30
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension.....8:30

WARRENSVILLE-Women's House Cor.7:30
WEDNESDAY NIGHT DISCUSSION-
(Stag) 1386 Ardenall Ave.....8:00
First street south of Shaw & Hayden
WOMEN'S-Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57).....8:30
ASHTABULA CONSOLIDATED-
Geneva, O., 1st Wed. each month
American Lee Hall, Eagle and Park.....8:00
BEDFORD, O.-Y.M.C.A., Tarbell Ave.....8:30
CONNEAUT MEN-Conneaut, Ohio
B. of L.E. Hall, Whitney Block, Main St.....8:30
ELYRIA, O.-St. Paul Building,
Third and Middle, side entrance.....8:30
FAIRPORT HARBOR-St. Michael's Ch.,
630 Plum St., Fairport Harbor.....8:00
LORAIN, O.-Methodist Ch., 6th & Reid.....8:30

THURSDAY

ALLEN-5927 Euclid Ave.....8:00
ALLENDALE-St. Paul's Episcopal
Church, 15837 Euclid Ave.....8:30
ANGLE-St. Malachi's Church,
2549 Washington Ave.....8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall.....8:30
BUHRER-1142 Buhner Ave.....9:00
CORLETT MIXED-Holy Family School,
3845 E. 131st at Chapselide.....9:00
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd.....8:30
CRILE HOSPITAL-Library.....8:00
EAST SHORE WOMEN-First Baptist Ch.,
1565 Chardon Rd., near Euclid.....8:30
HAWTHORNDEN STATE HOSPITAL,
Macedonia, O., Basement of New
Employees Bldg.....8:00
NO. OLMSTED-Saulich's Nursing Home,
27048 Lorain Road.....8:30
OUTHWAITE-Garden Valley,
7100 Kinsman Ave.....8:30
PARMA HEIGHTS-6400 Pearl Road,
Laux Realty Basement (rear).....8:30
ROCKY RIVER-Rockport Methodist,
Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY-Glenville Cone.
Church, (side ent.) St. Clair & Eddy Rd.....9:00
WEST SIDE-7403 Denison Ave.....10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O.....9:00
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd.....9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St.....8:30
ASHTABULA HARBOR-1463 W. 5th St.....8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset.....9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
9205 Superior Ave.....8:30
BROADWAY-HARVARD-8437 Broadway.....9:00
CEDAR-Salvation Army, 5005 Euclid.....8:15
CROSSROADS-St. Paul Church,
4427 Franklin Blvd.....8:30
EUCLID FRIDAY-Holy Cross Church
E. 200 and Lake Shore Blvd.....8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room.....1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St.....9:00
LAKEWOOD WOMEN-St. Peter's Episc'l
18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD-American Legion Hall,
Post 163, 15544 Euclid Ave.....9:00
NORTH EAST-Town House Motel,
15661 Euclid Ave.....8:30
ROSARY HALL-Jordan Hall
Charity Nurses Auditorium.....8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar.....8:45
STELLA MARIS MIXED
1320 Washington Ave.....8:15
ROSARY HALL AUXILIARY,
Rosary Hall, Charity Hospital.....8:30
TAPCO-23565 Euclid Ave.....9 p. m.
Second Friday, of each month
WEST SIDE YOUNG PEOPLE-
Lkwd. Cong. Ch., 1375 W. Clifton 9:00
AVON LAKE-First Congregational church,
32801 Electric Blvd.....8:45
BEREA-Social room of Berea Cong.
Church, Seminary and Church.....8:30
CHAGRIN FALLS, O.-American Legion,
E. Orange St.....8:30
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O.....9:00
ELYRTA-(Mixed)-Alconon Club,
345 Broad St., Elyria, Ohio.....8:30
CONNEAUT, O.-B. of L. E. Hall.....8:30
LAKE COUNTY-Mentor Christian Church,
Route 20, Cor. Jackson, Mentor, O.....8:30
LORAIN, O.-Mt. Zion Baptist Church,
30th and Wood Streets.....8:30
WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway.....8:30
FOREST CITY-6619 Denison Ave.....9:00
JACK & HEINTZ--17600 Broadway.....8:30
LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave.....9:00
LIBERTY-945 E. 152nd St.....9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd.....8:30
MATT TALBOT-St. Philip Aeri Church,
E. 82nd and St. Clair.....8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave.....9:00
PARMA-St. Charles Church, basement,
Corner Ridge Rd. and St. Charles.....8:45
PLAINS-Grace Episcopal Church-
Rte. 20 near Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole.....8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St.....8:30
VALLEY VIEW-Community Center,
West 7th and Starkweather.....8:30
8005 GROUP-8005 Lorain Ave.....8:30
ASHTABULA, O.-St. Peter's Episc. Church,
Main Avenue at South Park.....8:30
ELYRIA SATNITE-Alconon Club,
345 Broad St., Elyria, O.....8:30
SOLON, O.-St. Rita's High School.....9:00
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21.....9:00
WINDSOR, O.-Community Hall.....9:00

SUNDAY

ALLAMERICAN Sportsmen.....1142 Buhner
1st Sunday each month.....4:00
ARMORY-Lakewood Armory,
1437 Wayne Ave., South of Detroit.....9:00
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue.....10:45 A.M.
COLLINWOOD-945 E. 152nd St.....7:30
DETROIT-Mixed-8023 Detroit Ave.....8:00
DETROIT SUNDAY-
8304 Detroit Avenue.....7:30 P. M.
GOLF LAKELANDS-Trinity Lutheran,
Redbird and Chapel, No. Madison, O.....2:00
LIBBY ROAD-St. Wenceslas Church,
17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED-
First Sunday of each month, Alconon
Club, 345 E. Broad St., Elyria.....7:30
MISTLETOE-St. Thomas Church,
9205 Superior Ave.....7:00
NEWBURY-St. Helena's Church, Rt. 87.....8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St.....8:30
OUTHWAITE-Garden Valley,
7106 Kinsman Ave.....4:00
STELLA MARIS-Sunday Training Meeting,
1320 Washington Ave.....3:00
SUPERIOR STAG8801 Superior.....11 A.M.
YOUR-1565 Chardon Rd., Euclid, O. 7:15
WARRENSVILLE-Cooley Farms
Recreation Room.....10:00 A.M.
CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O.....8:30
CONNEAUT WOMEN-St. Mary's Hall
Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.-Icon Hall, Park St.,
corner of so. Eagle.....7:30

AVALON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
E. 79th and Euclid.....Tuesdays, 8:30
BETHANY-Bethany Presbyterian Church,
6415 Clinton Ave.....Wednesdays, 8:30
SOUTH EAST-Luth. Church of Covenant,
Libby Rd. & Maple Hts. Blvd., Thurs. 8:30
CHARITY-St. Vincent Charity Hospital,
E. 22nd and Central.....8:30
NURSING HOMES THAT TREAT ALCOHOLICS
Alcoholics Abstinence Nursing Home (MW)
MEIrose 1.1635.....8023 Detroit Ave.
AI-J, Inc. (MW).....28707 Euclid Ave.
Whitney 4-2244.....Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
EXpress 1-8998.....7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M)
ATlantic 1-3353.....8304 Detroit Ave.
Farquharson's (M) TUXedo S-1882 6037 Pearl

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-7387

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE-
Hanna Building, Room 370.....8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE,
Hanna Building, Room 370.....8:30

Consol. MEETING
Sun. Oct. 19th.
Victor B. - Adrian Mich.

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. XVI-No. 12

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September, 1958

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TEN CENTS PER COPY

NO ALIBI AGENCY@

Bitter experiences have taught us the futility of attempting to persuade an alcoholic to quit drinking who has no honest desire to be permanently rid of his illness.

If we are good salesmen, and most of us are when it comes to extolling the advantages of a sober life, we can often convince a drinker that the sensible thing to do is to give it up.

This is no great achievement if the prospective candidate is in the throes of a hangover, if his job is in jeopardy or if his family has issued an ultimatum. He is then looking for sympathy, a helping hand and a soft place to land. Like the drowning man, he will grasp at any straw and agree to any out that is offered him. Success in such a case is no credit to us because nine times out of ten it is a temporary success.

The job is more difficult if we compel the candidate to face facts: that Alcoholics Anonymous is not an intermission in a gay life of drinking, not a ditch in which he can hide until the storm blows over or an alibi agency to square him with his wife or his employer.

In these matters those of us who do Twelfth Step work have to exercise judgment and at the same time restrain our enthusiasm to add another feather to our cap of successes. Otherwise we can let ourselves in for a great deal of disappointment and grief and still attain no lasting good for the candidate.

Making a correct assessment is not always easy. To make it carries the afterthought, if our decision is negative, that maybe the guy really wanted sobriety after all. Then we reproach ourselves.

The most subtle snare in this work is the chap who has been approached before by other members and didn't make the grade. We take him under our wing with the thought that ~~perhaps~~ we can do for him what others failed to do. Admittedly, there have been some cases where some sponsor made good in the wake of repeated failures, but this is the exception. Too often in undertaking such cases we do so with a subconscious fillip to our ego: "X" couldn't sober him up, but I can. If we can suppress this urge and coldly view the record of the candidate we can save ourselves a lot of headaches.

Then there is the man who is out of work, who has to go to court for driving while drunk and getting in a smash up, whose wife doesn't understand him and he has had it. Please help.

Did he know about AA? Oh, yes, he had flirted with it, but this time he means it. So you go to the front, tell the judge the story, put up bond for him, give him a chance to sober up and find work and get the case continued until the court has an opportunity to see how he is doing. So the grateful ex-drink drinks again, gets in two more smash-ups and throws a good job he got on the strength of his sobriety.

Frankly we say that if any one else wants to take a fling with him he is welcome to do so. But obviously this man was painfully going to AA meetings to stay out of

(Continued on page two)

SOLITAIRE - PATIENCE

We are addicted to the game of Solitaire, (some call it Patience). We find it relaxing, especially after a frustrating and aggravating day, especially when we are plagued with problems whose answers are particularly elusive.

Out of the approximately 150 games of solitaire that are playable we prefer four, each of which we play in sequence until we win.

It's interesting to note that Napoleon Bonaparte was reputed to have originated the game back in 1816, though this is disputed. It is a fact though that he played it excessively during his brilliant military campaigns in Italy and Austria. In many sectors "Solitaire" was called "Napoleon."

Other illustrious addicts to the game were such famous people as Tolstoy, Somerset Maugham and Franklin D. Roosevelt.

It has been, and still is, recommended by some psychiatrists, doctors and welfare workers to invalids, shut-ins, recluses and even in prisons and asylums as a means of distracting the patients' thoughts from his plight.

You may wonder why we have chosen this as our subject, when this column is reputed to be dedicated to the discussion of some facets of the AA program. If you have read this far, read on, for we have a dual purpose in writing this editorial.

Our beloved wife, simply cannot understand why we waste so much time squatting in our favorite chair, playing Solitaire when there are so many important things to do such as getting the Bulletin ready for publication earlier, et cetera. We hope our

preamble will convince her that we need this catharsis.

What gave us the idea of applying it to AA came when we were visited by one of our on again-off again babies who never seemed to be able to grab the ring in his self made merry-go-round in AA.

He visited us when we had the cards laid out and as we, with our usual (?) ready politeness, made a move to gather up the cards, he insisted we finish the game while he watched.

It wasn't our lucky night. We had a choice of two moves, and as usual made the wrong one. Again we began to gather up the cards, but he stopped us and suggested we replace the cards in the original setting and take the other choice.

We refused. That started an argument on principle. He insisted it was only a game anyway, that the game was only to pass the time away. He played it often and he **always** won.

We countered with the charge that if that was true he would have to resort to second guessing, if not actually cheating a little.

"O course, I do!" he admitted. "After all, I'm only playing with myself."

"Maybe that's the reason you don't get the AA program," we suggested. "... maybe if you apply the absolute principle of honesty in **ALL** your affairs even in

(Continued on page two)

NO ALIBI AGENCY

(Continued from page one)

jail, to square himself with his family-and to get a job. But the strain was too much for him. Why?

Not once in his heart had he made up his mind that no one can sober up for an employer or a family, but only for himself. This is the yard stick. We must always measure by it if we are to do the greatest amount of good and not fritter away our time and energies with the unconvinced.

"KNOCKOUT"

In our childhood days I suppose it was the most natural thing in the world for all of us to have a hero or idol. Some of us patterned ourselves after famous flyers, some after ball players, some after police and fireman. My own particular idol was a famous fighter. In the squared circle of the ring I would seek fame and fortune.

On a night in 1933 the gates of success seemed ready to open for me. The small crowd cheered as I crossed the ring to shake the hand of my beaten opponent the cheers became louder. Nothing could stop me now, this was my night and I was on my way to the top. But lurking in the ring that night an unseen foe was waiting to strike, but at this time I was too strong for him and this he knew, now he was just sizing me up. He was biding his time, he knew his turn would come soon.

How did this unseen thing originate? As I look back now I can see that his image grew plainer day by day. In the blindness of success my eyes did not see the shadow of failure. Little did I know that there would come a day when against a fourth man in the ring would I fight my hardest battle.

It was simple how it all started. A highball a few times before and after the fight to relax tense nerves; a bottle of beer in the afternoon to take the edge off my thirst; then it was not long after that a drink was needed to get to sleep.

In the grind of training I had the best of care and advice. I was too strong to bow in defeat to something I knew nothing about. My trainers were always there with words about destruction in both hands, the ability to take a punch and in a smug way I relished the words of advice richly mixed in with words of praise. Time after time, I heard a warning bell of a new fight that was starting. I paid no heed to this warning-the only opponents I had, I could see.

Now a stronger, more vicious fighter crawled in the ring. This time I was not fighting for money or glory. This time it was for my life, and for the happiness of my loved ones. No crowds cheered me on, the people who once had been the first to pat me on the back in admiration now went out of their way to avoid me. The faces that had once upon me looked with pride, now looked with disdain and almost disgust. When the chips were down, I had been found wanting.

Once again now I am fighting, I have heard the count of ten tolled over me but now I am fighting back. My comeback trail is hard. None of my new fights have been set-ups, each fight is a step towards regaining what I have lost. Twelve of these steps constitute my returning to sanity and reason and these steps I have traveled. My guard is held high and I must not let it fall. There can be no decision here, it is the final round and I am moving in to score a knockout.

Now, after many weary rounds my opponent is beginning to weaken and I am goaded to a new fury. I feel with each thudding blow I am nearing the end of a fight I never thought I could win. Two hundred thousand fans are my cheering section. They fought the same fight and won. In the traditions, in the principles and in thoughts and practice of AA I to will win. The opponent is down and is being counted over, soon the referee will reach the count of ten. There it is, KNOCKOUT. . . .

-Homer F., Spotlight Award Winner.
The Eye Opener, O.P.A.A. Monthly.

SOLITAIRE — PATIENCE

(Continued from page one)

cards, you will find the answer to your problems. You're cheating on yourself. Maybe that's the answer to your inability to stay sober."

With a thoughtful look and tears in his eyes he left us. We started another game. This one we won.

A MUST FOR EVERY GROUP

Every group in Northern Ohio should be represented by its elected representative at the Northeastern Ohio Regional General Service Conference on Sunday, October 5 at 2:30 p. m.

The Conference will be held in Brecksville Methodist Church, located on the southwest corner of Routes 21 and 82 in Brecksville, Ohio.

The purpose of the meeting is to elect a new delegate and other officers who will represent the region in General Service. Every representative is eligible to be a delegate.

While the meeting is open to visitors, only the duly elected representative of each group is eligible to vote. Because of the importance of this office, each group should select its most able man or woman as its representative.

Remember-no individual, no group, no area or no state can go it alone. Together only can we maintain our priceless heritage in maintaining the traditions and principles which have met with such signal success in the past.

AA THEME OF TV DRAMA — OCTOBER 2

"Playhouse 90," one of the best known and highly respected dramatic programs on television, will feature a fictional story dealing with AA in its telecast Thursday, October 2.

The dramatization, entitled "The Days of Wine and Roses," will be carried over stations affiliated with the Columbia Broadcasting System. Group G.S.R.s and secretaries are urged to determine the time at which the telecast will take place in their areas and to alert members of their groups and others who may be interested in the AA recovery program.

Workers at the General Service Office who have had an opportunity to review an advance script have been impressed by the clarity with which AA therapy is described and by the dramatic quality of the plot.

The story, which unfolds partly at a typical AA meeting and partly through a series of flashbacks, shows how two alcoholics, husband and wife in the play, react to the help offered by the Fellowship.

G.S.O. staff members worked closely with the author, J. P. Miller, to acquaint him with AA principles and practices.

AA DISTRICT OFFICE HOURS

The Cleveland AA District Office is open for consultation and purchase of AA literature from 9 a. m. to 5 p. m. from Monday to Friday and from 9 a.m. to noon every Saturday. (The Bulletin regrets it unintentionally tried to extend the Saturday closing to 1 p. m.)

After closing hours, a telephone service is maintained. Telenhone contact will be made within a few hours through arrangements with the telephone service. Just dial CH 1-7387.

BB OF AA

BB of AA, composed of members of Alcoholics Anonymous interested in the rehabilitation of inmates in penal institutions who have been indoctrinated into the AA fellowship during their incarceration, will hold its sixth annual conference in Toledo on Sunday, Oct. 26 at 2 p.m.

The conference will be held in Messiah Lutheran Church, Summit and 108th Street, Point Place, Toledo.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Addison-Observes its thirteenth anniversary on Monday, October 13 at 8:30 p. m. in Westminster Church, Addison and Wade Park. There will be a variety show, refreshments and prizes.

Ansel Road-Observes its ninth anniversary on Friday, October 10, at 8:30 p. m. in St. Thomas Aquinas Church basement, 9205 Superior. The speaker will be David L.

Arcade-October speakers are: 7—Chuck and Lu S., St. Clair Thursday; 14—Bill C., League Park; 21—Art G., C.E.I.; 28—Tom R., League Park.

Ashland-Observes its third anniversary on Tuesday, October 7 with a roast beef and ham dinner at 7 p. m. (Central Time). The meeting will be held immediately after the dinner with Vic. B., of Adrian, Michigan as speaker. The affair will be held in First Presbyterian Church, Third and Church Streets, Ashland, O. You will be welcome.

Brooklyn-October speakers are: 1—Ralph B., Brooklyn (his 8th anniversary) 8—George G., Forest City; 15—Bill S., Angle; 22—Joe K., Brooklyn (his 8th anniversary); 29—John D., Brookside.

C. E. I.-October speakers are: 1—Dave C., Arcade; 8—Kittie M., Strongsville; 15—Martie R., East Shore Women! 22—Al. B., Eastside Morning; 29—Mike W., Cedar (his first lead).

Crossroads-Now meets in Bethany Presbyterian Church, W. 65th and Clinton on Thursdays at 9 p. m. October speakers are: 2—Jerry R., Gordon Square; 9—Observes its second anniversary with Bill F., of Doan Men as speaker; 16—Eddie B., Lorain Monday; 23—Johnny M., Lorain Monday; 30—Marie S., Lakewood Women.

Collinwood-October speakers are: 5—Jack K., Liberty; 12—John D., Allendale; 19—Frieda L., Brooklyn; 26—Harry D., Edgelake.

Doan Men-Cleveland's oldest men's group has elected popular Johnny H. as its secretary. A paraplegic, Johnny amazes everyone with his ability to get around and to get things done. The members made a wise choice, in our opinion.

East Side Morning-October speakers are: 1—Joe K., Ansel; 8—Ralph K., Westside Men; 15—Ralph S., Gordon Square; 22—Chas. R., Outhwaite; 29—Bruce T., Outhwaite.

Jack & Heintz-October speakers are: 4—Bill McG., Matt Talbot; 11—Red K., Maple Heights; 18—Matt G., Newbury, O.; 25—Eddy G., Broadway-Harvard.

Lake County-Observes its third anniversary on Tuesday, October 7 at 8:30 p. m. Attorney Ed B. of Broadway-Harvard will be the speaker. Other speakers for October are: 14—Bill D., Erie, Pa.; 21—George O'H., Cleveland AA District Office; 28—Jimmy J., Akron, O.

Lakewood Armory-October speakers are: 5—Henry W., Euclid Wade; 12—Bob T., Garrettsville, O.; 19—Pete Y., Berea, Thursday; 26—Bert McK., Akron, Ohio.

Lakewood Women-Changed their meeting night from Fridays to Wednesdays at 8:30. They meet in St. Peter's Episcopal Church, 18001 Detroit.

Liberty-October speakers are: 4—Tom N., Hilltop; 11—Jack B., Shaker; 18—Bobbie M., Addison; 25—Elizabeth B., Borton.

Norwalk-Our good friend Leo M., a long time member of AA announces that a new group has been formed in Norwalk. It held its first meeting on Friday, September 19 in the Elks Club, Main Street, at 8:30.

Outhwaite-October speakers are: 5—Jerry W., Angle; 12—Farrell G., Angle; 19—Roy W., Angle; 26—Victor Z., Superior.

St. Clair Thursday-Observes its second anniversary on Sunday afternoon, October 26 at 4 o'clock, with Eleanor D. of Canton, Ohio as guest speaker. Added feature of the occasion will be the recognition of eleven members

who will have completed their first year of uninterrupted sobriety. Other October speakers are: 2—Mike M., Your; 9—George O'H., Cleveland AA District Office; 16—Harry R., Stella Maris Home; 23—Harry D., Edgelake; 30—Elwood O., Forest City.

Trinity-October speakers are: 4—Clara B., Elyria; 11—Frank K., Union; 18—J.C.H., Matt Talbot; 25—Annual Hallowe'en Dance. You're invited.

W. 25th-October speakers are: G-Joseph B., Gordon Square; 13—Chester S., Lodi, O.; 20—Observes its seventeenth anniversary with Harold "Buddy" M., Meadville, Pa., as speaker; 27—Grover M., Lodi, O.

West Park-October speakers are: 7—Helen W., Shaker; 14—Panel discussion-group participation; 21—Observes its 13th anniversary with Warren G., Sr., Lake Shore as speaker; 28—Open.

Refresher Training Meeting-October meeting places and dates: 3—Step and Tradition XII, Solidarity; 11—Step and Tradition I, Redwood; 27—Step and Tradition II, Lorain Avenue, Monday.

Women's House of Correction-October speakers are: 1—Frank K., Solon; 8—Rose H., Collinwood; 15—Bill C., Solidarity; 22—Guy P., Shaker; 29—Marty R., East Shore Women.

FALL CONSOLIDATED MEETING

Sunday, October 19, 4 p. m.

Jordan Hall, Charity Hospital

People attending the Fall Consolidated meeting sponsored by Central Committee for the purpose of bringing much sought and highly capable out-of-town speakers for our edification will be rewarded in hearing Victor B., of Adrian, Michigan on Sunday, October 19 at 4 p. m. in Jordan Hall Nurses Auditorium of Charity Hospital.

Our speaker made a most impressive talk at the Ohio General Service Second Annual Conference recently held in Toledo and he graciously consented to repeat this message at our Consolidated meeting in October. He deserves a packed auditorium.

AA BOWLING NEWS

The West Side Friday AA Bowling League comprised of 24 teams, bowls in two shifts of twelve teams each on Friday evenings at 7 and 9:30 p. m. The teams are composed of AA members (male) from the many West and South side groups in Cleveland.

They bowl at the Bowl-Mor Recreation Alleys, 15330 Detroit Ave., Lakewood and the competition is fierce but friendly. The teams attract quite a following and if you want to have fun, be a spectator.

I met Joe Doakes yesterday for the first time. He certainly didn't impress me. I heard he was an important man.

He IS an important man! Intelligent too! He has humility—that vital ingredient which makes a man feel smaller as he becomes greater.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church.
Cor. Addison and Wade Park.....8:30
BORTON-E. Cleveland Congrega. Church,
Page and Euclid Ave. 8:30
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes.....7:30
EARLY-EARLY-Plasterers Union Hall,
1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE-Rocky River Community Cen.
Wagar & Hilliard, Rocky River.....8:30
FRIENDLY SUBURBAN-6037 Pearl.....8:00
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit.....9:00
LEE MONDAY-First Presbyter. Church.
East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd. 9:00
ORCHARD GROVE-SS. Peter & Paul Luth.
13028 Madison, corner Grace.....8:30
PEARL-Corpus Christi Basement.
4850 Pearl Road.....8:30
RAMONA-9721 Ramona Blvd.....8:30
SHAKER-Unitarian Church,
Shaker and Belvoir Blvd.....9:00
SOUTH EAST-7526 Broadway.....8:30
UNION-Fast View Congregational Church,
Kinsman at E. 156th St.....9:00
WEST 25th ST.-Marvel Hall.....9:00
WOMEN'S-Westside-West Boulevard
Christian Church, Madison and W. 101.8:45
ELYRIA MEN-St. Agnes Church.
Lake Road at Bath St., Elyria, O.....8:30
JEFFERSON, O.-St. Joseph's Church.....8:30
VERMILION-Congregational Church.....8:30
WILLOUGHBY, & Presbyterian Church 8:30

TUESDAY

ARCADE-Old Stone Church,
Public Square, Ontario entrance.....8:00
CLARK-1917 Clerk Ave.....8:30
CLOVER-(Women)-E. 46th, So. of Scovill
Portland-Outhwaite Center.....8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant.....8:00
EUCLID-WADE-Calvary Presbyterian
Church, E. 79th and Euclid Ave.....9:00
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry.....9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave. 9:00
HILLTOP-St. Joseph's Seminary
17608 Euclid Ave.....8:45
LAKE SHORE-Lakewood Congregation &
1376 W. Clifton, corner Detroit.....8:30
MAY-LYND-Kenny King's Restaurant
May-Land Shopping Cen. Mayfield Hts. 8:30
MILES-LEE-Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave.....8:30
SMITH-WILSON-Nativity School,
9510 Aetna Road.....8:30
SUPERIOR-North Presbyterian Church,
E. 40th and Superior.....9:00
WEST PARK-Puritan Lutheran Church,
Puritas Ave. and W. 138th St.....8:30
ASHLAND, O.-First Presbyterian Church,
Corner Church and Third Streets
8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday.....8:30
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch., Rt. 20, E. So. Wood, Mentor.8:30
LORAIN CENTRAL-Lorain, O.....8:30
MEDINA, O.-St. Paul's Epis. Par. Hse.....8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian, Across from Post Office.....8:30
STRONGSVILLE-Town Hall.....8:30

WEDNESDAY

ALLAMERICAN Sportsmen, 1142 Buhrer,
3rd Wednesday each month.....8:30
BAXTER-8437 Broadway.....8:30
BROOKLYN-N. of P. Hall,
3316 Broadview, East of Pearl Rd.....8:30
C. E. I-Illuminating Co.,
Room 355-Rear Building.....8:30
COLLINWOOD-945 E. 152nd St.....8:30
DENISON MEN-7403 Denison Ave.
(first Wednesday, joint meeting).....8:30
DOAN MEN'S-7288 E. 116th St.,
Second floor, side entrance.....9:00
E.A.S. T. SIDE MORNING-
2028 East 105th St.....10:30 A.M.
GARFIELD HEIGHTS-Trinity Baptist,
E. 94th and Garfield Blvd.....8:30
HAGUE-Grace Cong. Assembly Hall,
West 65th and Colgate.....8:30
LAKEWOOD WOMEN-St. Peter's Episcl
18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD-First English Lutheran.
Derbyshire and Euclid Hts. Blvd. 9:00
LORAIN AVE.-S.S. Philip & James Hall,
3689 Bosworth Road.....9:00
ST. JAMES-Mt. Calvary Baptist Church,
E. 103rd and Cedar.....8:30
ST. MARY-400 North S., Chardon, O.....8:30

TWENTY-FOUR HOUR-13216 Detroit,

Church of the Ascension.....8:30
WARRENSVILLE-Women's House Cor.7:30
WEDNESDAY NIGHT DISCUSSION-
(Stag) 1386 Ardenall Ave.....8:00
WOMEN'S-Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
ASHTABULA CONSOLIDATED-
Geneva, O. 1st Wed. each month,
American kg. Hall, Eagle and Park.....8:00
ASHTABULA COUNTY WOMEN-St.
Mary's Hall, Conneaut, O., 2nd.5th Wed.7:30
BEDFORD, O.-Y.M.C.A. Tarbell Ave.....8:30
CONNEAUT MEN-Conneaut, Ohio
B. of L.E. Hall, Whitney Block, Main St.8:30
ELYRIA, O.-S. Paul Building,
Third and Middle, side entrance.....8:30
FAIRPORT HARBOR-St. Michael's Ch.,
630 Plum St., Fairport Harbor.....8:00
LORAIN, O.-Methodist Cb., 6th & Reid.8:30

THURSDAY

ALLEN-5927 Euclid Ave.....8:00
ALLENDALE-St. Paul's Episcopal
Church, 15837 Euclid Ave.....8:30
ANGLE-St. Malachi's Church,
2549 Washington Ave.....8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall.....8:30
CORLETT-Holy Family School,
3845 E. 131st at Chupelside.....8:30
COVENTRY-Fairmount Preshy. Church,
Scarborough and Fairmount Blvd.....8:30
CRILE HOSPITAL-Library.....8:00
CROSSROADS-Bethany Presbyterian Church,
W. 65th and Clinton.....9:00
EAST SHORE WOMEN-First Baptist Ch.
1565 Chardon Rd., near Euclid.....8:30
HAWTHORNDEN STATE HOSPITAL.
Macedonia, O. Basement of New
Employees Bldg.....8:00
NO. OLMSTED-Saulich's Nursing Home,
27048 Lorain Road.....8:30
OUTHWAITE-Garden Valley,
7100 Kinsman Ave.....8:30
PARMA HEIGHTS-6400 Pearl Road,
Laux Realty Basement (rear).....8:30
ROCKY RIVER-Rockport Methodist,
Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY-Glenville Cong.
Church, (side ent.) St. Clair & Eddy Rd. 9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O.....9:00
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd.....9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St.....8:30
ASHTABULA HARBOR-1463 W. 5th St.8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset.....9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
9205 Superior Ave.....8:30
BROADWAY-HARVARD-8437 Broadway.9:00
CEDAR-Salvation Army, 5005 Euclid.....8:15
CHARITY-Charity Hospital.....8:30
EUCLID FRIDAY-Holy Cross Church
E. 200 and Lake Shore Blvd.....8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room.....1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St.....9:00
LEE ROAD-American Legion Hall,
Post 163, 15544 Euclid Ave.....9:00
NORTH EAST-Town House Motel,
15661 Euclid Ave.....8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar.....8:45
STELLA MARIS MIXED
1320 Washington Ave.....8:15
ROSARY HALL AUXILIARY.
Rosary Hall, Charity Hospital.....8:30
TAPCO-23565 Euclid Ave.....9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE
Lkwd. Cong. Ch., 1375 W. Clifton.....9:00
AVON LAKE-First Congregational Church,
32801 Electric Blvd.....8:45
BERPA-Social room of Berea Cong.
Church, Seminary and Church.....8:30
CHAGRIN FALLS, O.-American Legion,
E. Orange St.....8:30
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O.....9:00
ELYRIA-(Mixed)-Alconon Club,
345 Broad St., Elyria, Ohio.....8:30
CONNEAUT, O.-B. of L. E. Hall.....8:30
LAKE COUNTY-Mentor Christian Church,
Route 20, Cor. Jackson, Mentor, O.....8:30
LORAIN, O.-Mt. Zion Baptist Church,
30th and Wood Streets.....8:30
WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway.....8:30
FOREST CITY-6619 Denison Ave.....9:00
JACK & HEINTZ-17600 Broadway.....8:30
LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave.....9:00
LIBERTY-945 E. 152nd St.....9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd.8:30
MATT TALBOT-St. Philip Neri Church,
E. 82nd and St. Clair.....8:30
MEMPHIS-Lakewood Congregational Ch.
1375 W. Clifton, Cor. Detroit Ave.....9:00
PARMA-St. Charles Church, basement,
Corner Ridge Rd. and St. Charles.....8:45
PLAINS-Grace- Episcopal Church-
Rte. 20 near Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole.....8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St.....8:30
VALLEY VIEW-Community Center,
West 7th and Starkweather.....8:30
8005 GROUP-8005 Lorain Ave.....8:30
ASHTABULA, O.-St. Peter's Episc. Church,
Main Avenue at South Park.....8:30
ELYRIA SATNITE-Alconon Club,
345 Broad Str., Elyria, O.....8:30
SOLON, O.-St. Rita's High School.....9:00
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21.....9:00
WINDSOR, O.-Community Hall.....9:00

SUNDAY

BROOKSIDE-Blessed Sacrament Church.
Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue.....10:45 A.M.
COLLINWOOD-945 E. 152nd St.....7:30
DETROIT-Mixed-8023 Detroit Ave.....8:00
DETROIT SUNDAY-
8304 Detroit Avenue.....7:30 P. M.
GOLF LAKELANDS-Trinity Lutheran,
Redbird and Chapel, No. Madison, O.....2:00
LAKEWOOD ARMORY
1437 Wayne Ave., South of Detroit.....9:00
LIBBY ROAD-St. Wenceslas Church,
17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED-
First Sunday of each month. Alconon
Club, 345 E. Broad St., Elyria.....7:30
MISTLETOE-St. Thomas Church,
9205 Superior Ave.....7:00
NEWBURY-St. Helena's Church, Rt. 87.8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St.....8:30
OUTHWAITE-Garden Valley,
7106 Kinsman Ave.....4:30
STELLA MARIS-Sunday Training Meeting,
1320 Washington Ave.....3:00
SUPERIOR STAG-8801 Superior.....11 A.M.
WARENSVILLE-Cooley Farms
Recreation Room.....10:00 A.M.
CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O.....8:30
CONNEAUT WOMEN-St. Mary's Hall
Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.-Legion Hall, Park St.,
corner of so. Eagle.....7:30

AVALON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
E. 79th and Euclid.....Tuesdays, 8:30
BETHANY-Bethany Presbyterian Church,
6415 Clinton Ave.....Wednesday, 8:30
SOUTH EAST-Luth. Church of Covenant,
Libby Rd. & Maple Hts. Blvd., Thurs.8:30
CHARITY-St. Vincent Charity Hospital,
E. 22nd and Central.....8:30

NURSING HOMES THAT TREAT ALCOHOLICS

Alcoholics Abstinence Nursing Home (MW)
MELORE 1-1635.....8023 Detroit Ave.
Al-Ju, Inc. (MW).....28707 Euclid Ave.
Whitney 4-2244.....Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
Express 1-8998.....7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M)
Atlantic 1-3353.....8304 Detroit Ave.
Farquharson's (M) TUxedo 5-1882.....6037 P a d

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-7387

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE-
Hanna Building, Room 370.....8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE-
Hanna Building, Room 370.....8:30

"Blow by Blow"

"STRAIGHT MARKS ON TV"

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. XVII-No. 1

BOX 6712, CLEVELAND 1, OHIO

October, 1958

SUBSCRIPTION PRICE \$1.00 PER YEAR

15

TEN CENTS PER COPY

CAMPAIGNING

There has been some heavy campaigning in the 1958 election. The voters have been besieged by oratory, telephone calls, and personal visitations. They have been snowed under with so-called literature, much of it glaringly wide of the facts, through the mails and at the front door.

How much effect, we wondered, do all these methods have on the voter? Most, we believe, have their minds pretty well made up before the flood of propaganda starts.

It all reminded us of the campaigning that went on in our family, and also in the family of every alcoholic, for years and years to persuade him that sobriety was the only way of life.

But the alcoholic had made up his mind to drink and nothing anyone could say would change his mind. At times, in lucid moments, he could pick holes in some of the arguments just as can be done with most political propaganda.

We all know all the old arguments: Will power, the cure, the pledge, the appeal to reason, the plea for the sake of the family, etc., etc. All like water off a duck's back, especially since we were highly disinterested in water.

We had our minds made up and that was that.

Then there came a day when we changed our minds, not through anyone's persuasiveness, but of our own free will. We got fed up unto death with the sort of life we were leading. Instead of putting up a defensive shield against the verbal bombardment from outside, we looked within ourselves at the suggestion of an AA friend. What we saw frightened us. We were still sufficiently rational to realize that this sort of existence could not long continue. We came to our own conclusion.

Then it was easy. No more campaigning was necessary. We had elected sobriety and it brought into operation the sort of administration of our lives which had so long been needed.

Oddly enough, we ourselves, after getting squared around, making amends, and turning our affairs over to a Higher Power, became campaigners. Not the harning kind, for we knew how ineffective that would be. But the kind that sets an example which other alcoholics, often old drinking companions; see and wonder about and begin to inquire about. Our campaigning consists, too, in telling the story of what happened to us, if the other party wishes to hear it. No coercion, no false claims, no extravagant promises are made.

But what we have gained, what we can offer, is far beyond any promise any politician can make even if that politician is in the rather rare habit of carrying out his promises.

What we offer is a new life from top to bottom, not just a shift in personalities in council chamber, legislative halls or Congress or in public offices.

And this analogy between political campaigns and sobriety is not far fetched because while leading an alcoholic life we cannot be responsible citizens. Sober we can

(Continued on page two)

IT CAN BE DONE' '0

Many people in areas far away from Cleveland/are incredulous when we assert that we have over 500 members in the Cleveland-Akron area with over ten years of uninterrupted sobriety.

When we add that we have over 100 with fifteen or more years of continuous sobriety, they simply will not believe it.

We had cited a recent meeting held by the Independence group where over 150 AAs gathered to hear Howard B. sneak on the occasion of his sixteenth anniversary. Better than fifty in the audience had records of from twelve to twenty-two years of continuous sobriety.

They were old faces in AA. Everyone in the audience was acquainted with them. Just getting sober and remaining so wasn't the remarkable thing to write about. What was remarkable was their continuous active interest — still doing Twelfth Step work — still humble and grateful — still ready to help.

Undoubtedly the secret of their splendid record was that they each had truly made a complete surrender when they embraced the program of Alcoholics Anonymous. Their example of practicing ALL of the Twelve Steps daily attracted many to the program when AA was in its early stages of growth.

Another attribute which each possessed was humility. They sought no personal credit for the untiring work they did in carrying the message to others. When people tried to applaud them and honor them these fine people, once ostracized and humiliated, refused to accept praise. They gave all credit where it belonged to God

as they understood Him. This still is good and proper today after 24 years since AA was conceived.

Another factor noticeably common to each of them was their open-mindedness—their interest in learning more about the program—their admission that they didn't know ALL the answers.

Just stop and think of what would have happened had Bill and Doctor Bob set different standards than ABSOLUTE abstinence. For instance . . . what if they had permitted a two-week or a month binge in each year—their birthday . . . St. Patrick's Day . . . Christmas Holidays? Their acquaintances and their critics would probably have granted them that privilege. They might have even lauded them for such a sensible program of control.

We know now, of course, that such a program would never have been successful, for many rebels against the "absolute abstinence" plan have proved it.

We also believe that had Bill and Doc refused to recognize that only a Higher Power could restore them to sanity and that they had to keep in DAILY contact with Him, that they most certainly would have failed to attract many adherents to the program.

We hear many excuses from slippers in pajamas. In the vast majority of cases the primary cause of their relapses was their rebellion at "so much God-stuff" at the meetings . . . or that they had to give up some of their pet

(Continued on page two)

CAMPAIGNING

(Continued from page one)

be a credit to ourselves, our families and our communities. We can become decent citizens who can contribute constructively to the life around us and help win the biggest campaign of all-bringing others to sobriety.

BLOW BY BLOW ACCOUNT BORING@

Can't we do something in AA to de-emphasize stress often laid on boring, reiterated tales of drunken escapades which sometimes would pale a Dracula in an abattoir?

My sobriety is too precious to me to risk it by listening to an "inspiring" episode which is based primarily on the quart-per-hour consumption rate of a ham who is bedazzled with the sudden discovery that he can utter a simple sentence before a group of people.

What this neo-Webster doesn't realize is that his is a captive audience, too polite to get up and walk out to the John, too steeped in Robert's Rules to interrupt or too disinterested after the 59th quart. Boy, he's talking!

These purveyors of doom and gloom would have a new-coming, potential AA member believing that all AA is for is to provide the audio to a silent drunkalogue.

Over a period of years, I have listened to hundreds of AA talks. Some of them have been truly inspirational. Most of them have been bad, but not so, in my opinion, because of the speaker's grammar, pronunciation or the way he parted his hair.

Mainly, they have left most people (honest enough, at least, to say so to everyone but the guilty party) impressed with the recollection that they should have stayed at home to watch *Dragnet*. When one of those pompous, insatiable ex-guzzlers starts speaking, I am always envious of the man who has to drive over to the supermarket to get Cokes for the after-meeting lunch.

From the positive point of view and with tongue removed from cheek, I am inclined to follow the theory that most alkie have had pretty much the same experiences -volume-wise in liquids alcoholic at least.

The truth of the matter is that most of the successfully arrested alcoholics seldom think much about their former drinking habits. They are concerned with real problems; they have had a great deal of experience in solving those run-of-the-mill situations which aggravate the beginning AAer; they have learned to live with their affliction; they have learned the intrinsic values which lie in store for those who follow the way pointed in the AA credos.

My thesis, then, is: Let's have more of the positive, helpful talks which will point the way of sobriety to the newcomers. Let's leave old demon braggart dead and buried; once you've been an AA he doesn't seem to fit anywhere anyway.

—*Arizona Advocate*

STELLA MARIS ON T-V

"Viewpoint," a weekly program on a Cleveland television station (Channel 3), presented a graphic and realistic story of an alcoholic on skid row who was persuaded to come to the Stella Maris Home for help, Sunday, October 26. After a forceful, straight from the shoulder talk by the superintendent of the Home, he was accepted and eventually reunited with his wife.

In our opinion the acting of all of the characters was outstanding, particularly that of Bill M., an eighteen year member of AA who looked and acted the part so realistically, that when he staggered across the street, a police squad car suddenly came from nowhere and made ready to arrest him for intoxication.

It took some persuasive talking by the rest of the cast and the photographers to convince them that Bill was only acting. Still suspicious, they withdrew to the sidelines so the script could be completed.

The story of how Stella Maris Home was developed and how it grew from a dilapidated frame house housing 17 men to its present modern brick building which accommodates 75 men was revealed by Bud Wendell, radio and TV programmer, as he interviewed Harry R., manager, and Franklyn S., a member of the board of directors.

IT CAN BE DONE

(Continued from page one)

vices . . . or that they had to do Twelfth Step work, foolishly believing it would destroy their anonymity.

No one can stay happily sober unless he or she lives the program fully-every day. Those that fail because of the many faults they find with the program of AA aren't sincere when they say they'll do ANYTHING if they could only stay sober.

It's a simple program if one wants it badly enough.

ANONYMITY-AND THE MAIL

"No AA member would ever knowingly violate the anonymity of another AA." I'm sure everyone in the fellowship would agree with that statement. And because of that, I would have given you odds in a bet that there are very few violations of anonymity around Cleveland.

So you can imagine how red my face was at Central Committee the other night. I was told there are many violations; that it happens all the time-in the mail! Of course, it isn't done on purpose; it isn't done knowingly. But any time full names are used on meeting announcement cards it can and does happen.

You say the cards don't actually say "AA" on them? You say outsiders don't know what these cards are if they see them? Well, let's look at a couple of actual cases and see what really happened:

CASE I.

Mrs. A. guards her anonymity as is her right and privilege. It so happens she works at a certain hospital. When she agreed to lead a meeting recently, postcards were sent out bearing her full name. One of these cards got posted on a bulletin board in the alcoholic ward of the hospital. Her fellow employees saw the card and her secret was out; her anonymity gone at her place of employment-the very place she wanted to keep it!

CASE II.

Mr. B., husband of an alcoholic woman, attends an open meeting. His wife's full name is read from a card which announces her as the speaker at the So-and-So Group next week. Other non-alcoholics at the meeting thus learn of Mrs. B's membership. She and her husband both are upset because they had been trying to maintain the wife's anonymity in the new neighborhood in which they lived.

CASE III.

An architect had been a member of AA for almost a year. He had guarded his anonymity carefully because his employer had asked him to do so for business reasons. He was asked to lead his first meeting and agreed to do so. Imagine the jolt he got when a rival architect phoned to say he had been attending an open meeting with a friend and heard our architect's name read as the speaker for a certain group.

These three violations actually occurred here in Cleveland. And there must have been hundreds of others. You know as well as I do, how often full names are used on open postcards.

In many cases no harm is done. Why? Because many AAs, and I am one myself, make no effort to protect anonymity. We wouldn't care if the card were read over a P.A. system on the Public Square. But that's beside the point because **others do care!** A couple of others cared enough to come to Central Committee and ask that something be done about it.

So, via this message in The Bulletin, I'm asking Cleveland AA to keep in mind that the violation of anonymity is just as devastating whether it is done knowingly or unknowingly!

The name of the game is Alcoholics ANONYMOUS. Let's "play the game." First name and initial **only** on announcement cards, please.

Bob L., Moderator
Central Committee

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Borton-The first AA group in Cleveland observes its nineteenth anniversary on Monday, November 17. You are welcome to attend.

Brooklyn-November speakers: 5-Grover M., Burbank, O.; 12-Norman Y., Canton, O.; 19-George B., Brooklyn (his second anniversary); 26-Al A., Ashland, O.

Doan Men-Harry R., Stella Maris Home, and one of the group's founders, will observe his nineteenth anniversary of uninterrupted sobriety and zealous service to other alcoholics (particularly those seemingly most hopeless) on Wednesday, November 26. This meeting should attract a large segment of members who love and admire the red nosed ranger. Food will be furnished by the Home.

Eastside Morning-November speakers are: 5-Mickey McG., Edgelake; 12-Leo S., Newburgh; 19-Moses F., Outhwaite; 26-Larry O'C., Arcade.

Fairview Park-November speakers are: 4-Jerry W., Angle; 11-Howie L., Angle; 18-Eddie G.; 25-Dick J., Lakewood Armory.

Gordon Square-November speakers are: 7-Skid S., Newburgh; 4-Wilma O'N., Westside Women; 21-Joe B., Gordon Square (his thirteenth anniversary); 28-Verne H., Lorain Ave.-Thursday.

Hilltop-November speakers are: 4-Tom N., Hilltop (his eleventh anniversary); 11-Bill C., Solidarity; 18-Steve L., Memphis; 25-Ted R., Valley View.

Lake County-November speakers are: 4-Marty R., Chardon Women; 11-George G., Forest City; 18-Betsy LaR., Forest City; 25-Bud B., Mentor Plains.

Libby Road-November speakers are: 2-Ray C., Broadway Harvard; 9-Dale W., Garfield Hts.; 16-Tony K., Broadway-55; 23-Fred D., Coventry; SO-Irene M., Westside Women.

Mansfield, O.-Observes its seventeenth anniversary on Tuesday, November 11, at 8:30 p. m. (E.S.T.) in Grace Episcopal Church, corner Bowman and West 3rd St. The speaker will be Judge Clyde D., of Toledo. A buffet luncheon will be served after the meeting. You are all welcome.

Maria Joseph-A new group, which meets every Sunday at 1 p. m. at the Plasterer's Hall, 1651 E. 24th St., off Payne Ave. Mark C. of Euclid is secretary.

Mentor Plains-November speakers are: 1-Neil G., St. Clair-Thursday; 8-Jack S., Lorain Ave. Monday; 15-Jim P., Shaker; 22-Gus, the Baker, Baxter; 29-Bobbie M., Addison.

Orchard Grove-The first westside group observes its nineteenth anniversary on Monday, November 24, at 9 p. m. in SS. Peter and Paul Lutheran Church, 13028 Madison Ave. (corner Grace). The speaker will be Sidney A. of the Fairmount group.

St. Clair Thursday-November speakers are: B-Pauline C., League Park; 13-Fred W., St. Clair Thursday (his second anniversary); SC-Bill M., St. Clair Thursday (his first anniversary); 27 Jean C., Eastside Morning.

Trinity-November speakers are: 1-Al K., Trinity (his first lead); 8-Harry D., Edgelake; 15-AA Women's Question and Answer Panel with Ruth V., Westside Women as moderator. Other members of the panel are: Regina R., Lakewood Women; Deedie C., Eastside Women; Marty R., East Shore Women and Barbara P., Friday Afternoon Women; 23-Leroy E., Pearl; 30-Roy B., Detroit Mixed.

West Park-November speakers are: 4-Tom McG., Edgelake; 11-Tony W., Elyria; 18-Mary J. and Norris M., Brooklyn (a mother and daughter lead); 25-Tom N., Hilltop.

West 25th-November speakers are: 3-Norma P., Westside Women; 10-Ed D., Lorain Ave. Wednesday; 17-Irene W., Crossroads; 24-George G., Forest City.

Women's House of Correction-November speakers are:

5-George A.; 12-Jerry R.; 19-Edna B.; 26-Ed S.

Refresher-Training Meetings-November meeting places and dates: 4-Step and Tradition III, Lake Shore; 12-Step and Tradition IV, Twenty-Four Hour; 20-Step and Tradition V, Parma Heights; 28-Step and Tradition VI, Solidarity.

THANKS FOR THE SUPPORT

We are deeply grateful for the splendid response of several of our groups who are active in securing subscriptions or are giving away subscriptions as prizes at each meeting.

The question has arisen of what to do if a prize winner is already a subscriber. In such a case we would extend his expiration date another year.

With the increased postal rates in the offing, we will need 2000 subscriptions to break even.

Thanks to all you fine supporters.

GIGGLES

An obviously frightened gentleman with an aching tooth went to see his dentist. In order to calm the man down, the dentist offered him a drink of whiskey. The patient tossed it down, asked for and got another.

"Now," said the dentist, "have you got your courage back?"

"Yeah," snarled the patient, "and I'd like to see any so and so touch my teeth!"

"The lady says you tried to speak to her at the station," said the Judge.

"It was a mistake," said the salesman. "I was looking for my friend's sister, whom I had never seen before, but who's been described to me as a handsome blonde, with classic features, fine complexion, perfect figure, beautifully dressed, and . . ." at which point the witness announced: "I don't care to prosecute the gentleman. Any one might have made the same mistake."

Rancher: Well, friend, how many sheep would you say are in that flock?

Visitor: 500.

Rancher: Amazing. But how did you guess?

Visitor: I didn't. I counted the legs and divided by four.

An elderly gentleman observed a small boy trying to ring a doorbell. The boy couldn't reach the bell so the kindly old man rang it for him. He asked the boy what he was going to do next. And the kid replied, "I'm going to run like blazes, mister, what are you going to do?"

I'm mar!! I sponsored Joe Doakes a year ago. Last night he led a meetnig and stated that John Smith was his sponsor! That's gratitude for you!

Al, when you will learn not to seek credit for sponsoring a member? Sponsoring a person is a way of showing your gratitude by sharing what you have received.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church.
Cor. Addison and Wade Park.....8:30
BORTON—E. Cleveland Congrega. Church.
Page and Euclid Ave.....8:30
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes.....7:30
EARLY-EARLY—Plasterers union Hall,
1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE—Rocky River Community Cc.....8:30
Wagar & Hilliard, Rocky River.....8:30
FRIENDLY SUBURBAN-6037 Pearl.....8:00
LAKEWOOD MEN'S—St. Peter's Episcopal
W. Clifton and Detroit.....9:00
LEE MONDAY-First Presbyter. Church,
East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.—St. Ignatius Hall,
Lorain Ave. at West Blvd.....8:30
ORCHARD GROVE—SS. Peter & Paul Luth.
13028 Madison, corner Grace.....8:30
PEARL—Corpus Christi Basement.....8:30
4850 Pearl Road.....8:30
RAMONA-9721 Ramona Blvd.....8:30
SHAKER-Unitarian Church.
Shaker and Belvoir Blvd.....9:00
SOUTH EAST-7526 Broadway.....8:30
UNION-East View Congregational Church,
Kinsman at E. 15th St.....9:00
WEST 25th ST.—Marvel Hall,
2858 W. 25th St.....9:00
WOMEN'S—Westside West Boulevard
Christian Church, Madison W. 101.....8:45
ELYRIA MEN—St. Agnes Church
Lake Road at Bath St., Elyria, O.....8:30
JEFFERSON, O.—St. Joseph's Church.....8:30
VERMILION-Congregational Church.....8:30
WILLOUGHBY, O.—Presbyterian Church 8:30

TUESDAY

ARCADE-Old Stone Church,
Public Square, Ontario entrance.....8:00
CLARK-1917 Clark Ave.....8:30
CLOVER—(Women)—E. 46th, So. of Scovill
Portland-Outwaite Center.....8:30
EAST SIDE WOMEN—11205 Euclid
Church of the Covenant.....8:00
EUCLID-WADE-Calvary Presbyterian
Church, E. 79th and Euclid Ave.....9:00
FAIRMOUNT—St. Paul's Episcopal,
Fairmount and Coventry.....9:00
FAIRVIEW PARK—Fairview Grace
Church, W. 224th and Lorain Ave.....9:00
HILLTOP—St. Joseph's Seminary,
17608 Euclid Ave.....8:45
LAKE SHORE—Lakewood Congregational,
1376 W. Clifton, corner Detroit.....8:30
MAY-LYND-Kenny King's Restaurant,
May-Land Shopping Cn. Mayfield Hts.....8:30
MILES-LEE-Mt. Hope Lutheran Church,
12 164th. north of Miles Ave.....8:30
SMITH-WILSON—Nativity School,
9510 Aetna Road.....8:30
SUPERIOR—North Presbyterian Church,
E. 40th and Superior.....9:00
WEST PARK—Puritas Lutheran Church,
Puritas Ave. and W. 138th St.....8:30
ASHLAND, O.—First Presbyterian Church,
Corner Church and Third Streets
8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED—
Methodist Church, South Broadway
Geneva, Ohio—First Tuesday.....8:30
LAKE COUNTY—Fellowship Hall Metho-
dist Ch. 1R t. E. (So. Wood, Mentor).....8:30
LORAIN CENTRAL-Lorain, O.
Trinity Church.....8:30
MEDINA, O.—St. Paul's Epis. Par. Hse.....8:30
SANDUSKY, O. (Firelands)—First Pres-
byterian, Across from Post Office.....8:30
STRONGSVILLE—Town Hall.....8:30

WEDNESDAY

ALL-AMERICAN Sportsmen. 1142 Buhrer,
3rd Wednesday each month.....8:30
BAXTER—8437 Broadway.....8:30
BEDFORD—Masonic Temple, Tarbell Ave.....8:30
BROOKLYN K. of P. Hall,
3316 Brogiew, East of Pearl Rd.....8:30
C. E. I.—Illuminating Co.,
Room 355—Rear Building.....8:30
COLLINWOOD—945 E. 152nd St.....8:30
DENISON MEN-7403 Denison Ave.
(first Wednesday, joint meeting).....8:30
DOAN MEN'S—2028 E. 105th St.,
Second floor, side entrance.....9:00
EAST SIDE MORNING—
2028 East 105th St.....10:30 A.M.
GARFIELD HEIGHTS—Trinity Baptist,
E. 94th and Garfield Blvd.....8:30
HAGUE—Grace Cong. Assembly Hall,
West 65th and Colgate.....8:30
LAKEWOOD WOMEN—St. Peter's Episc'l
18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD—First English Lutheran,
Derbyshire and Euclid Hts. Blvd.....9:00
LORAIN AVE.—S.S. Philip & James Hall,
3680 Rosworth Road.....9:00
ST. JAMES-Mt. Calvary Baptist Church,
E. 103rd and Cedar.....8:30

ST. MARY—400 North S., Chardon, O.....8:30
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension.....8:30
WARRENSVILLE—Women's House Cor.....7:30
WEDNESDAY NIGHT DISCUSSION—
(Stag) 1386 Ardenall Ave.....8:00
WOMEN'S—Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57).....8:30
ASHTABULA COUNTY WOMEN—
St. Mary's Hall, Conneaut, 2nd. 4th Wed.....7:30
CONNEAUT MEN-Conneaut, Ohio
B. of L.E. Hall, Whitney Block, Main St.....8:30
ELYRIA, O.—St. Paul Building,
Third and Middle, side entrance.....8:30
FAIRPORT HARBOR—St. Michael's Ch.,
630 Plum St., Fairport Harbor.....8:00
LORAIN, O.—Methodist Ch., 6th & Reid.....8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal
Church, 15837 Euclid Ave.....8:30
ANGLE—St. Malachi's Church,
2549 Washington Ave.....8:30
BROADWAY-55th—Our Lady of Lourdes
School Hall.....8:30
CORLETT-Holy Family School,
3845 E. 131st at Chapelside.....8:30
COVENTRY-Fairmount Preshy. Church,
Scarborough and Fairmount Blvd.....8:30
CRILE HOSPITAL—Library.....8:00
CROSSROADS-Bethany Presbyterian Church,
W. 65th and Clinton.....9:00
EAST SHORE WOMEN—First Baptist Ch.,
1565 Chardon Rd., near Euclid.....8:30
HAWTHORNDEN STATE HOSPITAL,
Macedonia, O., Basement of New
Employees Bldg.....8:00
NO. OLMSTED-Saulich'a Nursing Home,
2704 E. Lorain Road.....8:30
OUTIWAITE-Garden Valley,
7100 Kinsman Ave.....8:30
PARMA HEIGHTS—6400 Pearl Road,
Laux Realty Basement (rear).....8:30
ROCKY RIVER—Rockport Methodist.
Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY—Glennville Cong.
Church, (side ent.) St. Clair & Eddy Rd.....9:00
WEST SIDE-7403 Denison Ave.....10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O.....8:30
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd.....9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St.....8:30
ASHTABULA HARBOR-1463 W. 5th St.....8:30
INDEPENDENCE, O.—S+ John's Lutheran
Hall, Second and Sunset.....9:00

FRIDAY

ANSEL ROAD—St. Thomas Church,
9205 Superior Ave.....8:30
BROADWAY-HARVARD-8437 Broadway-9:00
CEDAR-Salvation Army, 5006 Euclid.....8:15
CHARITY-Charity Hospital.....8:30
EUCLID FRIDAY-Holy Cross Church
E. 200 and Lake Shore Blvd.....8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room.....1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St.....9:00
LEE ROAD-America Legion Hall,
Post 163, 15544 Euclid Ave.....9:00
NORTH EAST-Town House Motel,
15661 Euclid Ave.....8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar.....8:45
STELLA MARIS MIXED
1320 Washington Ave.....8:15
ROSARY HALL AUXILIARY,
Rosary Hall, Charity Hospital.....8:30
TAPCO-23565 Euclid Ave.....9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE-
Lkwd. Cong. Ch., 1375 W. Clifton.....9:00
AVON LAKE—First Congregational Church,
32801 Electric Blvd.....8:45
BEREA-Social room of Berea Cong.
Church, Seminary and Church.....8:30
CHAGRIN FALLS, O.—Amerian Legion,
E. Orange St.....8:30
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O.....9:00
ELYRIA—(Mixed)—Alconon Club,
345 Broad St., Elyria, Ohio.....8:30
CONNEAUT, O.—B. of L. E. Hall.....8:30
LAKE COUNTY—Mentor Christian Church,
Route 20, Cor. Jackson, Mentor, O.....8:30
LORAIN, O.—Mt. Zion Baptist Church,
30th and Wood Streets.....8:30
WELLINGTON, O.—512 No. Main St.....8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway.....8:30

FOREST CITY-6619 Denison Ave.....9:00
JACK & HEINTZ-17600 Broadway.....8:30
LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave.....9:00
LIBERTY-945 E. 152nd St.....9:00
MAPLE HTS.—Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd.....8:30
MATT TALBOT-St. Philip Neri Church,
E. 82nd and St. Clair.....8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave.....9:00
PARMA—St. Charles Church, basement,
Corner Ridge Rd. and St. Charles.....8:45
PLAIN-Grace Episcopal Church—
Rte. 20 near Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole.....8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St.....8:30
VALLEY VIEW-Community Center,
Wut 7th and Starkweather.....8:30
8005 GROUP-8605 Lorain Ave.....8:30
ASHTABULA, O.—St. Peter's Episc. Church,
Main Avenue at South Park.....8:30
ELYRIA SATNITE-Alconon Club,
345 Broad Str., Elyria, O.....8:30
SOLON, O.—St. Rita's High School.....9:00
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21.....9:00
WINDSOR, O.—Community Hall.....9:00

SUNDAY

BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue.....10:45 A.M.
COLLINWOOD-945 E. 152nd St.....7:30
DETROIT-Mixed-8023 Detroit Ave.....8:00
DETROIT SUNDAY—
8304 Detroit Avenue.....7:30 P.M.
GOLF LAKELANDS-Trinity Lutheran,
Redbird and Chapel, No. Madison, O.....2:00
LAKEWOOD ARMORY
1437 Wayne Ave., South of Detroit.....9:00
LIBBY ROAD-St. Wenceslas Church,
17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED—
First Sunday of each month, Alconon
Club, 345 E. Broad St., Elyria.....7:30
MARIA JOSEPH-Plasterers Hall,
1651 E. 24th St., at Payne Ave.....1:00
MISTLETOE-St. Thomas Church,
9205 Superior Ave.....7:00
NEWBURY-St. Helena's Church, Rt. 87.....8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St.....8:30
OUTHWAITE-Garden Valley,
7106 Kinsman Ave.....4:30
STELLA MARIS—Sunday Training Meeting,
1320 Washington Ave.....3:00
SUPERIOR STAG8801 Superior.....11 A.M.
TWILIGHT-Grange Hall, Rt. 60, Axle, O. 7:30
WARRENSVILLE—Cooley Farms
Recreation Room.....10:00 A.M.
CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O.....8:30
CONNEAUT WOMEN-St. Mary's Hall
Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.—Legion Hall, Park St.,
corner of So. Eagle.....7:30

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
E. 79th and Euclid.....Tuesdays, 8:30
BETHANY—Bethany Presbyterian Church,
6415 Clinton Ave.....Wednesday, 8:30
SOUTH EAST-Luth. Church of Covenant,
Libby Rd. & Maple Hts. Blvd.....Thurs. 8:30
CHARITY-St. Vincent Charity Hospital,
E. 22nd and Central.....8:30
NURSING HOMES THAT TREAT ALCOHOLICS
Alcoholics Abstinence Nursing Home (MW)
Melrose 1-635.....8023 Detroit Ave.
Al-Ju, Inc. (MW).....28707 Euclid Ave.
Whitney 4-2244.....Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
Express 1-8998.....7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M)
Atlantic 1-3353.....8304 Detroit Ave.
Farquharson's (M) Tuxedo S-1882. 6037 Pearl

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE—
Hanna Building, Room 370.....8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE—
Hanna Building, Room 370.....8:30

CENTRAL BULLETIN



Vol. XVII-No. 2

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GIVE THANKS

Next Thursday, as we write this, is Thanksgiving Day. It should and will be a day upon which we will go to church and give thanks to our Heavenly Father for the many blessings He has bestowed upon us. For those who are members of an established church, this custom is proper and important.

Being acquainted with many in AA who are not affiliated with any church, we are of the belief that most of these will offer a special prayer of thanks on Thanksgiving Day to "God, as they understand Him," as they follow the suggested AA Daily Plan of starting and ending each day with prayer.

What will your thanks include? Material things? That is natural and proper. Will you give thanks for sobriety? Will you express special appreciation for being given the ability to think intelligently once more? Will you be grateful for learning the joy in helping others and being partly responsible for their finding the answer to happy living . . . without alcohol?

Will you be grateful for having found the beauty of humility? That in learning the grace of being humble you gained stature and respect while losing only the worldly admiration of nit-wits for your utter disregard for the rights of family, neighbor or your God by your drink-induced behavior?

Will you be grateful for learning the joy in being honest . . . with God, family, neighbor, employer? Will you recall the inner loathing and contempt you felt for yourself for the white lies and small deceptions from which you couldn't extricate yourself? Will you remember how you longed to face up and confess your cowardice and how much easier it was then to quiet the nagging conscience with booze?

Will you be grateful for rectitude? Most of us, in our drinking days, scoffed at the good moral conduct of our betters and were irritated at those who defended them. We categorized them all as hypocrites . . . church paraders!

Will you give thanks for your peace of mind? Will you compare this with your state of mind when you demanded the right to drink? Will you recall the sleepless nights, the tears and phobias of your alcohol-diseased mind?

Will you give thanks for your faith? Faith in God and faith in your fellowman . . . in ideals . . . in high standards and motives?

Will you give thanks for friendship? True friendship, earned through mutual respect and working together for good purposes . . . helping one another . . . counselling with each other? Compare your AA friends with those whom you used to call "friends" in the grog shops, who turned their back on you when you needed help.

Will you give thanks for the material things you possess? Most of us are employed. Some are out of work. But all of us, in varying degrees, have much, much more than we had when we had little regard for the value

(Continued on page two)

IS IT LUCK?

"Ever since I joined AA, my luck has changed." This was the remark of a speaker in a lead we heard some time ago. The speaker went on to describe his material gains during his three and one-half years of membership in the Fellowship of AA. These gains were substantial and impressive. He was indeed fortunate.

But, we pondered, how can we possibly call it luck? Belief and dependence on "luck" indicates (in our book, at least) a faith in a power completely alien to Divine Power. When his luck changes and stays bad, where is his assurance? What will be his means of effecting a change? Will he try Voodoo? Will he walk under a ladder, spill salt deliberately and neglect to throw

some over his left shoulder? Will he go out of his way to find a black cat? Will he deliberately twist the accepted superstitions until he forces "Lady Luck" to smile at him again?

It is a mystery to us how anyone in AA, having fully accepted every one of the Twelve Steps, can deliberately turn his back to the Source of his help and invoke the hazardous aid of the mystical, fickle and flighty Lady Luck.

Lady Luck is the goddess of the unbeliever, the sorcerer — yes, the devil. Those who have subscribed to the program of AA—those, who after having tried to run their own lives after worldly patterns (unbelievers' patterns, if you please) — accepted Steps II and III in a desperate and aroused desire to stop drinking. They came to believe that only a Power greater than themselves could restore them to sanity and accordingly they turned their

lives over to God as they understood Him.

In their darkest hours of fear they found hope, comfort and faith. They emerged from their self-made hell into a new world—a world of promise and of peace to the soul.

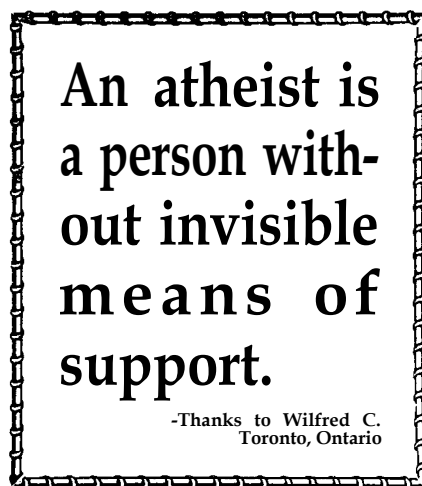
Did "luck," by the greatest stretch of the imagination ever enter into their consciousness when they had their spiritual cleansing . . . when they reaffirmed their faith as they thanked their God for the rich, undeserved blessing they received?

We alcoholics are fickle by nature. We hold our gifts too lightly. As we gather strength to fight life's battles, our lots improve. We become assets to the community instead of liabilities. We are accepted again in business circles and respected once more.

We naturally now come into contact with many normal people who haven't had the soul-stirring experiences we have had. Mixing with them, living with them, we sometimes are inclined to think and act like them again. Unless we are on constant guard, we are in danger of losing our respect for the potency of alcohol.

But, if we remain true to our course and are strong in soul, we can properly mix with them and remain unsullied and untempted. We remain true to our Daily Plan. Being the types we are, we cannot relax a moment in our resolve to be forever loyal to Him who gave us our new way of life and peace of mind to our soul.

(Continued on page two)



-Thanks to Wilfred C.
Toronto, Ontario

GIVE THANKS

(Continued from page one)

of things like money, car, home, furniture, family.

Will you give thanks for your self respect? Do you recall your swashbuckling, arrogant, pompous, selfish, thoughtless, intolerant old self, bluffing your way through life, seeking popularity? Do you recall how desperately hard it was to change the opinion of you in people whose respect you had forfeited?

Yes, there are many things to be thankful for. To the AA, every day should be Thanksgiving. If it is, in our opinion, life becomes more beautiful and more satisfying. In fact, it must be as God intended it to be.

"WHY THEY ARE ALCOHOLICS?"

(Excerpts from CL talk by Myrtle L. to Al-Anon Family Group and reprinted from Chit-Chat, Robesonia, Pennsylvania.)

I heard a member of AA tell of attending Yale Studies on Alcohol-one psychologist answered the \$64 question—"Why they are alcoholic." He said they had poorly integrated personalities, but he went on to say that other people had poorly integrated personalities, too—then he said, "We invite our families and our friends, and even our city officials to the meetings and what do we do? Just like alcoholics, we talk about ourselves and how happy we are. What about you other people, with your ladylike and your gentlemanly-like neuroses?" . . . Duke University addressed the techniques of science to this problem of happiness and unhappiness. This has nothing to do with Alcoholic Anonymous, alcohol or alcoholism. This is just for people.

They took a staff of psychiatric social workers and interviewed thousands of people whom science would describe as happy people, well integrated, well balanced, psychologically mature, emotionally stable, and asked them: "Why do you think you are happy and what do you do that makes you happy?" They picked out answers recurring in the lives of all and said: "Now these things make this one happy and other things that make everybody happy are the true keys of happiness" . . . then they interviewed thousands of people who could be described as unhappy emotionally immature, psychologically unstable, poorly integrated personalities, and they asked: "What do you do and WHY are you unhappy?" . . . they selected the answers that were most stated and said "These must be the keys to unhappiness." When they summarized all the things to do to be happy to avoid unhappiness; to seek pleasure to avoid pain; just as alcoholics tried to do how many do you suppose they found? . . . NINE only nine! (AA found twelve.) These Nine Steps which you can use to integrate your personality, to telescope your immaturities, to be more happy, less unhappy—this is a scientific answer for anybody.

Step No. 1—"Shun Suspicion and Resentment.. Nursing a grudge has been found to pull down happiness levels an average of fifty-five per cent.

Step No. 2—"Live in the present and future—twenty-four hours at a time." Most unhappiness stems from the unwholesome preoccupation with the mistakes and failures of the past. They are important only as a passport to a better and wiser today. Yesterday is gone . . . Learn from it . . . then forget it . . . Forgive yourself freely for past mistakes. It is as vital to your happiness as forgiving others. (This is science and what they found out.) They said. "Quit poisoning yourself by remembering resentments and suspicions of other people. It is even more important to forgive yourself than to forgive other persons. Sometimes we don't forgive ourselves—what sick pride! Stop to think . . . others forgive us . . . Christ on the Cross forgave us . . . and we are too proud to forgive ourselves! Let us be a little humble. If God can forgive us, can we not be humble enough to forgive ourselves? love, honor, loyalty, thrift and church attendance." . . . This is science—cold, analytical science talking about love, Quit nursing these sick shames, they are gone. Let us

IS IT LUCK?

(Continued from page one)

If you have been singularly fortunate, don't call it **luck**—thank God for it. If you've suffered misfortune which tries your soul, accept it without grumbling. The measure of your faith is gauged by the way you accept the vicissitudes of life.

There is no such thing as "luck" for an enlightened AA.

live in a healthy today and a hopeful tomorrow.

Step No. 3—"Don't waste time and energy fighting conditions you cannot change."—There is little we can do about stopping a war, healing the incurable disease of a loved one, or changing the nature of those with whom we live . . . so we stop hurling ourselves against stone walls, accept the things we cannot change and learning to live with them.

Step No. 4—"Cooperate with life instead of trying to demolish it or running away from it."—It seems we too try to run away from things . . . it seems things that make people most unhappy is the tendency to run away from life, instead of rolling with the punch and trying to cooperate.

Step No. 5—"When you find yourself in the grip of emotional stress, force yourself to be outgoing to other people instead of retreating within yourself and building a prison of loneliness."—We must quit nursing our unhappiness . . . our emotional stress . . . quit thinking of ourselves—go help some other person. There is always somebody worse off than we are . . . "If you're weeping because you have no shoes . . . remember the guy who has no feet."

Step No. 6—"Refuse to pity yourself or seek self-justification in easy alibis that make you appear noble to yourself and to others." . . . It seems we too mess up our lives, become unhappy, seek escape because we pity ourselves, or produce these glorious alibis that make us appear great in our own eyes.

Step No. 7—"Cultivate the old-fashioned virtues of honor, loyalty, thrift and church attendance. We used to think" that stuff was passe, old-hat, old-fashioned. How does a thing become old-fashioned? First, because it is old . . . How does it get old? . . . Because it has been around a long time. Why has it been around a long time? Because it works. . . . Why does it work? Probably because it is part of God's sacred nature of things. A thing lasts long enough to get old because it has a spark of sacredness in the first place.

Step No. 8—"Stop expecting too much of yourself."—When there is too wide a gap between the standards we set for ourselves and our actual achievement, unhappiness is inevitable. If we can't improve our standard, our performance—we try lowering the demands on **ourselves**. If we can't be president, be vice president, we don't have to PO off and sulk—there isn't a top or bottom, there's a perspective and each of us has a job to do somewhere in between. If we set out each day to do the best we can, then it's a good day, if we do it. Let's not set impossible standards. Let's just live the fullest and best we can, and each day can be a success.

Step No. 9—"Find something bigger than yourself in which to believe."—Self-centered, worldly, materialistic people scored lowest on Duke University tests for measuring happiness—while those who measured high in altruism, in thinking of the other person, in religious attitudes, in spiritual feeling, generally came out with a top happiness rating.

* * *

Don't you think it is a little miraculous that these miserable, rejected drunks crawled first to their knees, and then to their feet in the 12 Steps of AA and found the same thing it took thousands of interviews by trained psychiatrists and science to find in nine? . . . It is a miracle of laughter we hear in an AA gathering . . . the echo of heartaches . . . of the tears we have known . . . under God, we too have earned the right to laugh **again**—and we can—if we but believe.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Ansel Road-December speakers: 5-Bill F., Doan Men; 12-Ted S., League Park; 19-Tom P., League Park; 26-Leo M., League Park.

Arcade-December speakers: 2-Andy C., Liberty; 9-Bill O'B., Independence; 16-H. H., Arcade; 23-Bob L., Independence; 30-Howard B., Independence.

Brooklyn-December speakers: 3-Paul D., Brooklyn (his second anniversary); 10-Al S., Brooklyn (his twelfth anniversary); 17-Christmas Party-Family night in Trinity E & R Church basement, 3525 W. 25th St. The group will hold no meetings on Christmas Eve or New Year's Eve.

Charity-December speakers: 5-George M., Edgelake; 12-John D., Brooklyn; 19-Elwood O., Forest City; 26-Joe M., Lakewood Armory.

C.E.I.-Will observe its anniversary on Wednesday, Dec. 3, at 8:30 p. m. in Room 335 The Illuminating Company (rear building) fronting St. Clair Ave. Speaker will be Ed C. of the Newburgh group. Buffet lunch.

Crossroads-Meets now in Bethany Presbyterian Church on Thursdays at 8:30 p. m. (W. 65th and Clinton). December speakers are: 4-Harry D., Edgelake; 11-Ben T., Wade Park; 18-Pat W., Lorain Women; 25-No meeting. Merry Christmas!

Eastside Morning-December speakers: 3-Johnny H., Doan Men; 10-Mona H., C.A.C.; 17-Gates H., C.A.C.; 24-Marge T., St. Clair-Thursday; 31-Clifford G., Edgelake.

Fairview-December speakers: 2-Jack S., Detroit Mixed; 9-Ferrell G., Angle; 16-Johnny H., Doan Men; 23-Tom J., Lakewood Armory; 30-Tom R., Fairview.

Gordon Square-December speakers: 5-Chris H., Thursday Morning; 12-Jerry R., Gordon Square (his ninth anniversary); 19-Otto J., Brooklyn (his first lead); 26-Open discussion.

Hilltop-December speakers: 2-Harry C., W. 25th; 9-Paul C., Euclid; 16-Dutch S., Matt Talbot; 23-Bob S., Collinwood; 30-Jack H., W. 25th St.

Lakewood Armory-December speakers: 7-Roy W., Angle; 14-Refresher meeting, Step and Tradition VIII, with Jack N., Joe M., Tom J., and Orville H. on the panel. Following the meeting will be a Christmas party. 21-Jerry W., Angle; 28-Howie L., Angle.

Lakewood Men-Ross S., a member who received so much out of the AA program that he gave up his business and entered Bexley Divinity School at Gambier, O., to study for the ministry, will be the group's speaker on Monday, Dec. 29. He will be well worth hearing.

Mistletoe-December speakers: 7-Ed T., Lorain Ave. Monday; 14-Ralph S., Sr., Forest City; 21-Fred G., Arcade; 28-Joe B., Crossroads.

Outhwaite-December speakers: 7-Marti R., Eastshore Women; 14-Ruth V., Westside Women; 21-Leo S., Newburgh; 28-Frank MacP., Willoughby.

Parma-Now meets in beautiful quarters at Ridgewood Savings & Loan Bank, 5750 Ridge Road, on Saturdays at 8:45 p.m. sharp.

St. Clair Thursday-The group lost one of its devoted members when Vince Skodis was called to his eternal reward suddenly on November 9. Though he had been a member but one and one half years, Vince had been very active and was a power of example to everyone. His devoted wife, Josephine, had just lost her father a week before. December speakers: 4-Jimmy K., 24-Hour; 11-Bill O'B., Independence; 18-Chas. "Irish" K., Shaker; 25-Josephine P., Solon.

Solidarity-December speakers: 5-Paul C., Euclid; 12-Edw. B., Akron, O.; Marietta C., Outwaite; 26-Ed C., Newburgh.

Trinity-Observes its eleventh anniversary on Saturday, Dec. 6, with able and forceful Chuck I., of Gambier, Ohio, as speaker. Other speakers for December: 13-John W., West Park; 20-Evelyn B., Bedford; 27-Frank W., Northeast (his seventeenth anniversary).

West Park-December speakers: 2-Frieda L., Brooklyn; 9-George S., Angle; 16-Christmas Party; 23-Dick M., Lakewood Armory; 30-Panel Discussion, group participation, questions and answers.

West 25th St.-December speakers: 1-Joe G., Newburgh; 8-Jim D., Early Early; 15-A. L. "Tony" W., Elyria Wednesday; 22-John W., Collinwood; 29-Tom M., Solidarity.

Women's House of Correction-December speakers: 3-Roy P., Borton; 10-Irene M., Westside Women; 17-Frank K., Union. After the meeting, each woman will receive a Christmas package. There will be no meetings on Christmas Eve or New Year's Eve.

Refresher-Training Meetings-December meeting places and dates: 6-Step and Tradition VII, Forest City; 14-Step and Tradition VIII, Lakewood Armory. No more meetings in December because of holidays. See December Bulletin for January schedule.

GIGGLE 8

Doctor: The best thing for you to do is to give up drinking and smoking, get up early every morning and go to bed early every night.

Patient: Somehow, doctor, I don't deserve the best. What's the second best?

"Look here, waiter, is this peach or apple pie?"

"What does it taste like?"

"It tastes like glue."

"Well then it must be apple pie because our peach pie tastes like putty!"

A new father was looking at the babies through the window of the infant ward, and it seemed that every body there was crying.

"Why are they bawling?" he asked the nurse.

"Listen," she said severely, "if you were only a few days old, without any clothes, out of a job, and owed the government almost \$1,700 on the national debt, you'd be bawling too!"

"And what's your husband's average income, Mrs. Brown?"

"About midnight, usually."

Holiday Warning — Don't Take that First Drink!



CLEVELAND AREA GROW MEETINGS

MONDAY

ADDISON—Westminster Church.
Cor. Addison and Wade Park.....8:30
BORTON—E. Cleveland Congrega. Church
Page and Euclid Ave.....8:30
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes.....7:30
EARLY-EARLY-Plasterers Union Hall,
1651 E. 24th St. ("ear Payne Ave.) 7:00
EDGE LAKE-Rocky River Community Cen.,
Wagar & Hilliard, Rocky River.....8:30
FRIENDLY SUBURBAN—6037 Pearl.....8:00
LAKEWOOD MEN'S—St. Peter's Episcopal,
W. Clifton and Detroit.....9:00
LEE MONDAY-First Presbyter. Church,
East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.—St. Ignatius Hall,
Lorain Ave. at West Blvd.....8:30
ORCHARD GROVE-SS. Peter & Paul Luth.
13028 Madison, corner Grace.....8:30
PEARL—Corpus Christi Basement.
4850 Pearl Road.....8:30
RAMONA-9721 Ramona Blvd.....8:30
SHAKER—Unitarian Church.
Shaker and Belvoir Blvd.....9:00
SOUTH EAST-7526 Broadway.....8:30
UNION-East View Congregational Church.
Kinsman at E. 156th St.....9:00
WEST 25th ST.—Marvel Hall,
2858 W. 25th St.....9:00
WOMEN'S—Westside—West Boulevard
Christian Church, Madison and W. 101.....8:45
ELYRIA MEN—St. Agnes Church,
Lake Road at Bath St., Elyria, O.....8:30
JEFFERSON, O.—St. Joseph's Church.....8:30
VERMILION-Congregational Church.....8:30
WILLOUGHBY, O.—Presbyterian Church 8:30

TUESDAY

ARCADE—Old Stone Church,
Public Square, Ontario entrance.....8:00
CLARK-1917 Clark Ave.....8:30
CLOVER--(Women)-E. 46th, So. of Scovill
Portland-Outwaite Center.....8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant.....8:00
EUCLID-WADE-Calvary Presbyterian
Church, E. 79th and Euclid Ave.....9:00
FAIRMOUNT-St. Paul's Episcopal.
Fairmount and Coventry.....9:00
FAIRVIEW PARK—Fairview Grace
Church, W. 224th and Lorain Ave.....9:00
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave.....8:45
LAKE SHORE—Lakewood Congregational.
1376 W. Clifton, corner Detroit.....9:00
MAY-LYND—Kenny King's Restaurant,
May-Land Shopping Cen. Mayfield Hts.....8:30
MILES-LEE-Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave.....8:30
SMITH-WILSON—Nativity School,
9510 Aetna Road.....8:30
SOUTH EAST-Maple Hts. Presb. Church,
15715 Libby Road.....Tuesday, 8:00
SUPERIOR—North Presbyterian Church.
E. 40th and Superior.....9:00
WEST PARK—Puritas Lutheran Church,
Puritas Ave. and W. 138th St.....8:30
ASHLAND, O.—First Presbyterian Church.
Corner Church and Third Streets
8 p.m. Eastern: 9 p.m. Daylight time
ASHTABULA CONSOLIDATED—
Methodist Church, South Broadway
Geneva, Ohio—First Tuesday.....8:30
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch., Rt. 20, E. So. Wood, Mentor.....8:30
LORAIN CENTRAL—Lorain, O.
Trinity Church.....8:30
MEDINA, O.—St. Paul's Epis. Par. Hse.....8:30
SANDUSKY, O. (Firelands)—First Pres-
byterian Across from Post Office.....8:30
STRONGSVILLE—Town Hall.....8:30

WEDNESDAY

ALL-AMERICAN-Sportmen, 1142 Buhrer,
3rd Wednesday each month.....8:30
BAXTER-8437 Broadway.....8:30
BEDFORD—Masonic Temple, Tarbell Ave.....8:30
BROOKLYN—K. of P. Hall,
3316 Broadview, East of Pearl Rd.....8:30
C. E. I.—Illuminating Co.,
Room 355—Rear Building.....8:30
COLTINWOOD-945 E. 152nd St.....8:30
DENISON MEN-7403 Denison Ave.
(First Wednesday, joint meeting).....8:30
DOAN MEN'S-2028 E. 105th St.,
Second floor, side entrance.....9:00
EAST SIDE MORNING—
2028 East 105th St.....10:30 A.M.
GARFIELD HEIGHTS—Trinity Baptist,
E. 94th and Garfield Blvd.....8:30
HAGUE-Grace Cong. Assembly Hall,
West 65th and Colgate.....8:30
LAKEWOOD WOMEN—St. Peter's Episcl
18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD—First English Lutheran,
Derbyshire and Euclid Hts. Blvd.....9:00
LORAIN AVE.—S.S. Philip & James Hall,
3689 Bosworth Road.....9:00

ST. JAMES—Mt. Calvary Baptist Church,
E. 103rd and Cedar.....8:30
ST. MARY-400 North S., Chardon, O.....8:30
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension.....8:30
WARRENSVILLE—Women's House Cor. 7:30
WEDNESDAY NIGHT DISCUSSION—
(Stag) 1386 Ardenall Ave.....8:00
WOMEN'S—Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57).....8:30
ASHTABULA COUNTY WOMEN—
St. Mary's Hall, Conneaut, 2nd.4th Wed.....7:30
CONNELLY MEN—Conneaut, Ohio
B. of LE Hall, Whitney Block, Main St.....8:30
ELYRIA, O.—St. Paul Building,
Third and Middle, side entrance.....8:30
FAIRPORT HARBOR-St. Michael's Ch.,
630 Plum St., Fairport Harbor.....8:00
LORAIN, O.—Methodist Ch., 6th & Reid.....8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal
Church, 15837 Euclid Ave.....8:30
ANGLE-St. Malachi's Church.
2549 Washington Ave.....8:30
BROADWAY-55th—Our Lady of Lourdes
School Hall.....8:30
CORLETT-Holy Family School,
3845 E. 131st at Chapelside.....8:30
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd.....8:30
CRILE HOSPITAL—Library.....8:00
CROSSROADS—Bethany Presbyterian Church,
W. 65th and Clint.....9:00
EAST SHORE WOMEN-First Baptist Ch.,
1565 Chardon Rd., near Euclid.....8:30
HAWTHORNDEN STATE HOSPITAL.
Macedonia, O., Basement of New
Employees. Bldg.....8:00
NO. OLMSTED-Saulich's Nursing Home,
27048 Lorain Road.....8:30
OUTHWAITE-Garden Valley.
7100 Kinsman Ave.....8:30
PARMA HEIGHTS-6400 Pearl Road,
Laur Realty Basement (rear).....8:30
ROCKY RIVER—Rockport Methodist,
Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY—Glenville Cong.
Church, (side ent.) St. Clair & Eddy Rd.....9:00
WEST SIDE-7403 Denison Ave.....10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O.....8:30
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd.....9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St.....8:30
ASHTARULA HARBOR-1463 W. 5th 8:30
INDEPENDENCE, O.—St. John's Lutheran
Hall, Second and Sunset.....9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
9205 Superior Ave.....8:30
BROADWAY-HARVARD-8437 Broadway 9:00
CEDAR-Salvation Army, 5005 Euclid.....8:15
CHARITY-Charity Hospital.....8:30
EUCLID FRIDAY-Holy Cross Church
E. 200 and Lake Shore Blvd.....8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room.....1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St.....9:00
LEE ROAD—American Legion Hall,
Post 363, 15544 Euclid Ave.....9:00
NORTH EAST—Town House Motel,
15661 Euclid Ave.....8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar.....8:45
STELLA MARIS MIXED
1320 Washington Ave.....8:15
TAPCO-23555 Euclid Ave.....9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE—
Lkwd. Cong. Ch., 1375 W. Clifton.....9:00
AVON LAKE—First Congregational Church,
32801 Electric Blvd.....8:45
BEREA-Social room of Berea Cong.
Church, Seminary and Church.....8:30
CHAGRIN FALLS, O.—America Legion.
E. Orange St.....8:30
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O.....9:00
ELYRIA—(Mixed)—Alconon Club.
345 Broad St., Elyria, Ohio.....8:30
CONNELLY, O.—B. of L. E. Hall.....8:30
LAKE COUNTY-Mentor Christian Church,
Route 20, Cor. Jackson, Mentor, O.....8:30
LORAIN, O.—Mt. Zion Baptist Church,
30th and Wood Streets.....8:30
WELLINGTON, O.—512 No. Main St.....8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway.....8:30
FOREST CITY-6619 Denison Ave.....9:00
JACK & HEINTZ-17600 Broadway.....8:30

LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave.....9:00
LIBERTY-945 E. 152nd St.....9:00
MAPLE HTS.—Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd.....8:30
MATT TALBOT-St. Philip Neri Church,
E. 82nd and St. Clair.....8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave.....9:00
PARMA—Ridgewood Savings & Loan,
5750 Ridge Road.....8:45
PLAINES—G&E Episcopal Church—
Rte. 20 "ear Park, Willoughby, O. 8:30
REDWOOD—Euclid Lutheran Church,
E. 260th and Oriole.....8:30
TRINITY—Trinity Evangelical Church,
3525 W. 25th St.....8:30
VALLEY VIEW—Community Center,
West 7th and Starkweather.....8:30
8005 GROUP-8005 Lorain Ave.....8:30
ASHTABULA, O.—St. Peter's Episc. Church,
Main Avenue at South Park.....8:30
ELYRIA SATNITE-Alconon Club,
345 Broad St., Elyria, O.....8:30
OLON, O.—St. Rita's High School.....9:00
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21.....9:00
WINDSOR, O.—Community Hall.....9:00

SUNDAY

BROOKSIDE—Blessed Sacrament Church,
Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION—C.A.H. Clubrooms,
7809 Euclid Avenue.....10:45 A.M.
COLLINWOOD-945 E. 152nd St.....7:30
DETROIT—1143-1023 Detroit Ave.....8:00
DETROIT SUNDAY—
8304 Detroit Avenue.....7:30 P.M.
GOLF LAKELANDS—Trinity Lutheran,
Redbird and Chapel, No. Madison, O.....2:00
LAKEWOOD ARMORY
1437 Wayne Ave., South of Detroit.....9:00
LIBBY ROAD-St. Wenceslas Church,
17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED—
First Sunday of each month, Alconon
Club, 345 E. Broad St., Elyria.....7:30
MARIA JOSEPH-Plasterers Hall,
1651 E. 24th St., at Payne Ave.....1:00
MISTLETOE-St. Thomas Church,
9205 Superior Ave.....7:00
NEWBURY-St. Helena's Church, Rt. 87.....8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St.....8:30
OUTHWAITE-Garden Valley,
7106 Kinsman Ave.....4:30
STELLA MARIS—Sunday Training Meeting,
1320 Washington Ave.....3:00
SUPERIOR STAG-8801 Superior.....11 A.M.
TWILIGHT-Grange Hall, Rt. 60, Axle, O. 7:30
WARRENSVILLE-Cooley Farms
Recreation Room.....10:00 A.M.
CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O.....8:30
CONNELLY WOMEN-St. Mary's Hall
Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.—Legion Hall, Park St.,
corner of So. Eagle.....7:30

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
E. 79th and Euclid.....Tuesdays, 8:30
BETHANY—Bethany Presbyterian Church,
6415 Clinton Ave.....Wednesdays, 8:30
SOUTH EAST-Luth. Church of Covenant,
Libby Rd. & Maple Hts. Blvd.....Thurs. 8:30
CHARITY-St. Vincent Charity Hospital,
E. 22nd and Central.....Friday, 8:30
NURSING HOMES THAT TREAT ALCOHOLICS
Alcoholics Abstinence Nursing Home (MW)
Melrose 1-1635.....8023 Detroit Ave.
Al-Ju, Inc. (MW).....28707 Euclid Ave.
Whitney 4-2244.....Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
Express 1-8998.....7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M)
Atlantic 1-3353.....8304 Detroit Ave.
Farquharson's (M) TUxedo 5-1882.....6037 Pearl

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-7387

1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE—
Hanna Building, Room 370.....8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE—
Hanna Building, Room 370.....8:30

Convol. Meeting
Sun. Jan. 18th.
Wynne Hobbs Lee-Wed.

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

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December, 1958

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Old-Fashioned Christmas

Many persons today regret the passing of what they call "the old fashioned Christmas." They see the simple joys of the festival being replaced by a commercialism and a saturnalia of material things that smothers the meaning and the spirit of the day.

We are in accord with their complaint. It is justified. But the term "old fashioned" is relative. Those of us in the fellowship of Alcoholics Anonymous do not regret the end of the old-fashioned Christmases we used to celebrate. In retrospect they were periods of horror and disaster.

But how far back, to restore the old Christmas, would the foes of a materialistic holiday go? Would they restore

completely the solely religious "character of the early holiday? Would they aim at a celebration that would be just a yearly reminder that man can live decently on earth by the exercise of good will and the invocation of peace? And what about the application of this beautiful idea during the rest of the year?

It seems to me that members of Alcoholics Anonymous have reinstituted the most "old fashioned" Christmas possible, the very first Christmas when the Wise Men followed the Star to Bethlehem. And not just for the holiday and not merely by keeping sober during a season that once was given over to debauchery.

The Wise Men brought gifts of "gold and frankincense and myrrh" which in those days were the most valuable commodities obtainable. They not only gave, they gave richly.

What to an alcoholic is a more valuable commodity than sobriety? There is no greater gift. And once he has this, with the help of a Higher Power, all other things shall be added unto it.

In all humility, have not those of us who regained our sanity followed the road of the Wise Men? We came out of the East of drunkenness and despair. We followed the star of our redemption. And we learned gratitude.

In fulfillment of this we have a precious gift to offer to others in need of it. We give gladly and unbegrudgingly. We give it to many for our source of supply is unlimited because it comes from the great Source itself.

But this giving waits on no festival, no special holiday, no unusual occasion. It goes on throughout the year, any time, day or night. And we expect nothing in return. As long as we give, we will retain that which we have—sobriety.

Not unlike the Wise Men, we too are tempted by the Herods that beset us at every turn. The Herods of indifference, of what's the use, of discouragement, of overconfidence. Often we are beckoned by the false rulers of bright lights and empty gaiety to enjoy "one last fling."

These we overcome by continuing to follow that star which first showed us the way—the guiding beacon of constant self-improvement. In doing so we live every day the spirit of Christmas, we exemplify its true meaning, we become living exponents of the most "old fashioned" Christmas possible.

Constancy

We heard a sermon shortly after Thanksgiving in which the preacher stressed the importance of gratitude. Too often, he stated, we receive our gifts as though they were our just due. Like health, family, worldly possessions, position in the community, etc.

He pointed out that we were God's creatures and that everything we possessed was given in trust. That we were stewards of our bodies, souls and our earthly possessions, given to us only by His grace.

Many of us forget that we are only stewards. We are inclined to think that we alone were responsible for creating them. In our egotism we take all credit for our wisdom, our skills, our fortune.

What happens to our thinking when trouble strikes us? Illness . . . misfortune . . . poverty? Does our faith survive? Do we rant and rail, weep and wail? Do we question whether there IS a God?

He closed his sermon by reading a four-stanza verse titled "One of the Nine," composed by Amos R. Wells, which purported to reveal the emotions of one of the ten lepers who were healed miraculously by Christ as reported in Luke 17 of the Bible. Only one of the ten healed of leprosy came back to thank him. The verse revealed the soliloquy of one of the nine that didn't come back.

When the preacher finished reading the poetry, there was an unusual hush in the assemblage. It seemed apparent that his listeners were applying the excuses offered by the remorseful leper to themselves.

How often we take our gifts for granted! We, of all people, who abused our gifts and became social outcasts by our wanton disregard for the rights of others—our neglect of duty to our family, our employer, our neighbor—wasting our talents, stupefying the precious instruments entrusted to our care . . . our mind and our body.

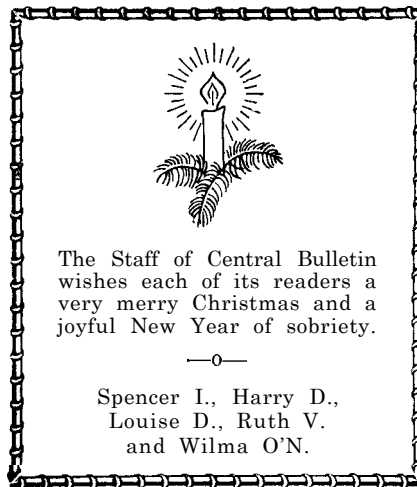
Our conceit left little room for God except to summon Him to get us out of trouble. We unctuously made promises to mend our ways, and promptly proceeded to break these promises after our immediate problem was taken care of.

Read the poem on page two of this issue of the Bulletin. Place yourself in the position of the leper. Our leprosy was alcoholism . . . disgusting, repellent, socially unacceptable. Our positions were just a matter of degree as far as decent society was concerned.

Most of us who were granted sobriety by God's will must continue to thank and praise Him for His great mercy and grace . . . daily, hourly if necessary . . . and then merit this grace by assiduously practicing that very important Twelfth Step.

This gift which we so miraculously received we must share, or we may soon find cause to repeat with the one of the nine some of the thoughts he expressed in the last verse of the poem.

Let this be our New Year resolution—to be everlastingly grateful for our remarkable gift which we received only by the grace of God.



"ONE OF THE NINE"

by Amos R. Wells

I meant to go back, but well you may guess . . . I was filled with amazement I cannot express. To think that after those horrible years, that passion of loathing and passion of fears, by sores unendurable, eaten, defiled,—my flesh was as smooth as the flesh of a child! I was drunken with joy, I was crazy with glee, I scarcely could walk and I scarcely could see for the dazzle of sunshine where all had been black; but I meant to go back, oh, I meant to go back!

I had thought to return, when my people came out. There were tears of rejoicing, and laughter, and shout; they embraced me—for years I had not known a kiss; ah, the pressure of lips is an exquisite bliss! They crowded around me, they filled the whole place, they looked at my feet and my hands and my face; my children were there, my glorious wife, and all the forgotten allurements of life. My cup was so full I seemed nothing to lack; but I meant to go back, oh, I meant to go back.

I had started—yes, Luke, I had started to find the Healer so mighty, so tender and kind; but work pressed upon me: my business, you know, for all of those years I was forced to let go; I had tools to collect, I had orders to get, I found my poor family burdened with debt . . . my time was all taken with labor and care . . . the days went more swiftly than I was aware with the practical problems I had to attack; but I meant to go back, oh, I meant to go back.

I never supposed He would wait my return . . . just one of the ten . . . and would linger and yearn as you tell me He did. Why, Luke, had I thought, there is no one on earth I would sooner have sought, I'd have shown Him my body, all perfect and strong; I'd have thanked Him, and praised Him before the great throng; I'd have followed Him gladly forever and aye, had I thought that He minded my staying away, He so great, I so little and paltry! Alack — had I only gone back! Had I only gone back!

SOME SNAKES BITE

This story was brought to our attention by a man who thought everyone was his friend and we believe the moral of this story could be a lesson to many of us.

It seems the wind was blowing strong and the ice was forming on the ground as a hunter was tramping through the woods. While hunting for game, he noticed a little snake frozen to the ground. He felt sorry for the little fellow and being a true sportsman, he took his knife and lifted the snake from the ground. He then put the snake beneath his shirt next to his skin where the snake could feel the warmth of his body.

It wasn't long after that that the snake began to move. The warmth of the hunter's skin had melted the ice and the snake began to move. Then as soon as the snake was well on his way to recovery, he bit the hunter. The hunter became shocked. He looked to the snake with unbelieving eyes and said, "You mean after I lifted you from the ground where you were frozen and ready to die, and gave you the warmth of my body so that you might live, you turned and bit me?"

"Well," said the snake, looking the hunter dead in the eye, "you knew I was a snake when you picked me up, didn't you?"

WINTER CONSOLIDATED MEETING

Jordan Hall, St. Vincent's Charity Hospital
Sunday afternoon, January 18 at 4 p. m.

Wynn W., one of the founders of the Lee-Wednesday group, will be the speaker at the Winter Consolidated Meeting on Sunday afternoon, Jan. 18 at 4 p. m. sharp.

Wynn has been a most effective member of our Fellowship and has an inspiring message to offer, particularly to newcomers. A large crowd is expected.

Holiday Warning — Don't Take that First Drink!

STELLA MARIS APPEAL

The Stella Maris Home, located on 1320 Washington, has been the subject of criticism by members zealous in the Traditions of AA, since its story has appeared on television and radio. The critics charge that the Tradition on anonymity was violated.

It is true that the manager's full name (he's Harry R.) was used in the interview and that he is an admitted alcoholic with a record of 19 years of continued sobriety. Also it is true that Franklyn S. was caught off balance by a surprise question not in the original script, when he answered that "he had been in AA for 16 years."

The critics failed to note the dedicated purpose of the Home in rehabilitating men who normally had little chance of regaining their place in decent society. They also weren't aware of the great amount of money and time the founders (all solid members of AA) have contributed to this cause, nor have they been aware of how many heretofore deemed hopeless men have been restored to gainful employment and reunited with their families.

The Stella Maris Home has never used its AA affiliation in its publicity, though it is generally known that all of its board members are solid AA's. It seeks community help, it's true, for the physical work that it does. This would be a community responsibility, for without Stella Maris as the haven for these men, they would be shunted to Warrensville Workhouse which the community supports through taxes.

Stella Maris is now appealing to business men for monetary help. Its appeal is direct and deals with the problem drinker. One of the letters of appeal appeared in a Cleveland News columnist's column. It reads: "Ever suffer the throes of a 'wing-ding' hangover? When your head felt like a king-size bowling ball . . . your stomach full of little red ants . . . your eyes like two burnt holes in a blanket . . . and your nerves wired for sound? . . . O brother! Dear doctor! . . . and you reach in the billfold for that 'double saw' and it ain't there? If you have, you know what we mean . . . if you haven't, we can never explain it. If after you read the enclosed pamphlet, you find it in your heart to spare a buck or two, or even a 'picture' of Lincoln, it will be the best money you ever spent."

The pamphlet is a simple presentation of the Stella Maris Home which is completely dependent upon the good will of people interested in human rehabilitation.

The Home is one answer to many AAs who had for a long time taken some of these unfortunates into their own homes, housed and fed them, or if that wasn't feasible, paid for their room and board in some boarding house until they sobered up and a job could be found for them.

We suggest that the critics visit the Home before they become fearful that the good name of AA will be placed in jeopardy.

GIGGLES

She was the kind of woman who could be relied upon to say the wrong thing wherever she was. At a dinner she turned to her neighbor and said, "Doctor, can you tell me who that horrible-looking man is over there?"

Medical Man: I can. That is my brother.

There was an awkward pause while the woman racked her brain for something to say. The doctor was enjoying her discomfort.

Woman: Oh, I beg your pardon. How silly of me not to have seen the resemblance!

The golfer confidently addressed his ball. "This hole should be good for one long drive and a putt," he remarked to the caddie.

There was a mighty explosion of dirt as he swung and the ball dribbled a few feet from the tee.

"Now," said the caddie, "for a hell of a putt."

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Alcoholic Barracks — Warrensville Workhouse inmates with an alcoholic problem will now be segregated in a building 1000 feet east of the Workhouse. A program of rehabilitation is in the making which includes a regular AA group meeting in the Barracks. The new group, under the guidance of Clint C., veteran AA member of Doan Men, will meet Sunday afternoons at 5 p. m. Clint deserves whole-hearted support in this worthwhile endeavor.

Brooklyn-Speakers for January are: 7—Tom C., of Brooklyn (his eighteenth anniversary. Old timers are urged to attend.); 14—Orrie K., Brooklyn (his tenth anniversary); 21—Three Brooklyn women members will observe their anniversaries in a joint lead. They are Mary J. (7th), Norris M. (9th) and Freda L. (13th); 28—Farrell G., Angle.

C.E.I.—An overflow crowd attended the group's anniversary observance last month which pleased its members greatly. January speakers are: 7—Joe G., Newburgh; 14—Henry P., Canton, O.; 21—Mary McM., Clark; 28—Joe McK., Northeast.

Charity—Observes its anniversary on Sunday, January 11 at 3:30 p. m. in Jordan Hall. After a short meeting with remarks by some of the early members, a buffet luncheon will be served. The regular meetings of the group are held every Friday at 8:30 p. m. in the sixth floor amphitheatre in Charity Hospital. January speakers are: 2—Chester S., Lodi, O.; 9—Joe K., Newburgh; 16—Jim R., Angle; 23—Bob S., Newburgh; 30—Dave L., Matt Talbot.

Crossroads—January speakers are: 8—Roy E., Pearl; 15—Joe H., St. James; 22—Esther R., St. James; 29—Bill O'R., Lorain Ave. Monday.

Eastside Morning—January speakers are: 7—Harvey S., Redwood; 14—Monroe S., Outhwaite; 21—Ed S., Superior Stag; 28—Ralph B., Franklin.

Fairview—January speakers are: 6—Al S., Orchard Grove; 13—Hughie J., North Olmsted; 20—Warren C., Jr., Edgelake; 27—Ed D., Lorain Ave. Wednesday. Hague—January speakers are: 7—Ted R., Valley View; 14—Bill R., Parma Heights; 21—Mary L., Freelance; 28—Mike Y., Valley View.

Huron—A new group titled the Huron High Noon group now meets every Wednesday at 12:01 p. m. in order to accommodate members who work nights and to interest the vacationing visitors who will make the area their vacationland this summer.

Libby Road—January speakers are: 4—John D., Newburgh; 11—Floyd K., Buhner; 18—Mike Y., Valley View; 25—Orrie K., Brooklyn.

Outhwaite—January speakers are: 4—Gus T., Baxter; 11—Norm C., Parma Heights; 18—Neil G., St. Clair-Thursdays; 25—Ralph K., Doan Men.

St. Clair-Thursdays—January speakers are: 1—Marge T., St. Clair-Thursdays; 8—Ed McK., Your; 15—Bill H., St. Clair-Thursdays (his first lead); 22—Excellent Speaker Anonymous; 29—Chuck and Lu S., St. Clair-Thursdays (their tenth anniversary).

Trinity—January speakers are: 3—Farrell G., Angle; 10—Dr. Franklin F., Painesville; 17—Russ and Kitty M., Clark; 24—Irvin F., Sr., Fairview Park; 31—Ed V., Miles Lee (17 year member).

West Shore—This new group will hold its first meeting on Wednesday, January 7 at 8:30 p. m. in West Shore Unitarian Church, 20401 Hilliard Road, corner Northview, Rocky River. Speaker will be Harry D., Edgelake. Other speakers for January are: 14—Jack D., West Shore; 21—Wilson B., Fairview Park; 28—Ed H., Fairview Park.

Refresher-Training Meetings—January meeting places and dates: 5-Step and Tradition IX, Early Early; 13-Step and Tradition X, Hilltop; 21-Step and Tradition XI, Lorain Ave.-Wednesday; 30-Step and Tradition XII, Avon Lake.

GIGGLES

"Where is the boy's ticket?" asked the conductor as the father handed him one fare.

"My son is only three years old," protested the father. "Three!" said the conductor. "Why, look at him, that child is seven if he's a day."

The father peered intently into his son's face. Then turning to the conductor, "He's still only three . . . can I help it if he worries?"

The dizzy fighter wobbled to his corner at the end of the sixth round and was guided to his stool by his manager. As the seconds worked over him, the manager whispered into his bulging ear, "Say, Killer, I've just had a whale of an idea—the next time that guy hits you, you hit him right back."

A woman reported the disappearance of her husband to the police.

"Is there any message you wish to give your husband if we find him?"

"Yes," she replied, eagerly, "tell him Mother didn't come after all."

Helen: What kind of husband would you advise me to get?

Hazel: You get a single man and let the husbands alone.

Clerk: Why do you keep goldfish in a bowl on your desk?

Boss: Because it's a novelty to have something opening its mouth without asking for a raise.

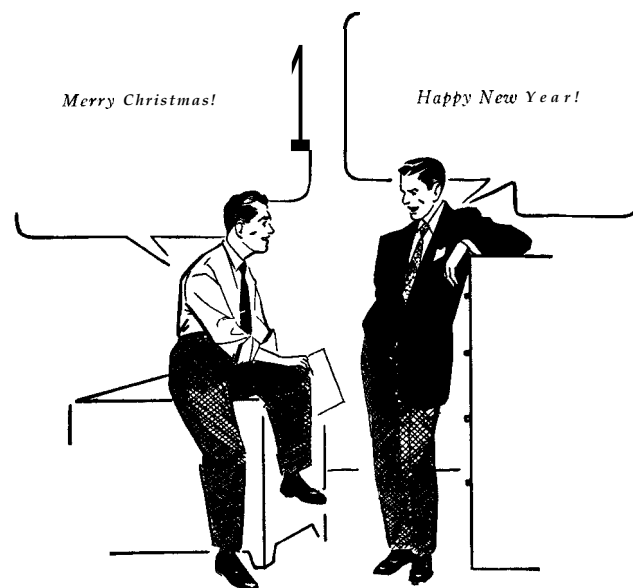
At a college examination a professor asked: "Does the question embarrass you?"

Freshman: Not at all, sir, not at all. It is quite clear. It is the answer that bothers me.

"How's your wife's driving these days?"

"She took a turn for the worse yesterday."

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church,
Cor. Addison and Wade Park.....8:30
BORTON-E. Cleveland Congrega. Church,
Page and Euclid Ave.....8:30
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes.....7:30
EARLY-EARLY-Plasterers Union Hall,
1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE-Rocky River Community Cen.,
Wagar & Hilliard, Rocky River.....8:30
FRIENDLY SUBURBAN-6037 Pearl.....8:00
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit.....9:00
LEE MONDAY-First Presbyter. Church,
East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd.....8:30
ORCHARD GROVE-SS. Peter & Paul Luth.
13028 Madison, corner Grace.....8:30
PEARL-Corpus Christi Basement,
4850 Pearl Road.....8:30
RAMONA-9721 Ramona Blvd.....8:30
SHAKER-Unitarian church,
Shaker and Belvoir Blvd.....9:00
SOUTH EAST-7526 Broadway.....8:30
UNION-First View Congregational Church,
Kinaman at E. 156th St.....9:00
WEST 25th ST.-Marvel Hall,
2858 W. 25th St.....9:00
WOMEN'S-Westside-West Boulevard
Christian Church, Madison and W. 101.....8:45
ELYRIA MEN-St. Agnes Church,
Lake Road at Bath St., Elyria, O.....8:30
JEFFERSON, O.-St. Joseph's Church.....8:30
VERMILION-Congregational Church.....8:30
WILLOUGHBY, O.-Presbyterian Church.....8:30

TUESDAY

ARCADE-Old Stone Church,
Public Square, Ontario entrance.....8:00
CLARK-1917 Clark Ave.....8:30
CLOVER-(Women)-E. 46th, So. of Scovill
Portland-Outwaite Center.....8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant.....8:00
EUCLID-WADE-Calvary Presbyterian
Church, E. 79th and Euclid Ave.....9:00
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry.....9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave.....9:00
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave.....8:45
LAKE SHORE-Lakewood Congregational,
1376 W. Clifton, corner Detroit.....9:00
MAY-LYND-Kenny King's Restaurant,
May-Land Shopping Cen. Mayfield Hts.....8:30
MILES-LEE-ML Hope Lutheran Church,
E. 164th, north of Miles Ave.....8:30
SMITH-WILSON-Nativity School,
9510 Aetna Road.....8:30
SOUTH EAST-Maple Hts. Presb. Church,
15715 Libby Road.....Tuesday, 8:00
SUPERIOR-North Presbyterian Church,
E. 40th and Superior.....9:00
WEST PARK-Puritan Lutheran Church,
Puritas Ave. and W. 138th St.....8:30
ASHLAND, O.-First Presbyterian Church,
Corner Church and Third Streets
8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday.....8:30
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch., Rt. 20, E. So. Wood, Mentor.....8:30
LORAIN CENTRAL-Lorain, O.....8:30
MEDTNA, O.-St. Paul's Epis. Par. Hse.....8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian, Across from Post Office.....8:30
STRONGSVILLE-Town Hall.....8:30

WEDNESDAY

ALGAMERICAN Sportsmen, 1142 Buhrer,
3rd Wednesday each month.....8:30
BAXTER-8437 Broadway.....8:30
BEDFORD-Masonic Temple, Tarbell Ave.....8:30
BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd.....8:30
C. E. I.-Illuminating Co.,
Room 355-Rear Building.....8:30
COLLINWOOD-945 E. 152nd St.....8:30
DENISON MEN-7403 Denison Ave.,
(First Wednesday, joint meeting).....8:30
DOAN MEN'S-2028 E. 105th St.....9:00
EAST SIDE MORNING
2028 East 105th St.....10:30 A.M.
GARFIELD HEIGHTS-Trinity Baptist,
E. 94th and Garfield Blvd.....8:30
HAGUE-Grace Cong. Assembly Hall,
West 65th and Colgate.....8:30
LAKEWOOD WOMEN-St. Peter's Episc'l
18001 Detroit Ave. (corner Clifton).....8:30
LEE ROAD-First English Lutheran,
Derbyshire and Euclid Hts. Blvd.....9:00
LORAIN AVE.-S.S. Philip & James Hall,
3689 Bosworth Road.....9:00

ST. JAMES-Mt. Calvary Baptist Church,
E. 103rd and Cedar.....8:30
ST. MARY-400 North St., Chardon, O.....8:30
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension.....8:30
WARRENSVILLE-Women's House Cor.....7:30
WEDNESDAY NIGHT DISCUSSION-
(Stag) 1386 Ardenall Ave.....8:00
WEST SHORE-West Shore Unitarian,
20401 Hilliard Rd., Rocky River.....8:30
WOMEN'S-Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57).....8:30
ASHTABULA COUNTY WOMEN-
St. Mary's Hall, Conneaut, 2nd-4th Wed.....7:30
CONNEAUT MEN-Conneaut, Ohio
B. of LE. Hall, Whitney Block, Main St.....8:30
ELYRIA, O.-St. Paul Building,
Third and Middle, side entrance.....8:30
FAIRPORT HARBOR-St. Michael's Ch.,
630 Plum St., Fairport Harbor.....8:00
LORAIN, O.-Methodist Ch., 6th & Reid.....8:30

THURSDAY

ALLENDALE-St. Paul's Episcopal
Church, 15837 Euclid Ave.....8:30
ANGLE-St. Malachi's Church,
2549 Washington Ave.....8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall.....8:30
CORLETT-Holy Family School,
3845 E. 131st at Chapelside.....8:30
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd.....8:30
CRILE HOSPITAL-Library.....8:00
CROSSROADS-Bethany Presbyterian Church,
W. 65th and Clinton.....9:00
EAST SHORE WOMEN-First Baptist Ch.,
1565 Chardon Rd., near Euclid.....8:30
HAWTHORNDEN STATE HOSPITAL,
Macedonia, O., Basement of New
Employees Bldg.....8:00
NO. OLMSTED-Saulich's Nursing Home,
27048 Lorain Road.....8:30
OUTHWAITE-Garden Valley,
7100 Kinsman Ave.....8:30
PARVA HEIGHTS-6400 Pearl Road,
Laux Realty Basement (rear).....8:30
ROCKY RIVER-Rockport Methodist,
Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY-Glenville Cong.
Church, (side ent.) St. Clair & Eddy Rd.....9:00
WEST SIDE-7403 Denison Ave.....10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O.....8:30
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd.....9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St.....8:30
ASHTABULA HARBOR-1463 W. 5th St.....8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset.....9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
9205 Superior Ave.....8:30
BROADWAY-HARVARD-8437 Broadway.....9:00
CEDAR-Salvation Army, 5005 Euclid.....8:15
CHARITY-Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital.....8:30
EUCLID FRIDAY-Holy Cross Church
E. 200 and Lake Shore Blvd.....8:30
FRIDAY AFTERNOON WOMEN-Pla-
mouth Church, Coventry and Drexmore,
Krumbine Room.....1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St.....9:00
LEE ROAD-American Legion Hall,
Post 163, 15544 Euclid Ave.....9:00
NORTH EAST-Town House Motel,
15661 Euclid Ave.....8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar.....8:45
STELLA MARIS MIXED
1320 Washington Ave.....8:15
TAPCO-23555 Euclid Ave.....9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE-
Lkwd. Cong. Ch., 1375 W. Clifton.....9:00
AVON LAKE-First Congregational Church,
32801 Electric Blvd.....8:45
BEREA-Social room of Berea Cong.
Church, Seminary and Church.....8:30
CHAGRIN FALLS, O.-American Legion,
E. Orange St.....8:30
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O.....9:00
ELYRIA (Mixed)-Alconon Club,
345 Broad St., Elyria, Ohio.....8:30
CONNEAUT, O.-B. of L. E. Hall.....8:30
LAKE COUNTY-Mentor Christian Church,
Route 20, Cor. Jackson, Mentor, O.....8:30
LORAIN, O.-Mt. Zion Baptist Church,
30th and Wood Streets.....8:30
WELLINGTON, O.-512 No. Main St.....8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway.....8:30

FOREST CITY-6619 Denison Ave.....9:00
J A C K & HEINTZ-17600 Broadway.....8:30
LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave.....9:00
LIBERTY-945 E. 152nd St.....9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd.....8:30
MATT TALBOT-St. Philip Aeri Church,
E. 82nd and St. Clair.....8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave.....9:00
PARMA-Ridgewood Savings & Loan,
5950 Ridge Road.....8:45
PLAINS-Grace Episcopal Church-
Rte. 20 near Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole.....8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St.....8:30
VALLEY VIEW-Community Center,
West 7th and Starkweather.....8:30
8005 GROUP-8005 Lorain Ave.....8:30
ASHTABULA, O.-St. Peter's Episc. Church,
Main Avenue at South Park.....8:30
ELYRIA SATNITE-Alconon Club,
345 Broad Str., Elyria, O.....8:30
SOLOMON, O.-St. Rita's High School.....9:00
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21.....9:00
WINDSOR, O.-Community Hall.....9:00

SUNDAY

ALCOHOLICS BARRACKS-1000 feet east
of Warrensville Workhouse.....5:00
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue.....10:45 A.M.
COLLINWOOD-945 E. 152nd St.....7:30
DETROIT-Mixed-8023 Detroit Ave.....8:00
DETROIT SUNDAY-
8304 Detroit Avenue.....7:30 P. M.
GOLF LAKELANDS-Trinity Lutheran,
Redbird & Chapel, No. Madison, O.....3:00
LAKEWOOD ARMORY
1437 Wayne Ave., South of Detroit.....9:00
LIBBY ROAD-St. Wenceslas Church,
17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED-
First Sunday of each month, Alconon
Club, 345 E. Broad St., Elyria.....7:30
MARIA JOSEPH-Plasterers Hall,
1651 E. 24th St., at Payne Ave.....1:00
MISTLETOE-St. Thomas Church,
9205 Superior Ave.....7:00
NEWBURY-St. Helena's Church, Rt. 87.....8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St.....8:30
OUTHWAITE-Garden Valley,
7106 Kinsman Ave.....4:30
STELLA MARIS-Sunday Training Meeting,
1320 "Washington" Ave.....3:00
SUPERIOR STAG-8801 Superior.....11 A.M.
TWILIGHT-Grange Hall, Rt. 60, Axle, O. 7:30
WARRENSVILLE-Cooley Farms
Recreation Room.....10:00 A.M.
CHTPPEWA-SEVILLE-V.F.W. Hall,
Seville, O.....8:30
CONNEAUT WOMEN-St. Mary's Hall
Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.-Legion Hall, Park St,
corner of So. Eagle.....7:30

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
E. 79th and Euclid.....Tuesdays, 8:30
RETHANY-Bethany Presbyterian Church,
6415 Clinton Ave.....Wednesday, 8:30
SOUTH EAST-Maple Hts. Presb. Ch.,
15715 Libby Road.....Tuesday, 8:00
CHARITY-St. Vincent Charity Hospital,
E. 22nd and Central.....Friday, 8:30
NURSING HOMES THAT TREAT ALCOHOLICS
Alcoholics Abstinence Nursing Home (MW)
MELORE 1-1635.....8023 Detroit Ave.
AI-Ju, Inc. (MW).....28707 Euclid Ave.
WHITNEY 4.2244.....Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
EXpress 1-8998.....7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M)
ATlantic 1-3353.....8304 Detroit Ave.
Farquharson's (M) TUXedo 5-1882.....6037 Pearl

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE-
Hanna Building, Room 370.....8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE-
Hanna Building, Room 370.....8:30